BOSCO RAYS

2019-21



DON BOSCO ENGLISH MEDIUM SCHOOL (CBSE), SHIRVA

THE GATEWAY OF DON BOSCO EVER OPEN TO WELCOME...

SCHOOL EMBLEM



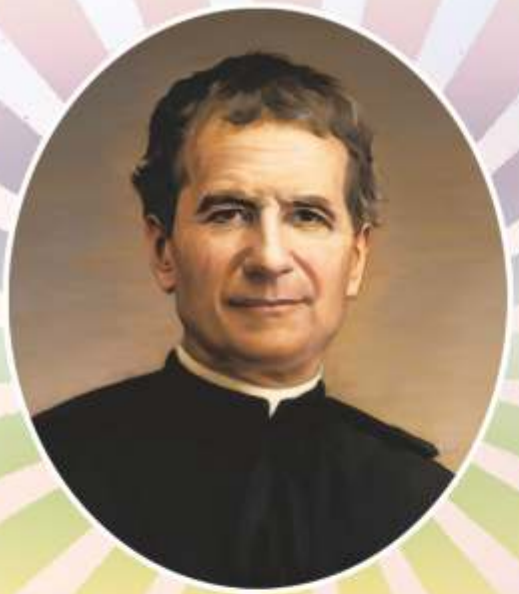
The Book : Refers to knowledge and truthfulness
Lighted Candle : Giving light to world, dispelling darkness
Lilly Flowers : Symbolizes Purity
Globe : Serve The World
Hence the Motto : Growing in truth and purity

VISION

To impart value-based education that will liberate, humanize and transform every student into persons of Character, Competence, Conscience, Commitment and Compassion.

MISSION

Our endeavour is to establish a student-friendly School with active and creative minds, where every student feels loved, welcomed, respected, affirmed and valued; a sense of understanding and compassion for others. To develop our school which gives more importance to character formation than to competence; where the staff work as a team with fervour and enthusiasm; where discipline is achieved with respect and love. We stress the total development of each child: spiritual, moral, intellectual, social, emotional, and physical.



BOSCO RAYS

2019-21

GROWING IN TRUTH AND PURITY

DON BOSCO ENGLISH MEDIUM SCHOOL

Shirva - 574 116, Udupi Dist.

0820-2553320 / 8722089715

Email : shirvadonboscoschool@gmail.com

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Affiliated to CBSE, New Delhi. Affiliation No : 830838

OUR FOUNDERS



V. Rev. Fr Aloysius Rosario

1985- Founder, Don Bosco Higher Primary School



V. Rev. Fr Sylvester D'Souza

1993- Founder, Don Bosco High School



V. Rev. Fr Stany Tauro

2016- Founder, Don Bosco CBSE School

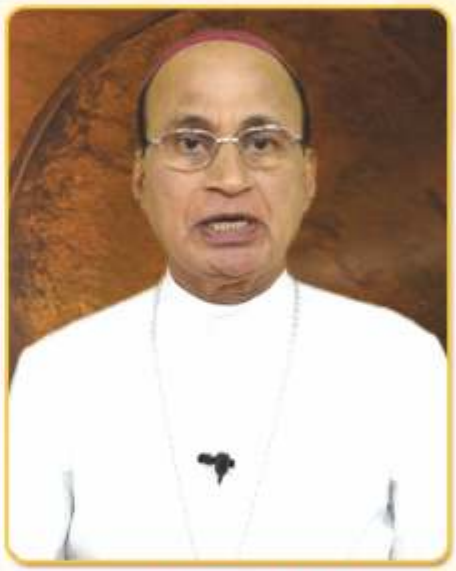
PATRONAGE
OUR LADY OF HEALTH CHURCH, SHIRVA

THE MANAGEMENT
CATHOLIC BOARD OF EDUCATION
CATHOLIC EDUCATION SOCIETY, UDUPI

GUIDING LIGHTS OF THE SCHOOL



Most Rev. Dr Peter Paul Saldanha
Bishop of Mangaluru Diocese



Most Rev. Dr Gerald Isac Lobo
Bishop of Udupi Diocese



V. Rev. Fr Antony Shera
Secretary of CBE



Rev. Fr Vincent Crasta
Secretary of CESU



V. Rev. Fr Denis A. D'Sa
Correspondent



Ms Myrtle L. F. Lewis
Principal



Mr Wilson Rodrigues
Member



Mr Melwyn Aranha
Member



Mr Julian Rodrigues
Member



Mr Melwyn Dsouza
Member



Mrs Jacintha Moras
Member



Mrs Jyothi DSouza
Member



Mrs Leena Machado
Member

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Editorial



"Every accomplishment starts with the decision to try."

The era of the pandemic has been a time for searching the possibilities, discovering the unknowns, learning to unlearn and relearn and adapting to the new normal of self and societal structures. Though the time of the pandemic put restriction on our physical movements, it could not stop our intellect from roaming all around the globe. The ones who stopped to try and adapt the new things vanished and those who willingly ventured into the new possibilities accomplished the goals in life.

The Covid-19 wave practically swept off all sectors and put the common man into trial. The basic structures of society; medical care, education and industry were hit by a jolt. The schooling and education, the future of the children remained uncertain putting the lives of teachers and students at risk. Even with the multitude of problems round the corner, the teaching community never stopped itself from finding new options and equipping them with new tools of technology.

When we look back into the journey of our teachers, we feel proud that they have undergone complete transformation from hard copy to soft copy, preserving the books to storing and saving in drives, chalk and talk to online meet and from local to digital. Our school became first in the locality to begin the online classes for the students. The hard efforts, united work and acceptance of the new norm by the teachers, parents and students succeeded in winning over the challenges of the pandemic.

We feel proud to compile this issue of the school magazine in bringing to light the talents, skills and expertise of the students. This book contains the glimpses of various online and offline activities, writeups, art and drawing etc. of the past two years 2019 to 2021. I congratulate and thank all the staff and the students for putting their hard efforts in producing something substantial even under the stress of the pandemic. Nothing can satisfy the desire of an exploring intellect and nobody can steal the knowledge and wisdom. Let this treasure of valuable pearls of wisdom enlighten the readers and motivate many more to add their contribution.

Dear teachers, students, parents and well-wishers, let us not forget the lessons learnt from the pandemic. Everything in life happens for the good for the one who trusts in God. Let the new normal be the normal in each one's life. The reopened gates and doors of the schools remain open, let the students have the fun and learning in an open space, mixing with all and growing holistically into a perfect human being.

"Anyone who stops learning is old, whether at twenty or eighty. Anyone who keeps learning stays young. The greatest thing in life is to keep your mind young." - Henry Ford.

-Rev. Fr Rolwyn Joy Aranha, Editor

EDITORIAL BOARD



Rev. Fr Rolwyn J. Aranha
Editor



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Vice Principal



Mrs Philomina Barboza
Co-ordinator - Hr Primary



Mrs Cynthia Pereira
Co-ordinator - Primary



Mrs Shyona Dalmeida
Co-ordinator - K.G.Section



Sr Letitia S. Pais



Mr Umesh



Mrs Priya Noronha



Mr Shivaraj



Correspondent's Message...

Dear Readers,

It has been said: "Better late than never!" On account of the pandemic situation, our school magazine sees the light of day today. We thank God for His benevolence. We congratulate the editor and editorial team for their commitment.

The two years gone by have been years of challenges caused by Covid-19. These have had a sinister impact on health (physical, mental and emotional), education, employment, entrainment, etc. To make things worse, we have seen an erosion of the 3 'T's, viz., the values of Truth, Trust and Tolerance. This has paved the way for division on the basis of caste, creed, religion, region, language, culture, etc.

Even amidst these challenges, we have seen a ray of hope for a bright future as we have re-opened our schools and resumed our academic and co-curricular activities. This will certainly bring about a culture of learning, tolerance, mutual respect and character-formation. We are taking longer strides to make good the pandemic loss.

The school recorded many a milestone during the past two years:

1. First batch of CBSE syllabus graduated in 2020
2. Senior Secondary Section (First Year PUC) inaugurated in 2021
3. Renewal of affiliation to CBSE obtained
4. The AICS meeting held for the first time
5. Teachers' Club, Guruvrinda, inaugurated
6. Novel and innovative activities to ignite the intellectual and creative potential of our students organized
7. Highly qualified teachers appointed
8. Orientation held to write the NEET, CET and other qualifying exams
9. NCC (Naval Wing) inaugurated.

We thank God for His countless blessings on our institution and for bringing us thus far. We pray for continued showers of divine blessings on the management and staff so that we remain faithful to our mission of imparting quality education to make our students march forward with "minds without fear and heads held high" (Tagore), focusing on the holistic development of the students.

Dear students, parents, teachers and well-wishers, in this age of uncertainties and challenges, let us not be bogged down but face them courageously. Let us promote a culture of truth, trust and tolerance towards people of all faiths, cultures and regions. Let us sow the seeds of love in the young minds, not hatred! Along with intellectual formation, let us inculcate the value of respect for everyone in our children, thus making the world an inclusive home for every human being.

V. Rev. Fr Denis D'Sa
Manager/ Correspondent

Principal's Message...



"Educating the mind without educating the heart is no education at all."
-Aristotle

Education is a life long process. 'We do not prepare students for something, we help students to prepare themselves for anything."

The sole aim of education must be in equipping young kids with life skills to face the real world, be it planning, organizing, questioning, reasoning, analysing, teamwork, communicating effectively or dealing with challenges confidently.

We impart education to match the advancement in technology and globalization. The world today is changing at such an accelerated rate and we as educators need to pause and reflect on the entire system of education. Are our schools well equipped to prepare our children to face the challenges that the future holds. I strongly believe that 'Children must be taught how to think, not what to think'. We pride ourselves to help them to grow and develop into sensitive and responsible citizens of our country.

We educators being facilitators should encourage each child to develop in their specific field of interest. We should realise the fact that all students do not have the same talents so each one will achieve success differently.

This year we are fortunate to start Senior Secondary Section with science and commerce streams which goes with NEP 2020, we have a good strength for a start . We were also able to start poor students fund in order to help the weaker section.

We fortunately have a committed and supportive management, dedicated teaching faculty, caring and cooperative parents which blend harmoniously to create a child centered school.

I should place on record the dedicated staff who are always ready to embrace changes and challenges, we were among the first ones to start online classes during COVID which also helped parents to keep their children engaged at home. During the Covid period we conducted a no. of online activities for students, and also kept the teachers active by starting Teachers club - Guruvrinda which helped in developing their skills and creating a family atmosphere among the school staff.

With the grace of Almighty, the support and encouragement by our Correspondent V Rev Fr Denis D'sa and hard work put in by the students and teachers alike and co-operation of the parents, I will be successfully completing my designated 2.5 yrs of service in this esteemed Institution.

I am sure that with the co-operation of all and with the blessings of Almighty, the School will continue to grow in all ways in the years to come.

With Best wishes,

- Ms Myrtle L. F. Lewis
Principal

HOMAGE

For God so loved the world that he gave his one and only Son,
that whoever believes in him shall not perish but have eternal life. - John 3:16



Rev. Fr. Mahesh DSouza

Birth : 30-03-1983 Ordination : 15-04-2013 Dear to God : 11-10-2019

**A fountainhead of knowledge and always a source of inspiration
he has left behind a rich harvest of memories
to cherish, honour and emulate**

May his soul rest in peace.

In reverence & rememberance

Management, Teaching & Non-teaching Staff & Students

Don Bosco English Medium School, Shirva

ENLIGHTENING LAMPS OF THE SCHOOL



Teachers cultivate the young minds who are responsible for the future
- Keith Wynn

AU-REVOIR to Class X Batch 2019-20





May your life be colourful

AU-REVOIR
to
Class X Batch 2020-21





Good luck with your higher education and career

AU-REVOIR

to

Class X Batch 2021-22



Dream big if you want to get a big success in life


2020
21
ಕರುನಾಡೋತ್ಸವ
2021
22



VISIT OF EDUCARE TEAM

























A Loving Farewell



Mrs Josephine Rebello



Mrs Veronica Dias

Your dedication, patience and kindness will never be forgotten.
Thank you for everything and have a wonderful retirement.

The Correspondent, Management
Alumni, Staff and Students

A Loving Farewell to

Mrs Irine Rodrigues



Like a rare gem
Found in the depths of the earth
You are one of those jewels
Of whom there is a dearth
Like a prized possession
Always kept safe and secure
Your teachings and lessons
Will be in our hearts for sure
May God shower his blessings and love on you forever.

The Correspondent, Management
Alumni, Staff and Students

A TRIBUTE TO OUR DEAR REV. FR MAHESH DSOUZA





Though your smile is gone forever
And your voice we cannot hear
We have so many good memories
Of you when you were here
Your memory is our keepsake
With which we will never part
God has you in his keeping
We have you in our hearts

The Teachers, Staff & Students
Will always remember you
As we walk down the portals
Of our beloved Don Bosco School
We will always remember
The hard work you put in
To grade us from SSC to CBSE status
Passionate, firm, methodical
Yet approachable and willing to listen
A great friend and a wonderful human being
But a real hero for our Youth
Fr. Mahesh - Your work on this earth was of eternal value
and because of that, you will have an eternal reward
We say that he has “departed,” but God says that you have “arrived”
Dear Fr. Mahesh - You are and will always be our Guiding Light





DON BOSCO ENGLISH MEDIUM SCHOOL, SHIRVA
KINDERGARTEN SECTION
SCHOOL ANNUAL REPORT 2019-21

Staff and the students:

We have four sections at Kindergarten with 142 students; there are six teaching and three non-teaching staff members. Mrs Shyona D'Almeida is the co-ordinator of the Kindergarten Section. Following are the teachers who serve at Kindergarten Section:

Mrs Leena Menezes
Mrs Jennifer Sunitha D'sa
Mrs Shruthi Prasad
Ms Nidhi Hegde
Mrs Shylet Mythri

We place on record, their dedicated service in this institution, who guide and help to acquire all basic skills required for Kindergarteners. At this time, I thank all the teachers and helpers for their sincere efforts.

Academic Performance:

Our academic year began on 3rd June with the arrival of L.K.G. and U.K.G. children. A warm welcome goes a long way in starting the year well. The tiny tots were welcomed with lot of warmth and cheer.

* There is every day assembly and school prayer.
* Education is imparted with various joyful activities.
* There are two internal tests and two term examinations to evaluate the performances of the Students.
* First term examination was held in the month of September. Second term Examination was in the month of March.
* Literacy begins by immersing children in literacy with rich environments. Our children are exposed to English language at all the time.
* Stories, songs and rhymes are used by the teachers to help children, to appreciate the rhythm of new language.
* We have planned activities that involve children in distinguishing sounds, identifying colours, print, recognizing letters and writing.
* We aim to infuse in children the joy of reading and love of books right from their young age through library period once a week.
* By using a variety of teaching aids, several mathematical concepts like big, small, few, tall, short etc. are introduced before teaching numbers and counting.
* Children are taught Art, General knowledge and various dances.
* Children enjoy watching many educational and other interesting programmes through Smart Classes.
* Full day classes are arranged for the Kindergarten children. A separate activity period is arranged to get children involved in solving Zig Zag puzzles, stringing beads, learning skills of everyday life like buttoning, shoe lacing etc.

Co-Curricular activities:

* Conducted **Palm Impression** activity on 13th of June. Children had learnt colour recognition, eye-hand co-ordination and art of palm printing.
* Conducted **dough moulding** activity on 20th of June to help the children improve their fine motor skills. This activity helped them to get the control to handle everyday items such as scissors, pencils, and buttons etc.
* Conducted **Thumb Printing** activity in the first week of July to improve their fine motor skills and recognition.
* Conducted **Leaf collage** activity in the second week of July. It was innovative way for young kids to combine art and nature, where they develop love towards nature.
* Conducted **Paper crumpling** activity in the second week of August to improve the finger co-ordination skill of the child.
* Conducted **Vegetable Printing** activity in the

3rd week of August.

* Conducted **Sand activity** on September 11th to help the children learn the alphabet and numbers.
* Conducted **Shapes Collage** activity in the second week of September to recognize the different shapes.
* Conducted **Collage with Straws** activity in the 3rd week of September to educate the children to make art out of waste materials.
* Conducted Activity with **Cotton Balls** in the 4th week of October.
* Conducted Activity on **different tastes** to make the children relish different tastes such as sweet, sour, bitter, salty and spicy.
* Conducted **Sorting and Sticking the Grains** Activity in the 3rd week of November which helped them learning numerical concepts, sorting and grouping the things.
* Conducted activity with **Ice-Cream sticks** in the 1st week of December.
* Conducted activity with **Cotton Buds** in the 2nd week of December.
* Conducted **Lemon Juice Making** activity on 31st of January.
* Conducted **Seed Germination** Activity in the 3rd week of January.
* Kinder Expo 2020 – a Science, Art and Craft Exhibition of Tiny Tots was held on 8th of February.
* Conducted **Pencil Shaving** Activity on 13th of February.

Academic Performance during pandemic:

* Due to Pandemic our academic year began with virtual classes on 18th of June 2020. All activities were done through virtual mode.
* Online Study session during COVID-19 saw a switch from regular classes in the school to Online classes at home. At DBEMS, teachers and students were regular in contact through Zoom platform and WhatsApp. Regular online classes were being conducted. Apart from this, videos made by the teachers themselves were sent to students who were unable to attend the classes. Homework was sent in the form of PDF's. Both students and teachers had adjusted themselves to the new way of learning & teaching.
* Four Tests were conducted to evaluate the performances of the students in the month of September, November, February and March. Subject enrichment activities were done by the students and teachers evaluated these as the internal assessment.

Co-Curricular activities and Celebrations during pandemic:

In order to foster the values of national integration, religions and cultural awareness and tolerance various national, religious and cultural festivals were celebrated in an online mode this year. To inculcate moral values, responsibility, self-reliance and social awareness in toddlers the school conducted different co-curricular activities and school celebrations.

* Green Day and Vanamahotsava were celebrated in the 2nd week of July 2020. Tiny tots dressed in Green colour, displayed various objects in green colour.
* In the 3rd week of July 2020 the students enacted COVID19 safety measures through virtual mode.
* On August 15th, 2020 on the occasion of Independence Day the students dressed like national leaders and stated their slogans.
* In the First week of August 2020 dressed in Radha Krishna's attire, children celebrated Krishna Janmashtami.
* In the first week of September 2020 the tiny tots offered flowers to Mother Mary virtually on the occasion of Nativity Feast.
* To instil in the students the oneness and unity, the school celebrated Onam in the 2nd week of September 2020. Students prepared floral Rangoli, dressed in traditional attire of Kerala.
* In memory of our great father of the nation Mahatma Gandhiji, students depicted the values taught by Gandhiji's 3 monkeys through slogans, stories and rhymes, in the 4th week of September 2020.

* On the occasion of Kannada Rajyotsava, a cultural fest "Karunadotsava" was celebrated by the teachers. The students were given the activity to recite kannada songs.
* In the 2nd week of November 2020, on the occasion of Deepavali, students wished everyone in various languages of India.
* In 2020 on account of Christmas, the tiny tots were asked to perform one act of kindness in which they actively participated and learnt the value JOY OF GIVING. The little ones enacted a lovely program retrospecting on the birth of Jesus Christ.
* In the 4th week of January 2021 the students celebrated "Patrons Day" through narrating few good things about their school.
* In the 3rd week of February 2021, the tiny tots involved themselves in various farming activities and depicted "The Life of a Farmer".

Various Celebrations:

* Green Day and Vanamahotsava was celebrated on 8th July. Cultural programme was performed by the Tiny Tots.
* Celebrated Orange Day on August 6th. This day helped the children to know the concept of orange colour and objects related to it.
* Celebrated Independence Day on 14th of August to instil patriotism in the young minds. Cultural programmes were performed by the tiny tots.
* Celebrated Purple Day on September 3rd to know the colour and objects related to purple colour.
* Celebrated Grandparents Day on 13th of September to strengthen the bond between the grandparents and grandchildren. Mrs. Cecilia Lewis was the chief guest. The programme was beautifully conducted by the tiny tots.
* Celebrated Fruit Salad Day on October 5th to emphasize the need of fresh fruits in a child's daily diet, to educate them about the taste, texture, colour and health benefits of each fruit and also to teach them the value of sharing.
* Celebrated Deepavali on 31st of October. Cultural Programmes were performed by the tiny tots.
* Celebrated Yellow Day on November 4.
* Children's Day was celebrated on November 14th along with class 1–10 students.
* Celebrated Red Day on 2nd of December to know the colour red and objects related to it.
* Celebrated Christmas on 21st of December.
* Prize Distribution Day was held on January 10th 2020.
* Celebrated Blue Day on 16th of January 2020.
* Patrons Day was celebrated on 31st of January.
* Celebrated Rainbow Day on 3rd of February.

Competitions conducted during the year:

* Drawing competition was conducted on 24th of July
* Singing competition was conducted on August 16th to harness the singing talent of the tiny tots.
* Story telling competition was conducted on September 4 to provide a platform for the toddlers to showcase their story narration skills.
* Elocution Competition was conducted on November 11.

Participation of parents:

* Orientation programme for the Parents of LKG children was on 27th of May 2019.
* Parent–Teacher Interface programme was held for K.G. parents on July 6th under the Presidentship of the correspondent V Rev. Fr Denis Dsa and with the presence of the members of the Managing Committee.
* Open Day was held on October 18th to evaluate the performances of the students after the term examinations along with the parents, students and the teachers. It was a day to know the performance of the child to the parents and also to have an interface with parents and teachers. The open day sessions were well appreciated by the parents.
* Parent Teacher interface programme was held on 20th of December. Resource person was Mrs. Deepa Bhandary, Counsellor at A.V. Baliga Memorial Hospital, Doddanagudde.

DON BOSCO ENGLISH MEDIUM SCHOOL, SHIRVA
ANNUAL REPORT 2019-21

Don Bosco English Medium School established in the year 1983 is under the Management of Catholic Education Society of Udupi. Most Rev. Dr Gerald Isaac Lobo, Bishop of Udupi Diocese is the President of the Management, Msgr Dr Baptist Menezes, Vicar General of the Diocese of Udupi is the Vice president of the management, Rev. Fr Vincent Crasta is the secretary of the Management, Very Rev. Fr Denis Dsa is the Joint Secretary and the Correspondent of the School,Ms. Myrtle.L.F. Lewis, Mr Wilson Dsouza, Mr Melwyn Aranha, Mr Julian Rodrigues, Mr Melwyn Dsouza, Mrs Diana Saldanha & Mrs Irine Rodrigues are the members of School managing committee. It is a non-profitable minority Christian charitable institution working for the total welfare of the people of India. The school was founded by Late Very Rev. Fr Aloysius Rosario and Very Rev. Fr Sylvester D'Souza who had extensive experience in the field of Education. Though they are no more, the ideals and principles they embodied are inherited by his successors. The management is composed of individuals with rich experience in the field of education.

Condolences:

A person who departs from this earth never truly leaves, for they are still alive in our hearts and minds, through us, they live on. We are deeply saddened by the untimely demise of Rev Fr Mahesh Dsouza, founder Principal of CBSE School. We, the Bosco family pray Almighty God to grant eternal rest to the departed soul of Fr. Mahesh.

Upgradation of CBSE Affiliation from Secondary to Senior Secondary Section:

The school was upgraded from Secondary Section to Senior Secondary Section in November 2021. We started Senior Secondary Section with Science and Commerce Streams with 61 students.

Students and Staff:

The school work is decentralized with various responsibilities to the teachers for the effective administration of the school.

Ms. Myrtle. L. F Lewis - Principal

Mrs Irene Cardoza - Vice Principal
and the Coordinator of the Secondary Section.

Mrs Irene Rodrigues - Coordinator of Primary Section

Mrs Philomena Barboza - Coordinator of Higher Primary Section

Mrs Shyona D'Almeida -Coordinator of KG Section

There are nearly 50 teaching staff and 12 non teaching staff members who work continuously for the wholesome growth of students, enhancement of the educational quality and also for the upgradation of the School.

We are grateful to Ms Myrtle L F Lewis for taking charge as a Principal of the school during the most crucial time to assist in the administrative work of the institution.

Academic Performances:

Education is imparted with various joyful activities. There are three periodic tests and two term

examinations to evaluate the performances of the Students.

We have secured 100% results from the First batch of grade 10 (2019-20), the second batch (2020-21) and the third batch (2021-2022) of CBSE Board Examination.

In the year 2020 the whole country was in turmoil due to the outbreak of COVID-19, the teachers accepted the challenge of teaching through online mode. Our school pioneered to begin the online classes in the vicinity of Udupi. Teachers were trained to impart education effectively through different virtual modes like Zoom, google classroom, and organized various online co-curricular activities to the students.

Spiritual and Moral Formation:

A special concern is shown to nurture spiritual and moral values in students. This has helped the students to form their life in a disciplined way.

* Daily assemblies, School Prayer and Daily Class wise activities.
* Mass for Catholic Students.
* Catholic Students participate in the Sacrament of Reconciliation
* Catechism and Value Education Classes

Competitions:

Various Competitions are held throughout the year which help students to showcase their talents. Following are the competitions.

* Drawing Competition
* Singing Competition
* Elocution Competition
* Essay Competition
* Quiz Competition
* Rangoli Competition
* Sky Lamp Competition

School Cabinet:

The students with leadership qualities and organizational skills develop their capacities as they get elected every year. School Cabinet is the important segment in the functioning of the school.

Brannet Nazareth (2019-20) and Ethan Dalmeida (2021-22) were elected as school pupil leaders

Various events and celebrations at the school: 2019-2020

* World Environment Day was celebrated on 5th June by distributing saplings to all the staff and students.
* Academic year 2019-20 was inaugurated on 6th June by Most Rev Dr Gerald Isaac Lobo, President of CESU and Mr Micheal Dsouza, member of educare team and the great benefactor of our school who generously contributed for the construction of CBSE building.
* International Yoga Day was observed on 21st June, 2019.
* International Day against Drug Abuse and Illicit Trafficking was observed on 26th June, 2019.
* 73rd Independence Day was celebrated on 15 August, 2019. Chief Guest was Rtd Lieutenant Colonel Victor Francis Dsouza.
* AICS Inter School Football Tournament – 'Kick On'- 2019 was hosted by our school on 31st August. 11 teams participated in the tournament.
* Hindi Day was observed on 14th September, 2019.
* Deepavali festival celebrated on 31st October, 2019.

* Children's Day was celebrated on 14th November. Few activities were conducted to cherish the moments of Children's Day. Lucky Games were conducted and prizes were given to the winners.
* Ms Myrtle L F Lewis, the Retd Principal of St. Mary's Institution, Kannarpady was appointed as Principal of our school on 9th December, 2019.
* Christmas day and New Year was celebrated with joyful manner.
* Republic day was celebrated on 26th January.
* Prize Distribution Day was organized in the month of February, 2020 to appreciate the hard work of the students in academics and co -curricular activities
* A prayer service was organized to thank God Almighty for the outgoing batch of student grade 10 (2019-20).

2020-21:

* Guruvrinda–A Teachers' Club was inaugurated on 29 June, 2020 by Very Rev Fr Denis D'Sa to bring out the talents and uniqueness of every teacher.
* Vanamahotsava was celebrated on 4th July by distributing saplings to all the teaching and non-teaching staff.
* 74th Independence Day was celebrated on 15 August, 2020 by the teachers. Various competitions were conducted for the students in virtual mode.
* Fit India Freedom Run was organized on 29 September, 2020 in response to the launching of the move by the Prime Minister of India
* Gandhi Jayanthi was celebrated to mark the 151st birth anniversary of Father of our Nation. All Faith Prayer Service was organised in the school premises.
* Karunadotsava was celebrated in an impressive manner on 3 November 2020. Mrs Manasi Sudhir, Classical Dancer and dance Teacher, Co-director at Nrithyanikethana Kodavoor & Actress, was the chief guest of the day. The day was observed with traditional and cultural programme by the staff members.
* Blood Donation camp was organized on 13 December, 2020.
* Fit India Cyclothon was arranged on 18 December, 2020.
* Christmas was celebrated on 22 December, 2020. Christmas Carols were sung in multiple languages followed by Angel Dance.
* New Year was celebrated in a grand manner. Msgr Dr Baptist Menezes attended the celebration.
* 72nd Republic Day was celebrated on 26 January, 2021.
* The students were given an opportunity to partake in various activities from home such as drawing, singing, Fancy dress, speech through virtual modes for which the students responded with much vigour and enthusiasm.
* Women's Day was celebrated on 8 March, 2021. Teachers performed various programmes highlighting the role of women in the society.
* N.C.C naval wing was inaugurated on 4 April 2022. 50 students joined the N.C.C naval wing

Programmes Conducted for the Scouts Guides, Cubs and Bul Buls:

* 7 Scouts and 13 guides of class 8th and 9th had taken part in World Environment Day People Awareness Rally on 5 June, 2019.

* The students of Scouts and Guides spent one day in the paddy field of Heroor, Bantakal on 27 July, 2019.
* 6 students of Scouts and Guides attended Rajya Puraskar Testing Camp at District Training Centre, Pilikula, Mangaluru from 27 August to 30 August, 2019.

Our Student achievers

* Students of our school participated in AICS Junior and Senior Cultural competitions held at G.M. Vidhyanikethan Public School at Brahmavar on 20 July 2019. The senior students secured 3rd place in Western thematic song.
* Shawn Saldanha and Avin Mendonca won 3rd prize under senior category for their science model on 'Science and sustainable future'. Aaron Dsouza and Reevan Castelino won 1st prize under junior category for their science model 'Wise management of fresh water resources' in AICS Inter school Vignan Vivek Competitions organised by St. Marys English Medium School, Kannarpady on 30 July 2019.
* Students of Scouts and Guides won 3rd prize in Geetha Gayana competition at Shri Narayana Guru English Medium School, Padubelle organized by Bharath Scouts and Guides Association of Kaup.
* 13 students of our school had participated at District level Karate competitions on 15th September 2019. The 3 students have secured first place in Kata and 6 students won first place in Kumite under junior category and 2 students won second place in Kumite and 2 students won third place in Kata under senior category.

Art and Drawing:

The Drawing and Craft classes in the school enhances the psycho motor skills, concentration and creativity in students. The positive effects of this activity are already seen in students. Children participate enthusiastically in this class.

Counselling:

The counselling will provide a comprehensive development and lays a positive impact on students. It prepares the students to face challenges, build self-confidence, fills in integrity and infuses humanness to live a happy life. Counselling facility at our School has paved the right path to students, enlightened the minds of parents & made the family bonds much better. We are indebted to Mrs Sandhya for the dedicated work at the counselling section.

Library:

A Library in the School is like brain and heart of the School. To the requirements of the students and staff a well-equipped library with the latest magazine, journals and books on various subjects are available. We have for about 7500 books and 25 journals and magazines at our library. We are thankful to Ms Akshitha for the systematic arrangement of Library.

School Nurse:

The school also has a qualified experienced nurse to look into the health problems of sick students. School Nurse plays an important role in maintaining good and healthy atmosphere in the school. Healthy children are successful learners. The School Nurse is responsible for the physical, emotional, mental and social health of the students. We thank Mrs Lidwin Dsouza, who is rendering her humble services at the medical room.

Laboratories:

To enhance the student's practical knowledge in the

field of General Science, Mathematics, Computer we have laboratories with all the required instruments. At present we have Physics, Chemistry, Biology, Mathematics and Computer Lab. We are also thankful to ICT instructors Mrs Neetha Castelino and Mrs Aswita Carol Saldanha.

Mid-day Meal:

It was yet another request from the side of the parents to serve hot and fresh cooked food to students for the lunch. Considering this point as a need of the time the enthusiastic management has provided Hygienic mid-day meal with a clean kitchen and modern cooking equipment. All together 850 students and staff members have their food in the mid-day meal. We serve food to students in a subsidized rate.

School Transport:

The school transport facility is to provide safe and secure mode of transport. It was a great venture to the management to plan to organize and to execute. Transportation system is functioning smoothly with responsible drivers and conductors for every bus to cater to the needs and safety of the students.

School Magazine & School Website:

The creativity of a child is exhibited in the Annual School Magazine. Every year we publish our school magazine under the name called 'Bosco Rays'. The old students spread across the globe can access to the events and celebrations held in the school through the Website. School Web ID is www.donboscoschoolshirva.com.

Good Practices of the School:

Certain good practices are performed in the school, like conducting the assembly daily, cleanliness in and around the school, banning plastic, seeking blessings from elders, unity and brotherhood during the celebration of religious festivals, arrangements at the mid-day meal hall, seniors helping the juniors, concern for the needy students.

A deep debt of gratitude:

An institute can function only with the willing hand and active co-operation of all its stake holders.

We are ever thankful to Most Rev. Dr Gerald Isaac Lobo the Bishop of Udupi and the President of Catholic Education Society, Udupi.

We Acknowledge gratefully the unceasing support, constant inspiration and guidance extended by Very Rev. Fr Denis D'sa the Correspondent of Don Bosco and St. Mary's Institutions.

We remain grateful to the Principal, Ms Myrtle L F Lewis for her selfless service, solid support and upgrading the school to the Senior Secondary Section.

We are greatly indebted to Mrs. Irine Rodrigues the founder Principal for her selfless and dedicated service, Mrs Josphine and Mrs Veronica Dias for their devoted and wholehearted service towards the school

We remain ever grateful to the School Managing Committee members for their guidance and co-operation.

Our staff members both teaching and non-teaching deserve a word of appreciation and thanks for their efforts and whole hearted co-operation in moulding the future generation.

May the providence of Almighty God who has guided us in the past continue to shower His blessings on us now and in the years to come. May Our Lady of Health the Patroness of our school bless us all.

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ENDOWMENT PRIZE LIST

We gratefully acknowledge the generosity of the following donors for their kind generosity to donate permanent prize fund for the school

Sl	Particulars	Purpose
1.	Late Rev. Fr Aloysius Rosario Memorial Prize Fund	90% above of Class Ist to VII
2.	Late Master Royce Vinet D'Souza Memorial prize fund founded by Mr Richard & Emilia D'Souza	Top scorer in Catechism of Class VII
3.	Late Rev. Fr Henry Castelino Memorial Prize Fund	Top scorer in English of Class VII
4.	Late Mr Louis Felix Pereira Memorial Prize founded by Mrs. Cynthia Pereira	Top scorer in Maths & Science of class 7th
5.	Late Master Melwyn Pinto Memorial Prize Fund founded by Mrs & Mr Anthony Pinto	Top scorers of class 1st
6.	Mr Felix Lobo Memorial Prize fund founded by Mrs Sweeta Lobo	Top scorers of class II nd
7.	Mr Joseph & Mrs Cecilia Menezes Prize fund founded by their children	Top scorers of class IIIrd
8.	Mr Benedict Tauro Memorial Prize fund	Top scorer of Class VII
9.	Mr. Robert Lobo Memorial Prize Fund founded by Members of Secular Franciscan	Top scorer in Catechism of class VI
10.	Late Rev. Fr Lawrence Gomes Memorial Prize Fund	Top scorer in Catechism & Value Education of Class 1 to VII
11.	Mrs Pauline Ferrao	Top Scorer of UKG
12.	Mrs & Mr Mark Martis	Top Scorers of class I
13.	Mrs & Mr Ronald D'Souza	Top scorer in HIndi of class VII
14.	Mr Mathias D'Souza & Fly	Top scorer in Value Education of class III
15.	Mrs Irine Machado	Top scorers of class IV
16.	Mr Borgea & Mrs Gracy D'Souza	Top scorers of Class V
17.	Mrs Monica Dias Endowment Prize Fund	Top scorers of K.G. Section
18.	Endowment Prize fund by the students of 7th std 2000-01 Batch	Top scorer in Kannada of class VII
19.	Endowment Prize fund by the students of 7th std 2001-02 Batch	Top scorer in catechism of class IV
20.	Mr Robert Lobo Memorial Prize Fund founded by Cecilia Lobo	Best Athlete

Sl	Particulars	Purpose
21.	Francis Robert Lobo Memorial Prize fund founded by Mrs. Cecilia Lobo & Children	Top scorer of class VIII
22.	Joseph & Cecilia Menezes Memorial Prize fund founded by Ms Leny Barboza Gurunja	Top scorer of class IX
23.	Benedict & Clara Furtado Memorial Prize fund founded by Mrs Maria Jacintha Furtado	Top scorer of Class X
24.	Old Students of 2013-14 Batch	Highest in Kannada of class VIII & IX
25.	Ms Priya D'Souza Bantakal	Highest in Kannada of class X
26.	Shirva Welfare Association Kuwait	Highest in English of class VIII & IX
27.	Old Students of 2005-06 Batch	Highest in English of class X
28.	Old students of 2015-16 Batch	Highest in Hindi of class VIII & IX
29.	Ms Priya D'Souza Bantakal	Highest in Hindi of class X
30.	Old students of 2011-12 Batch	Highest in Maths Science of class VIII
31.	Old students of 2007-08 Batch	Highest in Maths Science of class IX
32.	Old students of 2006-07 Batch	Highest in Maths Science of class IX
33.	Old students of 2010-11 Batch	Highest in Social Science of class VIII & IX
34.	Muralidhar Tantry Memorial prize fund founded by Mrs. Supirta Tantry	Highest in Social Science of class X
35.	Mr Alban Pereira Jantra	Highest in Catechism of class VIII
36.	Mr Ronald Menezes, Gurunja	Highest in Catechism of class IX
37.	Rev. Fr Lawrence Gomes Memorial	Highest in Catechism of class X
38.	Old students of 2012-13 Batch	Highest in Value Education of class VIII & IX
39.	John Celestine D'Souza Memorial founded by Mathias D'Souza, Bantakal	Highest in Value Education of class X
40.	Rosario & Celestine Machado Memorial prize fund founded by Mr Norbert E Machado	90% above of class VIII, IX & X
41.	Herald Menezes Memorial Prize fund founded by Mr Simon Menezes	Best Handwriting Prize
42.	Mrs Emilia Sanctos & Family, Shankarapura	Kindergarten Section

DON BOSCO ENGLISH MEDIUM SCHOOL, SHIRVA

CHRONICLES 2021-2022

June 2021

14-06-2021 An orientation Programme was organised for teachers.

21-06-2021 International Yoga day was celebrated. Teachers demonstrated various asanas and pranayamas.

26-06-2021 Father's Day was celebrated. K.G section had come up with some virtual activities for its tiny tots where the toddlers had to express their feelings and gratitude through words.

29-06-2021 Inauguration of Senior Secondary Section for the Academic Year 2021-22.

July 2021

08-07-2021 Vanamahotsava day was celebrated by planting saplings and distributing plants to the teachers.

16-07-2021 Training session on Communicative English for teachers was held for 2 days.

24-07-2021 An Oreination programme for the parents of K.G section was organized.

August 2021

1-08-2021 Friendship Day was celebrated in a virtual mode by the tiny tots of K.G Section

12-08-2021 An orientation programme was organized for the parents of the students of Senior Secondary Section.

15-08-2021 75th Independence day was celebrated in the school premises with patriotic spirit and zeal. Commodore Jerom Castelino Ex Navy was the chief guest and hoisted the tri colour flag. K.G Section had organized online programs wherein students of Kindergarten were dressed up as freedom fighters and national leaders and indulged in slogan recital activities, exhibiting their national spirit

18-08-2021 Green Day was Celebrated in K.G Section.

September 2021

04-09-2021 Teacher's day was celebrated with much enthusiasm and joy.

06-09-2021 Re-opening of school from grade 6 to 11

14-09-2021 NEET Exam was conducted in our school.

21-09-2021 World Day of Gratitude was celebrated by the tiny tots of K.G section by giving 'thank you' cards to their parents, grandparents, neighbours, community helpers.

22-09-2022 Annual exam of first term was commenced for grade 1 to 9.

25-09-2021 9 guides and 3 scouts were awarded with Rajya Puraskara award .

30-09-2021 Fit India Freedom Run was organised. Nearly 120 students and staff participated in it.

October 2021

02-10-2021 Gandhi Jayanthi was celebrated to pay homage to the father of the nation and to instil the values of Mahathma Gandhi among children.

04-10-2021 Space Week (October 4-10) was organized by the students of Senior Secondary Section.

04-10-2022 A talk on Health and Hygiene and Peer pressure was organised in association with the Family Commission of Udupi Diocease.

07-10-2021 Election of the Ministers for School Cabinet was conducted by Polling system

08-10-2021 Mental Health day was celebrated. Students performed a skit on the importance of being healthy and mentally sound.

09-10-2021 A friendly match between staff and students was held in St. Mary's P.U College ground.

16-10-2021 Sand Art preparation at the seashore of Malpe was organised by the students of Senior Secondary Section.

16-10-2021 Girl Child day was celebrated.

26-10-2021 Investiture Ceremony of School Cabinet was held .

27-10-2021 Vigilance Awareness Week was observed to recognise the ill effects of corruption and promoting ways to combat it. The Integrity Pledge was taken by the students and staff.

28-10-2021 AICS (Association of ICSE and CBSE schools) Principal's Meet was hosted by our school. Principals of Udupi and Daksina Kannada schools were present for the meeting.

November 2021

01-11-2021 Karnataka Rajotsava was celebrated with great Vigour and enthusiasm.

02-11-2021 Reopening school from Grade 1 to 4

03-11-2021 Tiny tots of K.G Section celebrated Deepavali by preparing handmade paper lanterns, coloring Diyas and lighting them around the house.

06-11-2021 National Tooth Brushing Day was organisedin association with Manipal Dental Health Association 13-11-2021 Children's Day was celebrated .

15-11-2021 Re-opening of K.G Section.

22-11-2021 Staff Picnic was organized.

26-11- 2021 Constitution day was celebrated in order to create awareness on the values of Constitution.

December 2021

13-12-2021 Open day was held for the students and parents of grade 1 to 4.

15-12-2021 Post Card Campaign was held for the students of grade 5 to 10 on the topics 'My Vision for India in 2047 and Unsung Heroes of Freedom Struggle'

18-12-2021 Various competitions were organised like preparing Christmas tree, star and wreath on account of Christmas festival.

21-12-2021 On account of Christmas festival drawing competition was held for the students of K.G Section.

22-12-2021 An open Day was organized for K.G Section to evaluate and discuss the academic performance of the child.

January 2022

03-01-2022	Reopening of school after Christmas vacation.
03-01-2022	First dose of Covid vaccination was given to the students of High school Section.
25-01-2022	On the Occasion of Republic Day Singing Competition was organised in K.G Section.
25-01-2022	Voters Day was observed by taking an oath.
26-01-2022	73rd Republic Day was celebrated with immense patriotic fervour and zeal.
26-01-2022	An input Session on Career Guidance by Mr. Ren Dias was organized for students of grade 11.
30-01-2022	9 students participated in the Spell Bee Competition organised by Rotary Club of Bangalore in association with the Rotary Club of Mangalore
31-01-2022	Patron's Day was celebrated by honouring the Patron of Our school Don Bosco.

February 2022

09-02-2022	Essay competition was held for the high school Section.
10-02-2022	'Wealth out of Waste' competition was conducted for high school section.
11-02-2022	Singing Competition was conducted for High school section.
21-02-2023	Annual examination of second Term was commenced for the students of grade 8,9 and 11grade.
28-02-2022	Annual Sports activities were conducted for K.G Section.

March 2022

01-03-2022	Annual Sports activities were held for the primary Section.
03-03-2022	Quiz Competition was organised by the Rotary club . 30 students participated in it.
07-03-2022	Annual Sports activities were conducted to the students of grade 11.
08-03-2022	Second dose of Vaccination was given to the students.
10-03-2022	Open day was held for the parents and students of grade 8 and 9 to evaluate the academic performance of the students.
11-03-2022	Annual Prize Distribution Day and the Inauguration of Red Cross Junior Wing were held .
11 -03-2022 & 12- 03-2022	Book Exhibition Fair was organised for 2 days.
12-03-2021.	A trip was organised for the students of grade 10 and 11 to Yuva Meredian, Kundapura.
14-03-2022	New Academic year 2022-2023 started for the students of grade 9 and 10.
14-03-2022	Open Day for the students and parents of Senior Secondary Section was held.
18-03-2022	First Dose of Vaccination was give for the age group of 12 -14years.
21-03-2022	Annual exam for the grade 1 to 7 was commenced.
23-03-2022	An input Session on 'Career guidance' was organised for the students of grade 8 to11.
25-03-2022	A Thanksgiving mass was held for the outgoing students of 10th std batch.
26-03-2022	A Send-off programme for the students of grade 10 was organised.

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DON BOSCO ENG. MED.SCHOOL, SHIRVA

K.G.SECTION ACTIVITIES

KINDERGARTEN ACTIVITIES FOR THE YEAR 2019-20

CELEBRATING COLOURS



"Colours are the smiles of nature"

Our world is filled with colours. A very important part of learning during Kindergarten years is identification and recognition of colours. Early identification of colours helps to create the cognitive link between visual clues and words which is an important part of a child's holistic development. The toddlers learnt about green, orange, yellow, purple, red, blue and rainbow colours every month in detail. Students from each division spoke about theme colours and performed songs during the celebration. Students were made to recognize colours through different games and play-way activities. All the toddlers were happy and enjoyed to the fullest by the activities which were arranged for them by the class teachers. Children were given beautiful handouts like book marks made out of colour paper to take home. It was an excellent learning experience for children, which enhanced their visual discrimination.

INDEPENDENCE DAY 2019



"No amount of money can give the happiness that freedom does"

The future of the country depends upon its students. The Independence Day has a special place in the heart of every Indian. Not only does it symbolize the 73 years of freedom but also extends an emphatic message of the progressive future of the country. To inculcate the spirit of patriotism in young hearts, the KG students celebrated Independence Day on 14th August. The program began with a prayer song. The little soldiers of kindergarten sang patriotic songs and performed some dances. They also spoke about our national symbols and some enacted the leaders of freedom movement. To make the day memorable the tiny tots were given Independence Day badges and sweets.

CHRISTMAS CELEBRATION



Christmas is a time to share and care. The spirit of Christmas arrived early to the students of kindergarten on 20th of December 2019. Their excitement was in the air as the festival of joy and love was celebrated with great spirit. To celebrate this Christmas day the K.G. premises was decorated with dazzling stars, Christmas tree, crib and colorful balloons.

The tiny tots created a magical atmosphere by performing Christmas carols and dances. The toddlers of U.K.G. beautifully presented a skit on the birth of Jesus.

The principal Miss. Myrtle L.F. Lewis, Vice Principal Mrs. Irene Cardoza and the Head teacher of Primary section Mrs. Irene Rodrigues were present during the celebration. The principal delivered the message of "sharing and caring" to the little ones. Children were distributed Santa Clause cap and a little Santa as Christmas gifts. Their joy knew no bounds when Santa danced on various Christmas carols. It made their day when they were given plate full of Christmas goodies, which the students relished during their class party. It was a most memorable day indeed for the K.G. children. Joshua D'souza of U.K.G narrated the story of birth of Jesus. Peter Menezes and Pallavi of U.K.G beautifully compered the entire program.

FRUIT SALAD DAY



Being healthy is a personal choice every human should be consciously aware of. The best way to make it happen naturally is to adapt it right from the childhood. With an objective to create and educate about the importance and consumption of fruits in regular diet and to identify the different kinds of fruits in a fruit salad the kindergarteners celebrated "FRUIT SALAD DAY" on October 5th, 2019. It was a pleasant sight to see our little buddies and bunnies carrying their favorite fruits into their classroom. Yummy fresh fruits like apples, bananas, grapes, watermelons, oranges and pineapples were mixed and made a scrumptious and delectable fruit salad. The tiny tots enjoyed each minute of the day filled with enormous joy and happiness which will be a memorable day in their Kindergarten life.

GRANDPARENTS DAY



"Grandparents are the strong foundation of the family, the founders of loving legacy, the greatest storytellers and the keepers of tradition. Through their special care and love, they keep the family united."

In honor of grandparents, the Kindergarten section of Don Bosco English Medium School celebrated the Grandparents Day on 13th of September, 2019. Tiny tots were dressed up in colourful dresses. They were all very excited to perform for their grandparents.

The program began with an invoking hymn sung melodiously by the tiny tots. Keerthi, Ian Alva, Ann Liva and Pratham welcomed the gathering and the dignitaries. The Principal Rev. Fr. Mahesh D'souza introduced the chief guest Mrs. Cecilia Lewis, the retired teacher of Don Bosco. In her message she urged the grandparents to share their life experiences with their grandchildren, to spend their quality time with their wards and enable them to grow up as good humans. The correspondent very Rev. Fr. Denis D'sa complimented the students for having such delightful grandparent who pour their unconditional love on them. He compared the grandparents to the lighthouse which shows the right direction to the sailors, grandchildren to feel secured under the right direction of their grandparents.He dedicated a beautiful song to the grandparents on behalf of the students. He expressed his appreciation towards the Principal, teachers and the janitors for the exceptional care and guidance they render to the development and moulding of every child entrusted to them. The Chief Guest was felicitated by the correspondent, Principal, the vice President of the Parish Council Mr. Wilson D'souza and the staff. Needless to say, the grandparents were very happy and overwhelmed to see their grandchildren performing before them.

FINE MOTOR ACTIVITIES

Every child's development path is unique. The ability to accomplish self-care and everyday tasks by using fine motor skills helps a child's self-esteem and aids growth in the self confidence.

It's important to work with children at early age as to help them develop their fine motor skills. At Don Bosco we believe in providing opportunities that are fun and interactive for the children, which helps them grow through interacting with the world around them. By engaging in activities like dough molding, palm printing, thumb printing, stringing the beads, shoe lacing, juice making, paper

crumpling, vegetable printing, collage work using leaves, shapes, pencil shaving, cotton, earbuds, grains, and many more activities helps the children develop the skills they need to progress in kindergarten and beyond.



KINDER EXPO 2020

As children need the freedom to appropriate the infinite resources of their hands, their eyes and their ears, the resources of forms and materials, sounds and colors were utilized and displayed by the tiny tots of kindergarten section. Kinder Expo – 2020, the Science, Art and Craft exhibition was held on 8th of February 2020 at the school premises in the K.G section. Mrs. Rajashree Nambiar the Professor of Sri Madhwa Vadiraja Institute of Technology Bantakal, the alumna of the school inaugurated the first ever Science, Art and Craft exhibition by cutting the ribbon and said "Ever child has a hidden talent within itself but it is the duty of the parent and teachers to help the child to bring out this talent and encourage the child to nourish it. Kids need to be inspired to take up activities like craft making, Science model making from their very early stages of learning itself.



OUR SENSE OF TASTE ACTIVITY



Life would be dull if everything tasted the same or if it had no taste at all. The five senses help us learn about the world around us. The sense of taste and smell are connected. Our tongue is covered with taste buds. we have taste buds that help us taste different things: sweet, sour, salty and bitter. Each area of our tongue helps us detect a specific taste. To be aware of and have the opportunity to experience the four basic tastes: sweet, sour, salty, and bitter, young children were given the opportunity to taste variety of foods. Every student was asked to express about the taste of the food they ate for breakfast. The students learnt that the sense of taste protect them from eating spoiled or poisonous foods.

KINDERGARTEN ACTIVITIES FOR THE YEAR 2020-21

INDEPENDENCE DAY



"We are one! Let us all be proud of our beloved nation, we all have to collectively strive to make India vibrant, strong and supreme."

Don Bosco Kindergarten School celebrated Independence Day, in the 'new normal' way with dedicated efforts from teachers and students. The zeal of patriotism came alive online. The little patriots dressed like national leaders and recited their famous slogans. The teachers were successful in instilling a sense of pride and patriotism in their hearts.

Indeed, it was a day of elation, a day of love and respect for the nation, instilling in young minds the value and reverence for the precious gift of freedom, by the great leaders of the country.

THE FEAST OF BLESSED VIRGIN MARY



September 8 is recognized as the feast of the Birth of Mother Mary. It is celebrated worldwide as the feast of Blessed Virgin Mary. In coastal region it is celebrated as Monti feast a day to honour Mary with flowers and have a family lunch together.

The students of kindergarten collected the flowers and offered them to Mother Mary and also virtually displayed their love towards Mary by praying in their respective homes with family as a mark of their love and respect.

KRISHNA JANMASHTAMI – LITTLE RADHE KRISHNA'S





Krishna Janmashtami embarks the celebration of the birth of Lord Krishna. Apart from the poojas and fasting, dressing up the little ones as Krishna and Radha is the most exciting part of this festival. This Janmashtami, the school had organized fancy dress for kids to dress up as Lord Krishna and Radha. Every mother dressed their child as naughty little Krishna and little girls were dressed up as Radha which was a sight to behold.

ONAM – POOKALAM



The festival of Onam is dedicated to King Mahabali who sacrificed himself along with his kingdom in order to stand true to his words. On the occasion of Onam the kids of Kindergarten dressed traditionally and made floral rangolis or Pookalam, symbolizing peace and serenity in the world, economic well-being, love and brotherhood, human justice and conservation of nature.

DIWALI WISHES IN REGIONAL LANGUAGES



Diwali epitomizes the triumph of good over evil, righteousness over treachery, truth over falsehood and light over darkness. With all its charm and grandeur, Deepavali teaches us to introspect the inner fire within ourselves. The COVID-19 has changed the manner of celebrating festivals all over the world, including India. Yet again, it was proven that the pandemic lockdown has created numerous novel opportunities for showcasing one's creativity virtually.

On this joyous occasion, the kindergarteners of Don Bosco School celebrated Diwali online with their usual enthusiasm. The students were given an activity to dress up in any regional outfit depicting any Indian culture (Ex: Bengali, Marathi, Punjabi, South Indian, Gujarati etc.) and give a short Diwali message in the language of that culture.

Kids were dressed up in ethnic attire and had fun wishing "Happy Diwali" in languages of different regions. The miracle of technology did not let the Covid-19 pandemic dampen the spirit of festivities. It was a fun-filled activity with learning achieved in a fun way.

CHRISTMAS – GIFT OF KINDNESS

"Spread a little positivity this festive season and make a lasting difference to those around you.



Christmas is a time of good cheer and gladness, but, for many, it can be a time of great difficulty. Some may be mourning the loss of a loved one, while others may struggle to provide for their family. Christmas is a time of giving and sharing. Christmas is also celebrated to rejoice the birth of Jesus Christ. To instill values in young minds, to show

children the value of kindness especially during the pandemic and also to prepare the students for a better tomorrow, the school had organized "The Act of Kindness" Activity to its tiny tots. The motto behind this activity was to promote kindness, sharing and gratitude among children, encouraging them to carry out daily Acts of Kindness for their siblings, friends and neighbours. The tiny tots showed kindness to their neighbours, senior citizens, community helpers and the needy people with great zeal and enthusiasm. Children gained an understanding that by volunteering their time, money, smile, kind words and energy to help others, doesn't just make the world better, but it also makes you and me better.

FARMERS DAY - A DAY IN THE FIELD



A farmer is someone who grows crops and rears animals to support his family. He is the backbone of our country. Farmers work hard and long hours to cater our needs. Some people become farmers because they come from a family of farmers and some become farmers by choice. To pay tribute to the great work done by our farmers the school had organized an activity for its tiny tots to be a Farmer for one day. The kids Imagined themselves as farmers for one day and depicted the jobs or activities performed by a farmer. Feeling the soil and the rain in the fields and barns, they celebrated dressing up as farmers. It turned out to be a sight that warmed the eyes of everyone. This activity was a reminder for all to go back to the agricultural culture to save the culture and the farmers.

GANDHI JAYANTHI – GANDHIJI'S 3 MONKEYS



"Be the change that you wish to see in the world"

Gandhi Jayanthi is a National festival celebrated across India on 2nd October, every year. On this occasion to commemorate Gandhiji's ideologies, children of LKG and UKG were asked to present songs, models, story narration, drawings based on the values taught by Gandhiji's 3 monkeys. The Kids enjoyed making models, drawings and singing rhymes of three monkeys of Gandhiji. The children also got an opportunity to explore the relevance of Gandhiji's ideas in today's challenges. Gandhiji has left behind a legacy to inspire people and unify in brotherhood.

GREEN DAY



Everything around us is an array of colours. Green is the most common colour in the natural world, the colour of life and energy. Dressed in different shades of Green children presented various things in green colour. Children participated well and learnt green colour with keen interest. Celebration of green colour, provided an opportunity to the little Bosconians a practical learning experience.

KANNADA RAJYOTSAVA



Kannada Rajyotsava is celebrated every year on November 1 since 1956 with great pomp in our State Karnataka. Kannadigas celebrate this day as the Karnataka State formation day where all the Kannada language-speaking regions of South India were merged to form the State.

The kindergartners celebrated the 65th Kannada Rajyotsava Day virtually in our school on November 1st with a short programme. The students prayed for our Karnataka State and depicted the glory of Karnataka.

On this occasion the tiny tots of Don Bosco English Medium School were given an opportunity to recite a song in relation to Karnataka or kannada Rajyotsava to foster love for kannada among the students of LKG & UKG.

SAVE WATER SAVE LIFE



World Water Day is celebrated every year on 22nd March to observe the importance of fresh water and its conservation. Teaching children about water is important - not just for academic purposes but also in order to expose them to its valuable resources. It's nothing but another step in the direction to slow down numerous threats to our environment. The need of the hour is to educate tomorrow's leaders about water conservation. When children are trained to save and use water economically, they can help to reduce water wastage now and in the future. On this occasion the toddlers expressed their thoughts on the usage of water and presented thought provoking slogans on "Save Water".

KINDERGARTEN ACTIVITIES FOR THE YEAR 2021-22

KINDERGARTEN PARENTS ORIENTATION - 2021

"It takes a big heart to help our Tiny-Tots to take Giant leap."



The orientation for the Kindergarten parents was held on 24th July, 2021 in the school premises.

Mrs. Deepa Bhandary was the chief guest of the day. Mrs. Bhandary has served in the field

of education for more than 35 years and has interacted with students from Kindergarten to High School. The curriculum for the current year was well presented in detail by Mrs. Shyona D'Almeida, the co-ordinator of the Pre-Primary section. She briefly highlighted the skills that need to be developed and the various activities which would be conducted month-wise in the present academic year.

Mrs. Deepa Bhandary, in her orientation speech, appreciated the well-planned activities for the current academic year which will bring about great development, fun and joy in the learning process of the little ones. She also spoke about the effects of the pandemic on the students, parents and teachers. She highlighted the ways in which anxiety in the children can be handled properly through recreation, presence of the parents, importance of schedule, hygiene, healthy diet, exercise and cutting down of screen time.

Miss Myrtle L. F. Lewis, the Principal of the school in her speech congratulated the teachers for their immense hard work. She also briefed the parents about the rules and norms of the school. She said that the teachers are doing their best to provide the best learning to the students.

Mrs. Teena Mascarenhas welcomed the gathering. The programme ended with a vote of thanks by Mrs. Leena Lobo. Mrs. Gayathri P compered the programme.



FATHER'S DAY

"Father's Day is one of those rare days, when the father enjoys applause and the mother takes a backseat." Father's Day is commemorated in most parts of the world on the third Sunday of June. This year it was observed on June 20th.

Father's Day is a celebration honoring fathers and celebrating fatherhood and the influence of fathers on the child in particular and the society in general. To make Father's Day special, the school had come up with some virtual activities for its tiny tots where the toddlers had to express their feelings and gratitude through words. The students displayed their creativity by making beautiful cards for their fathers.



VANAMAHOTSAVA 2021

Vanamahotsava is an annual tree-planting festival which is celebrated in India in the first week of July that is from 1st July till 7th July. Entire mankind is dependent on trees for their needs, thus this week should be utilized in a creative way. During this festival, each and every citizen of India is expected to plant a native sapling and pass it on to the next generation. On this occasion the kindergarteners of Don Bosco school exhibited their love for nature through singing rhymes, songs, fancy dress and planting saplings.

INDEPENDENCE DAY 2021



"Ask not what your country can do for you, ask what you can do for your country".

This year due to the ongoing COVID-19 pandemic, India's 75th Independence Day was celebrated online in the school to avoid social gatherings. The school celebrated Independence Day with great enthusiasm. The school organized online programs wherein students of Kindergarten were dressed up as freedom fighters and national leaders and indulged in slogan recital activities, exhibiting their national spirit. Our sincere efforts were to make students realize the value of the sacrifice made by our freedom fighters and their duties as a responsible citizen.

FRIENDSHIP DAY

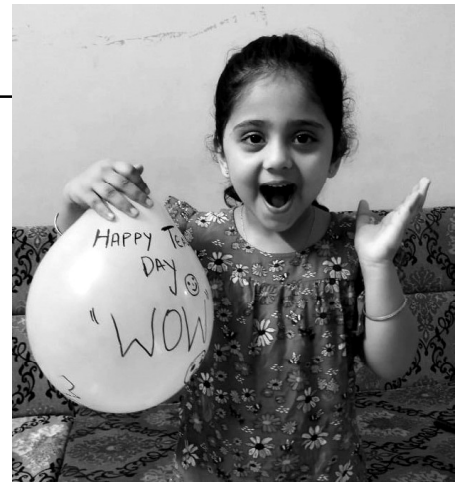


"Friendship is like a perenial river which flows forever. It may change its path but will never ever dry up." "Friendship Day is an opportunity to let our friends know that we value their presence in our life."

Friendship day is an occasion that calls for celebrating the presence of friends in our life. On 1st of August Friendship Day was celebrated all over the world. To mark this day the Kindergarten students celebrated friendship day during their online class.

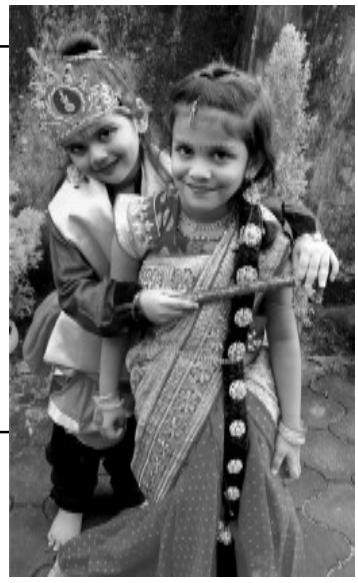
Students spoke about importance of friends in their life. They discussed the value of "sharing and caring". Children made Friendship Day Cards, special gift to thank friends for their wonderful presence in life. The day concluded with students hugging their friends virtually and presenting each other with a friendship day craft.

TEACHER'S DAY – GIFT OF EXPRESSION



Teachers' Day, is celebrated every year on September 5, which is dedicated to the bond of a teacher and a student. Students express their gratitude and appreciation for their teachers on this day. Teachers work their entire lives to educate their students and turn them into decent human beings and responsible citizens. Therefore, expressing gratitude and respect on this special day is the least

one can do. Instead of classic things such as flowers and greeting cards to wish them, the tiny tots came up with a unique way where each one of them gifted an expression to their teacher as a token of gratitude and love on the occasion of teacher's day. They all won the hearts of their teachers with their charming expressions.



KRISHNA JANMASHTAMI – LITTLE RADHE KRISHNA'S

Krishna's birthday, called Janmashtami or Gokulashtami. During this festival, the faithful engage in prayer, song, fasting, and feasting to honor Krishna's birth. This Janmashtami inspite of facing a pandemic situation our tiny Krishna's and Radha's dressed up like Radhe Krishna's and enjoyed the festivity to the fullest. They left everyone spellbound with their mesmerizing performance.

WORLD GRATITUDE DAY

World Gratitude Day is celebrated on 21st September to reflect on the amazing things we are blessed with and realize how incredibly fortunate we are. A little bit of gratitude can go a very long way. It is important for people to feel appreciated for everything that they do.



There are so many ways to be kind: you can simply give compliments, share things, help someone in need, pick up garbage, visit a friend, volunteer and donate something and so on. Feeling and expressing gratitude gives a great sense of contentment and joy even in the midst of challenging situations. It helps to reduce stress and frustration and makes a person strong and resilient.

'The art of saying Thank You' highlights the positive impact of expressing gratitude in real life scenarios. To express the thought of gratitude, the tiny tots of kindergarten celebrated the day by giving 'thank you' cards to their parents, grandparents, neighbours, community helpers, nature, homeless people, needy people, animals and so on. Children were thus able to relate to the other people's feelings and felt a sense of belonging. This ethical gesture was indeed a gratifying experience which filled the hearts of their loved ones with joy and contentment.

GANDHI JAYANTHI 2021

"The best way to find yourself is to lose yourself in the service of others"

Gandhi Jayanti commemorates the birth anniversary of Mohandas Karamchand Gandhi, the father

of our nation. In preparation for Gandhi Jayanthi, the school had conducted activities based on the life of Gandhiji.



All the students participated in various activities to mark this occasion. The tiny tots delivered short speeches highlighting the quotes of Mahatma Gandhi and conveyed his noble messages in the most effective and influential manner. Confident little commentators enlightened their peers with inspirational narration on the life of Mahatma Gandhi, principles taught by Gandhiji's 3 monkeys, through preparing models and drawings of charaka (spinning wheel) and also through cleaning their surroundings (Swachh Bharath).

DEEPAVALI 2021



Deepavali is the festival of lights which is celebrated in various regions across India. 'Deepavali' marks the celebration of togetherness, love & sharing.

On this joyous occasion, the kids of Don Bosco were given an opportunity to wish "Happy Deepavali" in any one of the regional or state languages wearing the traditional costumes of that particular state. The little munchkins showcased different ways of celebrating Deepavali that included preparing handmade paper lanterns, colouring Diyas and lighting them around the house, Rangoli making, decorating the house using mango leaves and flowers and sharing the happiness of festival by distributing sweets. All the students were dressed up in ethnic attire and participated enthusiastically in all the activities conducted.

GREEN DAY



Green is the prime colour of the world and that is from which its loveliness arises. Green Day was celebrated with great zeal and enthusiasm in kindergarten on 18-08-2021. Their study place at home was beautifully decorated in green theme and all the green objects from a child's immediate surroundings were brought to virtual classrooms.

The students were taught the identification and recognition of green fruits, vegetables, leaves, and trees. Many activities and games pertaining to green color were organized for the kids. The

classrooms were beautifully decorated with flash cards, balloons & green objects. A few students came dressed up as live models such as raw mango, grapes, capsicum and recited related rhymes.



RED DAY 2021

To celebrate the joy of colours we have a colour day every month and the colour of this month was Red. The 'Red Day' celebration was a wonderful learning activity which helped children to sort and classify objects based on colours there by reinforcing their cognitive skills. The tiny tots looked stunning in their red outfits. The shades of red made the kids feel bright, lively and cheerful. The day started off with the colour red everywhere. Facilitators discussed the significance and importance of the colour 'Red". The kids enhanced their communication skills as they confidently participated in the "Show and Tell" activity in their classes describing the Red object virtually from home.

It was a scintillating day with innocent faces gleaming and reflecting brightness, joy, love and happiness.

REMEDIES FOR AIR POLLUTION

Air pollution is becoming a serious problem for our planet. We can't completely prevent air pollution, but we can control air pollution by following some control methods.

1) Filters must be used in chimneys of industries.
2) Use non combustive energy sources such as solar energy, wind energy, aied energy.
3) Industries must be surrounded with trees, there trees will block the spreading of smoke after combustion of fuels from the industries.
4) Some of the vascular plants and non-vascular plants respond to air pollution. Using their plants can monitor highly dangerous air pollutants.
5) Most of all, we should educate people who are not are about the control of air pollution.
6) Have car emissions tested regularly.
7) Make sure exhaust fans are functioning in the bathrooms and kitchen.

Taking some simple precautions can help boost air quality in your home and improve the environment health.

-Ginnel C. Quadros, IX B



KINDERGARTEN SECTION (2019-20)

MY FAVOURITE CARTOON – CHOTA BHEEM

Joshua Shawn Martis, UKG 'A'

Chota Bheem is a small boy who lives in Dholakpur. All the children are his friends but Raju, Jaggu, Chutki, Kalia, Dholu and Bholu are his best friends. Bheem and his friends love to eat laddoos. When someone is in problem Bheem helps them. Bheem is very kind, brave and intelligent. His stories are very interesting. I like Chota Bheem very much and I want to be a good human being like him.

MY FAVOURITE CARTOON – PEPPA PIG

Flonica Owena Quadros, UKG 'A'

Peppa is a loveable, cheeky little piggy. She stays with her little brother George, mummy pig and daddy pig. She has many friends but Suzy sheep is her best friend. Peppa's favorite things include playing games, dressing up, days out and jumping in muddy puddles.

MY FAVOURITE CARTOON - DOREMON

Vrudhi Girish Shetty, U.K.G. 'A'

Doremon is a blue robot and he has a small pocket in his stomach. In that pocket he has many gadgets like anywhere door, small light, big light etc. Doremon has come to help Nobita to make his future bright. Their love and care is an example of pure friendship. Doremon also teaches us that we should work hard in life and always help others. That is why I like Doremon. I love to watch Doremon but never forget my studies.

AT THE BEACH

Pratham P. Rao, U.K.G. 'A'

One day I and my parents went to the beach. There my father taught me to make sand caves in which I hid my legs. My mother taught me to draw some art in sand. I enjoyed the sunset too. I played with ball, bat, ring and kite with my parents. I enjoyed a lot in the beach with my family.

THE GOOD MANNERS I LEARN IN SCHOOL

Suha Mariam, UKG 'A'

I learn many good things in my school such as good manners, good habits, discipline, patience, and respect towards our elders. Our teacher teaches us how we must behave in school, to help and to show gratitude to others. My school is the best school and my teachers are the best who teach us good things.

MY SCHOOL ASSEMBLY

Ciana Rhea Pereira, UKG 'A'

In our school we have school assembly before we begin our classes in the morning. All the students and teachers gather for the assembly in the assembly area. All the students stand in line for assembly. Our assembly begins with a prayer and a prayer song. We learn good habits, good manners and safety tips in our assembly. We get the chance to sing rhymes and stories. Our assembly ends with the national anthem.

MY FAVOURITE CARTOON - MASHA AND THE BEAR

Samskriti S. Bhandary, U.K.G. 'B'

My favourite cartoon is Masha and Misha. Masha is a cute little girl. She is noisy, annoying and also cheerful. On the other hand Misha is a bear. Although Misha is a wild animal, she loves and cares to Masha and other animals. Masha always tease and disturb



Misha, but Misha is always patient and loves Masha. Masha and Misha are two different characters, but they have strong friendship and sense of affection for each other. From this cartoon I learn about true friendship.

MY FAVOURITE CARTOON - SHIVA

Prince Vion D'souza, U.K.G. 'B'

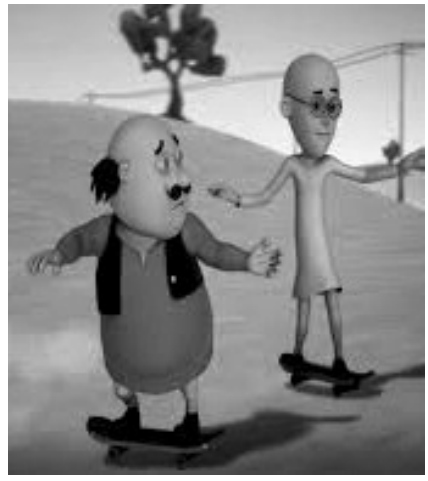
My favourite cartoon is Shiva. Shiva is a heroic boy with great strength and intelligence. Shiva is a nine years old kid. He has a super cycle which can fly. He saves the people from various troubles.

MY FAVOURITE CARTOON – TOM AND JERRY

Seona Quadros, U.K.G. 'B'

My favorite cartoon is Tom and Jerry. It is so interesting. I see this cartoon after I finish my homework. Tom always chases Jerry. It makes me laugh. It is my favorite cartoon which I see every day. I enjoy watching Tom and Jerry. I love Tom and Jerry very much.

MY FAVOURITE CARTOON – MOTU PATLU



Joshua D'Souza, U.K.G. 'B'

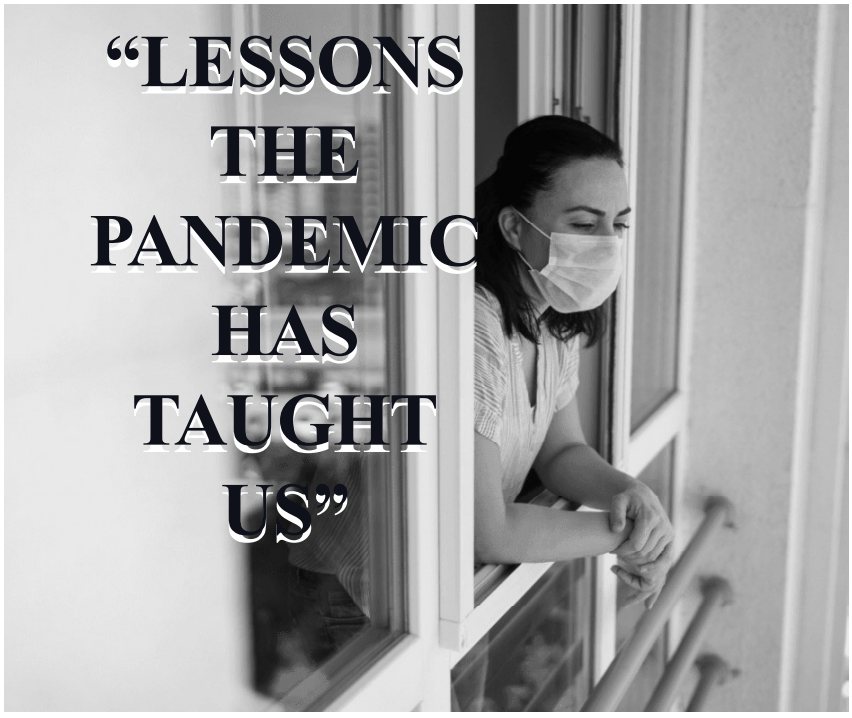
Motu and Patlu are best friends. Motu likes Samosa and always creates problems. Without samosas Motu cannot fight with others. His power is in samosas. Motu's main dialogue is "khali pet, meri dimag ki batthi nahi jalthi, Pathlu tum hi kuch socho". Patlu's main dialogue is "Hmmmm idea". Patlu is Motu's best friend. Patlu is thin and tall and always plays mind games. Patlu is a person who gives ideas to Motu and also other people. There are many other characters such as Dr. Jhatka, Ghasitaram, Inspector Chingum, Boxer Bhaiyya, Chaiwala etc. They all live in Furfuri Nagar. I love to watch Motu and Patlu.

MY FAVOURITE CARTOON – DORA THE EXPLORER

Mariel Nicole Lobo, U.K.G. 'B'

I like Dora the Explorer since my father brought a Dora balloon for me. When I press it, it will make a funny sound. Dora's best friend is "Boots" the monkey. She likes going for an adventure. When she doesn't know which way to go, she uses her map. When she is in need with something she will use her backpack. Her friends are Boots, Benny, Tico and Isa. Boots loves eating banana, Benny loves drinking apple juice, Tico loves eating blueberries and nuts, Isa loves eating cupcakes. There is a bad fox who always swipe the things that Dora and her friend have brought.

"LESSONS THE PANDEMIC HAS TAUGHT US"





Mrs. Irine Cardoza
Vice Principal

"Unity in Diversity"– a well-known proverb we have heard for centuries, the principle on which many nations have their constitutions standing. I would not mind applying this great principle as the title of the ongoing pandemic in our country and the world around. "Pandemic" has become a word present on the lips of everyone, young and old, its common parlance. We are well aware of the effects we have borne from this, losing of our loved ones to families finding themselves in a financial crisis. There is no denying that the pandemic has affected the economic spheres to affect individual welfare. Indeed, this has perhaps been one of the worst experiences that this generation has experienced.

Every experience brings home a lesson. It teaches us how to deal with a similar experience the next time it happens again. Pandemic is the worst-hit humanity has received, yet it has taught us crucial life lessons. Experiencing many hardships and difficulties through these two years, we still have valuable teachings this experience has given us to ponder. Let us look at some of the many lessons the pandemic has taught:

Personal Hygiene: we have come across the following saying 'Health is Wealth.' I would say that the true meaning of this phrase was evident to us during the times of the pandemic. Our prime wealth was/is our health. The virus attacked not our money/possessions; instead, it hit on that weak point that neither you nor I could keep our health secure. Making ourselves immune was our priority. The pandemic taught us how important it is to maintain good health, eat healthy food, and keep fit and fine. Let us continue to prioritise our health and keep ourselves fit and alert as we continue to battle the era of the coronavirus. Sanitiser became the lifesaving solution for us. We might have never washed our hands that which we might have washed in these two years. The value of a simple piece of cloth in the form of a mask was our constant companion. We hold it dear to us and have easy access to it to date.

Family Time: The pandemic halted mobility in general at the world level. Everything at some point in time came to a standstill. We have been confined within four walls of the one place we call home. We experience a kind of pause for the first time as we interact with our near and dear ones in our homes. Time is money, they say, and

time spent with family will never come back to us. This predicament was an opportunity for us to understand more about our family members. It was time to share our meals, share our ideas to make family time an excellent time, and share our energies to make something new; it was time to renew and rejuvenate our family lives. We have learnt to prioritize our families to give our near and dear ones.

Being Creative: Suddenly, we found ourselves confined to our homes. We had to think of something new for the coming days at a moment's notice. An ample amount of time was at hand and a creative mind in our bodies. It is no surprise that we have seen much creativity that has taken birth in these two years of the pandemic. Apart from the saddening news of the effects of the virus, people have found that they could cook, make their gardens look presentable, paint and express themselves well through art and in many other ways. Much pressure needs to be put on a diamond. Otherwise, it remains a lump of dark black coal. Pandemic became the high pressure for each of us, bringing out the diamond within us. Let us continue to kindle the fire of creativity present in each one of us and keep it burning whether the conditions of the pandemic are present or not.

Accountability: Didn't our teachers and well-wishers tell us '***Every drop makes an ocean?*** Well, the pandemic has made it accurate. When we were able to close an eye and spend a little extra on things, that was when both our eyes needed to be wide open and focused on our resources. The focus here is in the area of finance for each one of us. Money for many became the vital talk in the family. Some found themselves broke; others found themselves with a limited amount in their hands and an extended lockdown with empty hands. Families invested time in making a survival plan with limited resources for long days. Money became the prime problem for many of us, with lost jobs and halted salaries. Many of us learnt the value of money and spent it very carefully. The reality was cruel for some, and it made us re-think and rework our plans for the coming days. We learnt how a small saving makes some money and how substantial even a tiny amount in hand is? Vegetables, fruits, snacks, and chocolates were sitting in shops we would visit with high price tags. Pandemic taught us the value of money. It made us count money and recount them with caution.

Conclusion: As we have seen above, the Pandemic was not all bad news. We could view it as a blessing in disguise; this is a harsh statement to make considering the amount of emotional and financial damage it has wreaked. Nevertheless, from a survivor's point of view, the Pandemic has forced us to adapt to survive. 'Normal' life as we know it is history; we are in the 'new normal' and are forced to adopt new ways of dealing with our situation.

You are probably familiar with the famous incident of a professor asking his class to describe a half-filled glass of water. Some said that the glass was half full, while others said the glass was half empty. Little did the students realize that their responses reflected their attitude to life. The professor pointed out that optimists see the world with hope and hence describe the glass as half full, while pessimists focus on the negativity in the world and hence describe the glass as half empty. The exciting thing is that optimism and pessimism are choices in our control. We can choose to view the Pandemic as an opportunity or as a curse. Our attitude will largely influence our experiences. So you might want to think a little more deeply before you answer the next person who asks you about life in the new normal.

GOOD MANNERS



A person's behavior says a lot about him or her. One must cultivate the usage of 4 magic words, like 'Please, Sorry, Thank you and Excuse Me'. We must always pray to God for good health and prosperity. We must say 'Good Morning' when we wake up in the morning. We must greet 'Hello' whenever we meet someone. We should talk softly and politely. Whenever we want something from others, we should say 'Please'. If we have done something wrong or hurt someone, we should say 'I am Sorry'. When someone does a favor, we should always say 'Thank you'. When someone says 'Thank you' we should say 'You are welcome'. We should always greet our teachers and others with a smile. We should always share our things with our friends and family members. We should be always kind to animals and should not hurt them. We should not interrupt when someone is talking, instead wait for our turn or say 'Excuse Me'. We should always knock the door or say 'May I come in' before we enter. We should treat our grandparents with lot of love and care. If we find someone in difficulty, we should offer our help. We should keep our house and surrounding clean. Everyone likes good mannered child, so we must cultivate good manners in our everyday life.

- **Ethan Vion D'souza,** UKG 'B'

A DAY OUT WITH MY FAMILY

Aishal Castelino, U.K.G. 'B'



I had gone to Malpe beach with my father, mother and sister. Malpe Beach is in Udupi. It is very biggest and beautiful beach in the city. I started to play in the sea water running, dancing and swimming. I saw horse riding, camel riding, colorful kite show, parachute, boating, fishing, musical games and fun games. I enjoyed a lot when I saw sunset in the evening. It was a great day spent with my family.



A NATIONAL FLAG

Every country adopts certain symbols which highlight its culture and tradition. These symbols are powerful sources for national integration.Flag signifies freedom, patriotism, unity and loyalty. Its colours reflect the ideals and aspirations of the country.

India's National Flag is horizontal, tricolour in equal proportion. Deep saffron or Kesari at the top, white in the middle the green at the bottom. In the centre of white band there is a navy blue wheel. The wheel has 24 spokes. It is called the wheel of Ashoka. The wheel signifies our determinatation to move forward in the path of progress.

Our National Flag is rectangular in shape. Its length and breadth are in the proportion of 2:3. The material used for this is cotton or silk. The saffron colour stands for the sacrifice, white for peace and purity in our thoughts and the green colour stands for abundance and prosperity.

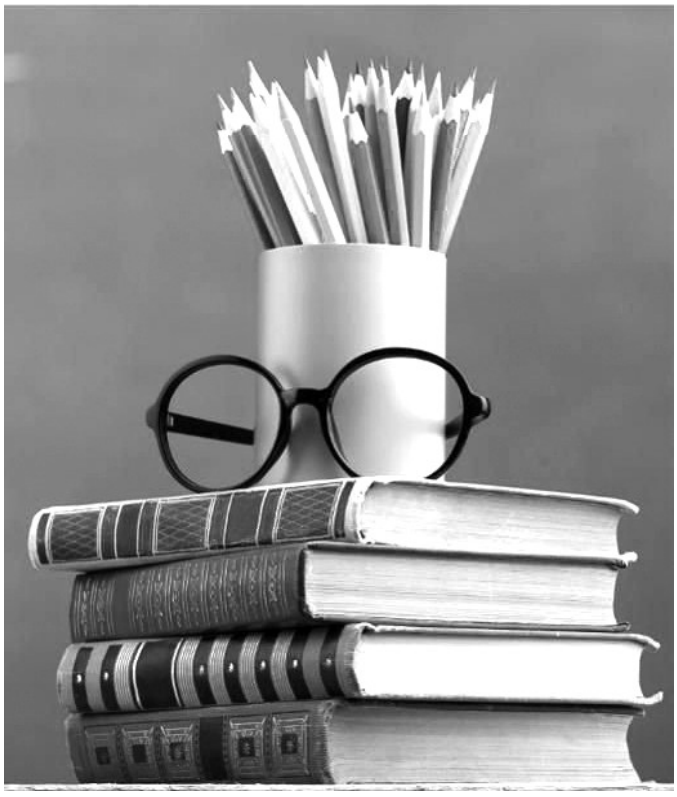
When the national flag is hoisted national pride overflows in the heart of every citizen. It is the responsibility of every citizen to protect the dignity of the flag even at the cost of his own life

- REON MENDONCA, IV A

A TO Z; RULES FOR A HAPPY LIFE

A: Always trust in god.
B: Be prepared for whatever work you undertake.
C: Can achieve everything be your motto.
D: Don't blame others for your mistakes.
E: Enjoy life, the way it is.
F: Friendship is to be treasured.
G: Guard against your enemies.
H: Hope for the best.
I: Irresponsibility is the first step to failure.
J: Jealousy will harm only you.
K: Kindness towards everyone, including animals.
L: Learn to love and forgive.
M: Make new friends but don't forget the old.
N: Never give up your goal
O: Oppose the wrong.
P: Patience is a good virtue.
Q: Quite your mind when it is angry.
R: Remember God in unhappiness and sorrow.
S: Save some money for the future.
T: Truthfulness is dear to god .
U: Understand who you are.
V: View everything in life with a positive state of mind
W: Willingly help others in mind.
X: Xerox your good attitudes and erase your bad ones.
Y: You are the master of your destiny.
Z: Zeal for what you do.

- Sharlene Gia D'souza 8 th



THE SILENT SEA

The sea has suffered
The monsters currents grow
The clouds reign merrily
Hunting the waters below
The sun drinks away
The playful waters vanish
Filling the sun's belly
The sea calms its famish.
The deep sea tries
Tries in vain
To hold its treasures
From the world at bay
The sea is unaware
Of its wealthy might
But chooses to drown
In its own cries

- Meshal, X A

IMPORTANCE OF EDUCATION

Education is man's best friend. It is a tool which helps to simplify a lot of tough tasks in our life. An educated person is respected everywhere. Today education is required in all fields of life. It is important to be well educated if one aims to become a doctor, engineer, lawyer, soildier, and teacher or hold any such respectful position. Good education is the foundation of a better future. It helps to develop overall personality of a person. It helps to improve status of mind, body and spirit. Education helps us to take right decisions. It is the key to success in personal and professional life. It makes us smart enough to learn how to live a happy life and handle tough situations. Nowadays getting good education has become easier because of the internet. We can gain lot of knowledge through the articles and videos posted on the net. Education helps us to stay healthy, earn money, increase agricultural production, promote peace, develop our nation and in many other ways. I would like to mention the great political leader Mr. Nelson Mandela's thought on education. He says "Education is the most powerful weapon which you can use to change the world". We can certainly use education as a weapon to reduce the issues of inequality, gender, discrimination based on the colour and many such issues.



- **Andrea Angel Alva**
4th A

THE ROLE MODEL OF MY LIFE



Everyone has their role model but in my case my role model is my mother. She is also my first teacher. My mother's name is Mrs Preethi Prasad. She is a teacher. She always cares for me. She is the most important and best person in my life. She takes all the responsibilities. She always completes work in time. She is not only my role model, but also my inspiration too.

My mother is the one who taught me many things and helped me out in many situations. The important thing which she said was think positive and be confident. When I feel frustrated, she gives me the power to manage. She always shows me light to go ahead. She stands with me in my every work. My mother gave many more things for me. My mother is the lanten in the light house. She faced a lot of difficulties to make me what I am but she never gave up. Still she is trying hard to make my future better. She wanted me to become a scientist and also a good citizen in the society. She is trying hard for it. So I want to fulfill her dream and make her feel proud.

My mother is my life she gave me a lot of good memories. She scolds me sometime but I know it is for my better future. She always clears my doubt. She is the power, she is the magic, she can solve all the problems herself. I am very thankful for her. I love my mother so much. I can't live without her. "A world without her seem like a world without air". I want to be with her forever. She is the best example of a living legend. She is the living God for me. I respect her a lot. That is why she my role model.



- Yashas, IV B

A SMILE

A smile is a bit a funny thing
It wrinkles up you face

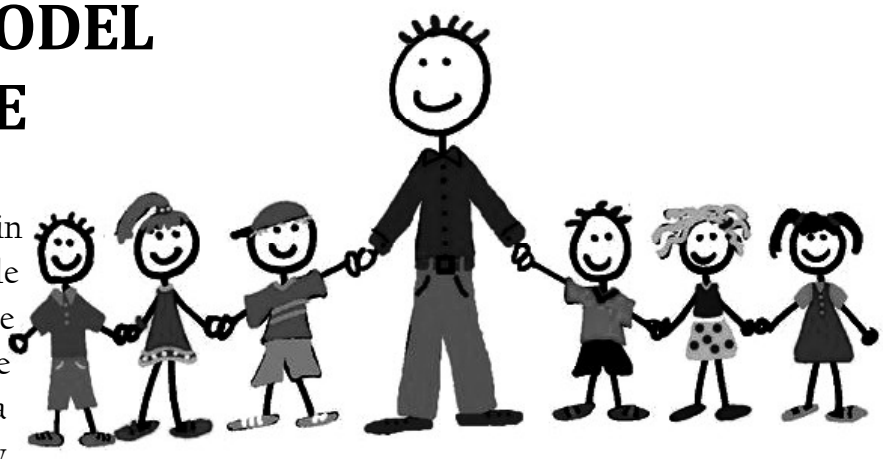
And when its gone
you'll never find
it secret hiding place

But far more wonderful it is
to see what smiles can do

You smile at one
he smiles at you
and so one smile
makes two

- Hazel Quadras, 6 A

THE ROLE MODEL OF MY LIFE



Many of us have role models in our life and to most people role models are athletics and movie stars, but to me role models are much more. To me a role model is a person who has positively influenced someone in life, not a person filled with selfishness and greed. They help us to shape our personality and characteristics. They are people who can look up for advice in hard situation, and knows that they will never judge you from your past actions; instead they will help us because they really care. A role model is a person whom one should never feel awkard talking about your problems. The perfect role model for me is my teachers.

She's a wonderful human being. She is intelligent, wise, ambitious, patient and such a loving person. There are no words to describe my gratitude towards her. Through this write up. I would like to describe some of her characteristics that's because she is my role model.

To being with, I would like to describe my teacher's ambition. When she enters the class she has a positive attitude and always has a smile on her face. She is searching ways to improve her personality and live a happier life. Ambition allows her to grow and to be a person full of kindness and knowledge. That's why she is my role model. My teachers are very hard working and never gives up.

My teachers are always there for me. Now, I like my teachers who think positively and creative person who believes in life. I can always ask my teacher for her advice because she has wisdom and experience.

"Teachers you are the real pillars of our life"

-Andrea Angle Alva, IV A

ENVIRONMENT

The environment with its treasures
Also so countless to measure
Fish and whales in the deep blue water
Life in the sea, so alive

Grasslands and forests with animal life
Cold freezing mountain peaks
And hot, tiring deserts
Life among the trees and sands, so alive

Sky so blue with air so clean
Only sun, moon and stars to see
Eagles and vultures take their turn
Life in the sky, so alive

-Shaima, III A

SELF DISCIPLINE AND ITS IMPORTANCE



-**Neil,** IX B

A wise man once said, "Self discipline is the bridge between goals and accomplishments".

Self discipline is the ability to control ones emotions, impulses, desires and behavior. Self discipline is the very important virtue of someone's life. No personal success, goal or achievement can be realized without self – discipline. To be a great inspiring leader self – discipline is very much essential.

To possess self discipline one has to be able to make decision, take action, execute your game-plan, regardless of the obstacles on discomforts or difficulties that may come in your path. Certainly being disciplined doesn't mean living a limiting or a restricted lifestyle. Nor it doesn't mean giving up all you enjoy or to relinquish like fun and relaxation. Also, it doesn't mean learning to focus your mind and energy only towards your goals.



Many people understand and acknowledge the importance of self-discipline but are not ready to make efforts to achieve it. Some try and give up early too. Self discipline is very important in an individual's life. It would not be wrong to say it promoters good habits in an individual. People who lead a disciplined life make sure that they sleep on time each day and have adequate sleep. They understand the importance of exercise and indulge in the same regularly. They have complete self control and do not give into temptations. They can very well control their urge for consumption of junk food. Thus, they lead a healthy and happy life. But an in-disciplined person is just the opposite, they are solving to do some exercise or they can't avoid urge to consume junk food. And thus end up on living a lazy and a foolish life.

Dr T.P. Chia once said, "self-disciplined people are more successful, more healthy and happier in their life". In my conclusion, I believe that inculcating self-discipline can help a student achieve greater heights in academics and extra-curriculars and maintaining a healthy life also helps increasing family bonding and accomplishing goals on busy walks of life.

MY HIGH SCHOOL LIFE IN DBEMS

As I entered the high school corridor of our school on the day of our reopening, I was excited to start a new life in the high school section with completely unfamiliar teachers and a new building but good friends with whom I had spent my 7 years of life, creating unfolded memories.

I was disappointed the first day but I started to cope up. I was well settled and adjusted to the class. I thought I would never be happy but now leaving the school with, cherished memories. Memories, which I can, never forget. I got Mrs. Priya Noronha as a class teacher for 3 years and she was one of the best class teachers. I not only enjoyed my high school life but I even learnt lessons for life.

We were reshuffled every year, due to which I got many class mates. We all enjoyed a lot being together. Fighting, playing, arguing, helping and getting untied to fight for games periods. There are many memories which I share with my friends.

I feel I had got one of the best teachers who not only taught us regarding the lessons but values for our life. Values that I have learnt will always be a pro in me. I feel very grateful to my Maths teachers for making Maths my favorite subject. I am very ever grateful to my science teachers for making science colorful. Languages were the best and teachers made us understand everything. And social was my favorite and I thank my teacher. These classes were not only classes but classes filled with enjoyment. Sometime seriousness and sometime knowledge enhancing. As I am leaving this school I will never forget the golden memories which I will take from here. My classmates and I just cannot believe that. We all will get separated. We won't be together anymore. I will miss our Principal and beloved teachers and my lovely class mates.

"The days that memories I have spent here
The teachers that I have met here
The time that I have spent here
The friends that I have met here
The values that I have learnt here
The moments that I have enjoyed here
Will always be a memory
No matter where ever I will be"

-Ginnel Quadros, X A

MY SCHOOL

I really like my school, that is where I spend, most of the day. Countless activities I get to do, for arts and craft I use glue, during math class. I learn to add subtract ten time ten equals one hundred that's an absolute fact. One of my favourite class is fun and called gym. I can nearly touch. I also enjoy learning difficult words to spell. My ears are programmed, for that school bell. I really like my school and just want to say, I am always excited for the very next day.

-Keerthi D. Gowda, II B (21-22)



INDIA AS A NUCLEAR POWER

- **Glarin Mefilda Lobo,** IX B

India has made great advancement as a nuclear power. Indian nuclear scientists can compete with the best experts and technicians in the Western world. But the government of India is dedicated to the use of atomic energy for peaceful purpose. India has no intention to make an atomic bomb for the destruction of mankind.

There are a few countries in the world which have been known for nuclear energy. There is a club called "Nuclear club". USA, Russia, United Kingdom, France and China are considered members of the nuclear club. India joined this nuclear club on May 18th, 1974 when Indian scientists made their first explosion in the Rajasthan Desert near Pokharan. It was an underground explosion. It causes no radioactive fallout because it took place inside the earth with fifteen kilo tons magnitude.

On May 11 and 13, 1998 India successfully made her second nuclear explosion in Pokharan with far higher intensity than first one. It takes the whole world by surprise and immediately Pakistan also followed a suit by exploding a nuclear explosion to equal the military might of India. The US put certain limits on the sanctions of usual aids to this country. India bore this successfully under the leadership of Prime Minister Atal Bihari Vajapaye.

It has always been the policy of Indian to live and let live, but she cannot compromise when it comes to dignity, honor and integrity. India is a peace loving country and thus is against any development that can harm humankind and cause destruction in any circumstances.

THE FOUNDATION STONE

Mrs Irine Rodrigues



"I wasn't born just to teach, I was born to inspire others, to change people and to never give up, even when faced with challenges that seem impossible."

The above quote inspires the fragile figure of Mrs Irine Rodrigues, the Headmistress of a seedling called Don Bosco English Medium primary School in the year 1983, today grown into a huge tree spreading its branches with fragrance of knowledge, love and care across the globe.

Mrs Irine Rodrigues was born on 13th November 1959 to Late Jacob Rodrigues and Cecilia Rodrigues of Shirva. She had her early education at Don Bosco Higher Primary School Shirva. High school and Pre-university education at St. Mary's campus. Her humble and simple nature enabled the founder Late Rev. Fr Aloysious Rosario to entrust the herculean task of leading the school. The voyage wasn't a smooth one, it had turbulences. On 10th January 1983, the K.G. class was started with a band of 43 kids. The official formality of the government enabled her to start the 1st standard in 1985. She was promoted as Headmistress of Primary section on 1st June 1986. She has served as Headmistress with full dedication and love for a long tenure of 30 years from 1986 to 2016. From 2016 to 10th April 2020 she served as the co-ordinator of Primary section. She has rendered a long tenure of 38 years in Don Bosco English Medium School, Shirva.

Mrs Irine Rodrigues is that strong, devoted foundation stone of this institute which is spreading its aroma in and around Shirva. She has toiled day and night to see the school reach its pinnacle. Many a times she had to bear the burns and disappointments from her superiors, yet she bore it and held on to her duty like a mother who holds her babe to comfort. Her motto has been like The Charge of the Light Brigade, "You have not to ask, why? But to do and die." She didn't lose faith and courage when dark clouds encircled her in facing the recognition issue. She knocked every door to reach the shore of success. In her dedication towards her duty, all her other personal priorities remained in the background, only her foremost preference was the school.

Going back to letters written by the Late Rev Fr. Rosario, where he always wrote, "Irine, Don Bosco English Medium School, is the last babe of my spiritual career. I've handed it to you, it's

up to you to, take care and nurture it." Today Fr. Rosario from his eternal abode, nor anyone of us here can doubt about it, for this babe has grown into a full-fledged adult, with a senior Secondary, well-qualified staff and talented students. Irine, with her sweat, blood and selfless dedication has nurtured the school in the right direction.

In spite of her status and seniority as head of the institute, nature wise she stands on the lowest rung of the ladder with her humility and simplicity. Her dealings be it with a parent, student or colleagues has always been a mild and humble one. We have never seen her harsh or rude to anyone. In moments of stress, anxiety, tensions she never lost her temper, instead she gave comfort and hope to overcome the strife. She was always ready to give a sympathetic hearing to the problems of parents and their children. In moments of crisis she has never opted to a hasty decision, but always consulted to reach a positive solution. Her always smiling and serene nature has helped to face many storms and turmoil. Her thorny path from 1983 till her retirement was full of happy and sad moments. She has received the Prestigious Award of the Best Teacher for the year 2014-15 by the Department of Public Education, Government of Karnataka in association with Udupi district Panchayat. It is really praise worthy for all the labour and dedication towards the institution. Her pledge to Late Rev. Fr. Aloysius Rosario, has fulfilled by nurturing and pruning the young sapling into a fully-fledged tree spreading its branches all across the globe.

She has an eye for noticing the talent early and nurturing it to full bloom. Be it a teacher's innovative teaching methods or students fresh thought, she always has a word of appreciation after careful consideration. Through her deeds she has taught us about God's love. Being disciplined herself, she has instilled the virtue of discipline in both her staff and students. Her simple and humble nature taught us several vital lessons of life. Her greatest and tough to follow quality by others is humility, which she has accepted with silence and a smile from many who tried to show their superiority. She never boasted or demanded honour for her position as the Headmistress. Even after April 2020, she has endured the risk of coming to the school during the crucial period of Pandemic and Lockdown all the way from Udyavar. This shows her dedication and love towards the school which she watered and nurtured from a sapling.

Ma'am, physically you are short and weak, but through your works and humble deeds you, stand aloft like a mountain. Your greatness lies in your simplicity, humility and generosity. Our status and respect today, we owe to your selfless tiring labour.

We are extremely grateful to you dear Ma'am for encouraging and motivating us in all our endeavours. Your appreciation and moral support has helped us to achieve our goals and to receive some professional recognition. Your contribution to our self-growth will forever be cherished and gratefully acknowledged. We thank our creator for your presence in our lives. Thank you for the motivation, knowledge and insight that you have given to all of us. We ask God Almighty and His mother to protect you and grant you good health. We the Don Bosco Family, fervently pray to God to bless you with good health, strength and cheer throughout your life.

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FAREWELL TO MRS VERONICA DIAS

"You were a great co-worker and even better friend"

Mrs Veronica Dias rendered a dedicated service to Don Bosco English Medium School from the year 1990-2020. Mrs Veronica Dias who hails from Pamboor was born on 4/5/1964, completed her schooling at Karkala and completed her B.Com at Bhuvanendra College Karkala. She joined Don Bosco English Medium School in the year 1990 as a Second Division Clerk.

Mrs Dias was accurate in school accounts, sharp in memory. She was a reliable source of information to all parents, students and the school faculty with regard to all school matters. She was an excellent listener to the students who came up with problems and had ability to solve the problem and keep the school united. During her service she has silently lent her helping hand to many students who have faced financial difficulties. Jovial in personality she has been an example for her thoughtfulness and kindness towards her collegues. The school will always miss her expertise in future. After successfully completing 30 years of service she took voluntary retirement in the month of June 2020. As she retires the school wishes her many years of good health, success and happiness.

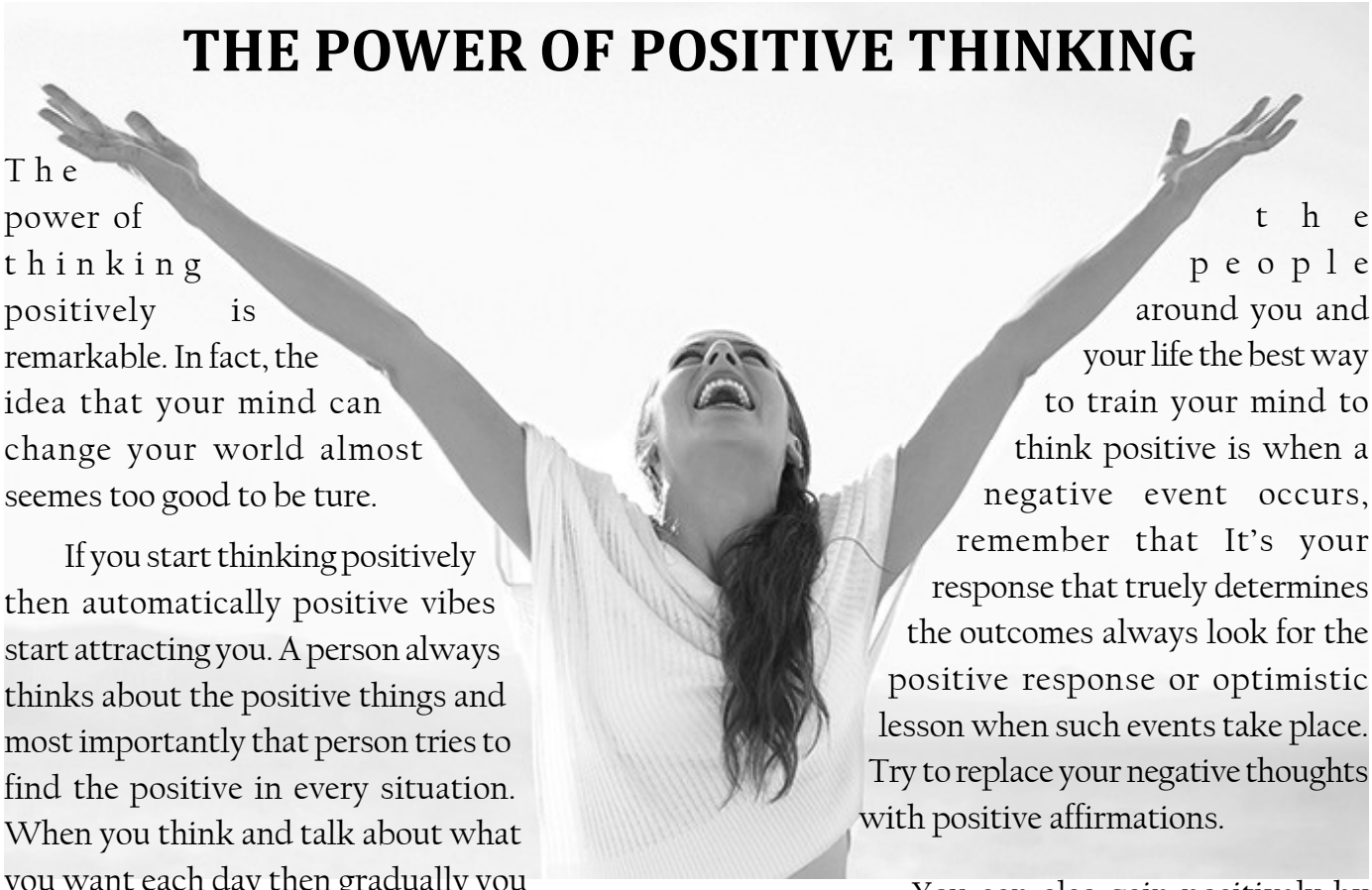
FAREWELL TO MRS JOSEPHINE REBELLO

"No one can really say goodbye to a teacher, for they forever stay in thelittle homes called hearts of their students....."Yes, she is a teacher who silently enjoyed the tears of happiness when she saw her students succeed.Mrs Josephine Rebello was one among the teachers who laid a strong foundation to this mammoth institute Don Bosco.

Teaching is not just a job, it is a science, an art and a craft, it demands emotional labour. Mrs Josephine developed this emotional rapport with her students. She was always a good listener. She taught the art of music to the little ones with her melodious singing. She is a person who lways helped little kids to get knowledge and always stood besides the students when they had problems. Her selfless service of 34 years to this institution will always be acknowledged.Dear teacher, months, targets, performances, appraisal will come and go but memories of working with students and colleagues of Don Bosco will always stay in our hearts forever. The school would like to thank you for all you have done and the care you have taken in the learning journey of the students. We wish you very best for your post retirement journey.

We pray that the Lord Almighty, Our Lady of Health and our Patron Don Bosco, bless you and keep you protected under their glory with good health, peace of mind in the years to come.

THE POWER OF POSITIVE THINKING



The power of thinking positively is remarkable. In fact, the idea that your mind can change your world almost seemes too good to be ture.

If you start thinking positively then automatically positive vibes start attracting you. A person always thinks about the positive things and most importantly that person tries to find the positive in every situation. When you think and talk about what you want each day then gradually you start attracting that.

Every day I learn about gratitude. Gratitude is when you are thankful for each and everything in your life. If you are looking for something good or beneficial in a person or situation, you will always find it rather than getting upset and blaming someone else for what has happened. Resolve today to learn how to develop positive thinking and a positive attitude towards yourself, the people around you and your life the best way to train your mind to think positive is when a negative event occurs, remember that It's your response that truely determines the outcomes always look for the positive response or optimistic lesson when such events take place. Try to replace your negative thoughts with positive affirmations.

You can also gain positively by having positive people around you and by reading positive/ motivational quotes or books!! All our dreams can come true. If we have the courage to persue them. To conclude, Be positive and count your blessing.



-Leya Monteiro, X B

ARTICLES

My mother is an English teacher. I am a student. When I get home from school, I watch programs on TV. That's the best part of my day. I am a child, so I think they are funny. I am a little excited because today is Friday. There are a lot of good shows on TV today. Also I am excited today because my mother is preparing special eatable for dinner. Later, after eating dinner and doing my homework, I go to my room and read a book for 30 minutes. Then I turn off the light and go to bed.

Saarth Shetty, 2 A

POWER OF POSITIVE THINKING

Positive thinking leads a man to success. One who thinks positive can achieve the success. He will put his best to achieve and will not be fettered by the problems in the path of success and one day he will win self confidence, determination, perseverance and hard work are the key factors of success.

Every small or big, easy or complex problem has a solution. There is a way out of every there is an answer to every enigma. The only requirements are the confidence, hardwork and determination get the answer.

Where there is a will there is a way. If you find any problem a typical one, don't lose heart, go ahead and devote yourself fully, analyze each aspect and get the problem solved. For a confident person the word 'impossible' is no where in his dictionary. A determined and dedicated person finds way in all complexities undaunted by the initial problems and failure he keeps on finding solution to every teaser and one day he achieves his cherished goal!

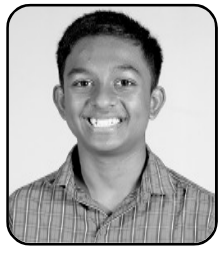
Life is a battle. One has to fight it fearlessly. Fight with confidence, positive attitude, right aptitude with determined and concentrated efforts, leads to the surest path of success. Fortune is said to favor the brave. God also helps those who help themselves. A coward, a pessimist dare not even to fight in the race, it is an optimist and determined soul, who dares to fight, has the chance of success.

A winner never quits and a quitter never wins shows that one who constantly tries to achieve something, one who endeavors hard incessantaly se to achieve something, he is the winner, later or sooner, but a quitter could never be a winner. When Vallabhai Patel told. 'swaraj' is my birth right' so many people found it mere a slogar but the innocent struggle put by all the freedom fighters supported the claim of Patel and we could win the freedom. Organising the efforts properly, in right direction, striking at the opportune time, are essential for achieving a target. Optism, determination, undaunted power makes every impossible task possible.

Confidence is the most important key to success. It boosts the morale and create determination to obtain a goal. The loss of confidence and positive thinking makes a man pessimist, coward or a dead man.

Positive thinking and constructive thoughts which aim for the betterment of mankind are met with success. It should not be riddled with self, evil thoughts never bear good results.

Your biggest asset is your enthusiam that enriches with your positive thinking. Never lose hope, keep cheeful. The best positive efforts with your total involvment have confidence in you and you are the winner.



Through positive thinking you can overcome the mountain. One who always thinks positively even in adverse circumstance wins. Positive thinking always pay. Life belongs to the ambitions.

-**Joswin Aranha,** VIII B

MY MOTHER



"I love my mother as trees loves water and sunshine. She helps me grow, prosper and reach great heights"- Jerry Gvillements.

My mother is my favourite personality in this whole world. She is the wisest person. Rudyard kepling has righty said that "God couldn't be everywhere and therefore he made mothers". My mother has always sacrificed her own needs to fulfill my needs. Whenever, I felt down and gloomy, my mother raised my spirit up and made me happy. Her lap is the most comfortable place to have sound sleep. The lap of my mother is paradise for me. My mother taught me to help others and to respect elders. She is an inspiration for me to do goods deeds. She is very kind, polite, humble and loving in nature. She made me who I am today. She taught me how to be selfless and humble. The way she manages her personal and professional life always amazed me.

"All that I am, or hope to be, I owe to my anride by mother"-Abraham Lincoln. Every positives in me is because of my mother. Today, I have a strong personality because a strong mother has raised me. She is the most courageous woman I know. She taught me that fear is not an option and I must face my fears. She is my best friend, my teacher and my biggest support. Her prayers have always followed me. I know I have my mother by side, I can face any difficulty. She taught me how to walk, speak, eat and take care of myself. In short, every step that I have taken in my life is because of my mother.

- Vinson Ferrao, IX B

MY MOTHER

My Mother takes care of me and my family. My mother prepares breakfast for my family. She is my best friend. She helps me to do homework. She is the most important person in my life. My mother cooks delicious food for our family. My mother is in my heart. My mother is the perfect mother for me. She Works hard for our family. She loves me very much. My mother lives at home. I love my mother very much.

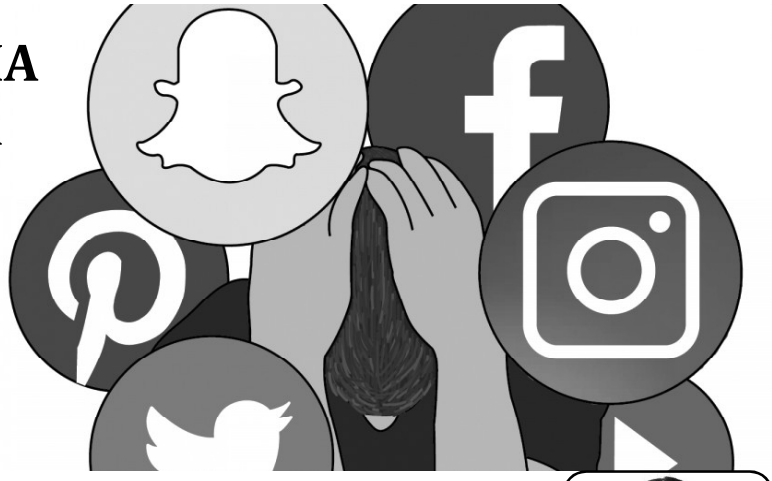
- Amrutha R. Acharya, 3rd B

MY MOTHER

My mother is the most loving person in my life. She takes care of me. She guides me in every step of my life. My mother helps me to pray and she also cooks tasty food for me. My mother teaches me in my studies and also teaches me some household work. She loves me a lot and I too love her.

- Riyon Winston Dsouza, 1st B

IMPACT OF SOCIAL MEDIA ON HUMAN BEHAVIOUR AND SOCIETY





- **Reema Anjali Kairanna,** X B

Around the world, billions of us use social media every day and that number just keeps growing. Infact, 3.96 billion people are using social media in 2022 and it is also said that every 6.4 seconds a new account has been created. People spend most of their time in social media and they find no time to spend with their family. And it is said that people spend around 142 minutes on social media every single day. Some people are being trolled or cyberbullied which it can fuel feelings of anxiety, dipression, isolation etc. Before mobile phones were mostly used to talk and for sending messages only. But now mobile phones are increasingly being used to access social networking sites and update their messages, especially on facebook, instagram and twitter. Before school going children were more into outdoor activities but now children prefer staying back at home to access social networks. Due to which their interest in outdoor activities in slowly diminishing. But good thing about social media is that social media can add creativity to our thinking as people can share their views and work with others and which has helped people find a better way to connect and communicate with one another. The media controls the society and is capable of changing human behavior.

THE PAIN



Writing helps me to feel the pain
Again and again
Yeah! The pain,
That I can't explain
The thing I want, I will never be able to gain
But with my fortune, I have no complain
I have learnt to feel the peace that pain obtain
Yeah! I have learned to feel, the happiness that sorrow contain

- **Liba Mishal, X A**

OPTIMSM:
A KEY TO SUCCESS



The more optimistic you are, the more creative you can be. With optimistic attitude one can generate new ideas and create possibiities to move forward faster than at normal times. Infact, a determinated effort to cultivate optism can improve the quality of life, ensure happiness and success. A person without optimism either becomes a routine thinker and in the end no thinker at all.

One magic word in our vocabulary is 'HOW'. Asking how is forcing us with a clear vision. Asking how is like stepping on the accelerator of the mind and realising the brakes. More we use the word how, the more we can turn our visions of reality. Most of us don't think of a long future, it is always tomorrow or day after.

Once we think how we can make our future perfect, we become more optimistic and positive about the present. We become more motivated and committed. To make things happen, there should be an urge of completion. We have to decide exactly what we want to do and then act as if it were impossible to fail.

-Zainab Patel, IX B

MY ELDER SISTER



My elder sister is only the person in the world I love more than ayone. The only person who inspires me with all her actions. The only person who truly knows me better than anyone in the world. The person who corrects my mistakes and we are more like a friend. My sister went abroad for further studies 5 months ago. It wasn't easy for me to see her going. But it was her time to achieve success in her life. So she had to go far away. It was time to leave for her but she never cried infront of me. So she didn't cry till the end. That is the reason I call her world's perfect sister. She is always there in my needs. She is someone who will hold me when I fall; a shoulder to cry on; someone to laugh with; most importantnly, a sister is always a friend.

- Reema Anjali Kairanna, X B



DREAM
'A WORLD WITH GENDER EQUALITY'

-**Preemal Keerthi Noronha**, X A

"This is not a men vs women issue. It's about people vs prejudice". - Laura Bates.

A few months back, when we, - a few girls of high school section who travel by the same school bus told our bus assistant/ caretaker that we too wanted to sit on the last seat of our school bus. She looked at us and said "Girls don't sit on the last seat, it's a place for boys to sit. And besides it doesn't look good that the girls are sitting at the back". We were so dumbfounded; we didn't know what to say. There are many women who think this way, but honestly we cannot blame them because they are also a victim of internalized misogyny and probably were forced by their elders to follow some unreasonable rules set for them by our Patriarchal society.

"Girls don't sit like that", "Behave like a girl", or "What are you wearing?" "Isn't her skirt too short? What will people say" are the common things girls get to hear mostly on a daily basis, whereas boys don't have do deal with these things most of the time. Society tends to set limits for a girl's potential and what she can acheive but the same is not applied to the boys.

Women are subjected to sexual, mental and emotional abuse. Across the globe, more than 730 million women have admitted to have experienced some form of gender based violence at some point in their life. Nearly 31,000 complaints of crimes committed against so men were received by the National Commissoin for Women (NCW) last year. And yet we continue to monitor the lives of girls rather than working towards making the world a better place by teaching and actually practicing gender equality from a very young age.

Statements like "Our daughter is not lesser than any guy" or "You're not my daughter but you are my son" do not emphasis' gender equality but reinforce sexism. We think that only boys can take care of their family and the girls cannot take care of their parents. This mentality has led to female infanticide or gender selective abortion in many parts of our country as well as the world.

Even in schools, a girl's appearance is closely monitored whereas it must be the boys who should be taught to be respectful to every person. Sexism is so widespread in India that it affects most aspects of the lives of girls and young women. Sexual harassment is common place,

girl's appearance is intensively scrutinized and their abilities are undermined. Across India, The secondary school dropout rate is much higher for girls because of the gender based inequality that has been so deeply rooted in the society.

So what can be done to bring about changes in the society?

We women do not wish to have power over men, but over ourselves. There is a saying by Chimamanda Ngozi Adichie that goes. "Teach her that the idea of 'Gender roles' is absolute nonsense. Do not ever tell her that she should or should not do something because she is a girl. 'Because you are a girl' is never the reason for anything ever.

Young girls must be educated about their rights from a very young age. Most crimes against women go unreported because, we are afraid to speak out. So, properly enforcing the Right to Education Policy is not only in the cities but also in the remote villages will help women to become independent, bold and confident. But these are changes on a National level. At home we see a lot of working women like our Mothers who come home after a long and tiring day at work but still do all the household chores after coming home. Even though the men and women of the house do the same amount of work outside the house, men are often not expected to do household work after coming home. Men helping in the household work will help teach young kids and teenagers about gender equality. This doesn't mean that all men are the same. There are many men who are feminist like Barack Obama and many others who work alongside women to acheive gender equality. Our country will never fully and truly be a developed Nation, until and unless the patriarchal ways and rules of the society and completely eradicated.

To bring about an era where every woman is free from oppression, we women and men of all ages must support each other. A feminist is anyone who recognizes the equality between men and women. Feminism is grounded in supporting the choice of women even if we wouldn't make certain choices for ourselves.

"Both men and women should feel free to be sensitive. Both men and women should feel free to the strong". Emma Watson.

MY TEACHERS



My school name is Don Bosco English Medium School Shirva. I respect all my teachers. My teachers teach me different subjects like English, maths, social, kannada, science, hindi and games. They teach me well. They are well educated. They are very caring and concerned teachers. They are well experienced teachers. Their skills are very good. They are friendly. They solve our problems in a good way. No one feel bored. They are very good. There are so many skills. I love my teachers so much.

Tanishka, IV B

SELF RELIANT

Self reliance means developing the right skills and capabilities to do one's activities without depending on outside support. It's essence is not to wait for the opportunities to knock at one's door but to create opportunities for oneself by doing hard work and acquiring qualities that are necessary to get ahead in life. For the students it means to continue their regular studies, make other preparations to get good marks in the exams, interview or a group discussion.

Self reliant people are the masters and the makers of their destiny. Their success, achievement and creation bear the stamp of their personality. Self reliance is a best tool, best way and more often than not the shortest way for success. Lord Buddha once said "you are both the friend and enemy of yourself. It's upto you what you choose. The hell and the heaven lies within you. You are you're own lamp, staff and guide. Never depend on others. Be the makers of your destiny. Help yourself and then the world will help you".

It has been found that those who develop the habit of depending on others lose their capability to do even the small things.

There is a great relationship between success and self reliances. Lal Bahadur Shastri was born in a poor family. As a student he used to cross the lake to reach the school. But he never took a boat instead he swam through it. The self-reliant ways along with the other qualities took him to the position of India's Prime M inister.

It does not mean that one should remain aloof and should not seek help even when it is necessary. At times one need to seek help from others and also extend a helping hand to others who need it.



Self reliance is not so easy to acquire. It needs a great sense of discipline and along with it a given time or set schedule to perform their activities. Parents and the elders in the family and the teachers play an important role in making the children self reliant. Thus, self reliance takes a lot of hardwork and endeavor but it gives back much more.

- Thanisha S. Moolya, IX B

IMPORTANCE OF FRIENDS IN OUR LIFE



Friends are extremely important for everyone. Whether it is a toddler, a teenager, a middle aged person or an old person everyone needs good friends around to live to the fullest. During childhood, friendship helps in making us understand and develop the habit of sharing and caring. We, the students develop the habit of sharing and caring. We, the students develop friendship faster and enjoy the company of our friends. We play and learn together. Friends are important for our proper growth and development. We sometimes go through emotional, physical and mental changes during our teenage.

Having good friends who can listen to our problems and provide us support and guidance are indeed a blessing. Friends are equally important during old age. If we have friends around, our life remains joyful and interesting instead of becoming dull. Not all are blessed with good and true friends. True friends never leave us in bad times. They always motivate us and cheer for us. They scold us too if we do something wrong. Good friends will always take us on the right path. Spending time with a true friend is one of the greatest joy in the world.



-Rovita Lobo
6 A

NEWS PAPER

I am newspaper,
Read by all.
I give inspiration,
About day to day happenings to one and all.

I am rectangular in shape
My colours is varied,
My language is different;
I talk about everything.

I am used by children,
To make boats;
Teenagers use me,
for latest Bollywood news or job vacancies.

Aunties use me,
For recreational clues;

Uncles use me,
To read some crime news.

I am used by seniors,
To read political news,
I am even used in hotels,
To pack the food



Students use me
To bind the books
Teachers use me
For information

I am a newspaper
Who gives sad and happy news
I give information
About day to day happening

- Divith .S. Jathan, 5 B

WOMEN EMPOWERMENT



"To awaken the people it is the women who must be awakened. Once she is on the move, the family moves, the village moves, the nation moves", says Pandi Gawaharlal Nehru.

-**Leona Aranha,** 8 A

Women empowerment is empowering the women to take their decisions for their personal development as well as social development. In the ancient times, women were treated very badly by family and society. They were not given education and were only restricted to do household tasks. They were kept completely oblivious of their rights and development.

Women makeup half of the county. So, in order to make the country an entirely powerful nation, women empowerment is very necessary. There are various ways, how one can empower women. The individuals and the government must both come together to make it all happen. Education for girls must be made compulsory. So that women must be given equal opportunities in every field, irrespective of gender. Moreover, they must be given equal pay. We can empower women by eliminating child marriages which is still prevalent in village areas. Various programmes must be conducted, so that women are given the ability to defend themselves in case they face financial crisis. Every woman must feel safe and secure, whether at home or at workplace.

Women empowerment in the true sense, will be achieved only when there is change in attitude in the society with regard to women folk, treating them with proper respect, dignity, fairness and equality.

DREAM

Those times when you get up early
and you work hard
Those times where you stay up late
and you work hard
Those times where you don't
feel like working, you're tired
you don't want to push yourself
But, you do it anyway
That is actually the dream
It is not the destination
it's a journey
So, sacrifice for your dream but
never sacrifiece your dream

-**Andrea Angel Alva,** 6 A

CORONA AND CULTIVATION OF HOBBIES

"Cultivation of a hobby and new forms of interests is a policy of first importance to a public man.

Coronavirus disease 2019 is a contagious disease that damages a person's respiratory system and results to be fatal in some cases. The government of India announced a nationwide lockdown limiting the movement of entire 1.3 billion population of India as a preventive measure against the pandemic. Initially the working crowd was happy working from home as they enjoyed the free time, they craved so dearly after few weeks there was anxiety and stress across the country. There was no source of income for the dailywage workers, children had their education disrupted due to lockdown. The lack of human contact, social interactions, inability to venture out-doors during liesure had a quite bad impact on everyone's health.

The pandemic brought with it unique set of problems, stress and boredom. People decided to do away with lockdown by taking up hobbies. This was the best way to utilise the excessive 'Me Time'. It ensured that people were getting their excersise and momentarily take the mind of the impeding doom. Individuals usually prefer reading, singing, drawing, cooking, learning new contents etc as a hobby and that's a good choice. But during lockdown, staying indoors with the family, taking up hobbies that everyone has a passion for is a good perspective. As everyone in the family is engaged in it.

Gardening is suprisingly a beneficial hobby. There is an obvious benefit in growing one's own fruits and vegetables. Yoga is a convenient hobby too. Playing 'Antakshari', cooking together, helping each other in household chores, making 'Thank you' cards to show our appreciation for all the Covid Warriors, teachers for their immeasurable contribution etc. These hobbies give relaxation to the mind and body. People belonging to all ages enjoy doing it. This is how people are relieved from the anxiety of problems.

-Anusha Quadras, X B

MY DAD

Thank you for being there every day with just the love and the guidance I've needed. Everything you've taught me has stuck with me and I'm lucky to have a dad like you. "Dad you have given the best things in life; yourtime, your care and your love. I am truly grateful to have you in my life.

-Thanzeema, 4 A



MOTHER TERESA



Mother Teresa was born on 26 August 1910 at Skopji (North Macedonia). She was a lady of great caliber who spent her whole life serving the poor and needy people. Mother Teresa was not her actual name but after becoming a nun received this name after the name of St Teresa. By birth, she was a christian and a great believer of god. When she visited Kolkata India after completing her work in dubbin her life completely changed. For 15 years, she enjoyed teaching children Mother Teresa inspires us through her trust in God, her patience and strength in her journey and her ability to draw others to God's call. For the people of India's and across the borders she was an angle of hope. She was awarded the Nobel peace prize in 1979 for her services to the poor. She is one of the most loved and respected women ever in India. She was awarded Bharat Ratna in 1980 and Padma shri in 1962. Sadly Mother Teresa died on September 5th, 1997 at the age of 87. Like Mother Teresa, we believe that true fulfillment comes not from material things but in helping others. She will always be remembered for her great work and contribution to the society.

- Eva Gomes, 9 A

COOL SPACE FACTS



1) The sun makes up 99.86% mass of the solar system.
2) Mercury is named after the Roman messenger to the Gods.
3) Venus spins in the opposite direction to most planets.
4) The earth is 149, 598, 262 km from the sun.
5) Mars is home to olympus Mons the tallest volcano of the solar system.
6) Jupiter is large enough for the earth to fit inside 1,000 times.
7) Saturn has the second largest moon in the solar system, Titan.
8) Uranus is coldest planet in the solar system.
9) Neptune orbits the sun once every 165 years.
10) The hottest planet in our solar system is 450°c.
11) Space is completely silent.
12) Halleys cornet won't orbit past earth again until 2061.
13) There may be life on Mars.



We live on a planet which gives us everything required for leading a good life from its natural resources. Earth is the only known planet which has oxygen and water which are the basic requirements for resistence of life. In order to utilise the natural resources, we hardly think about the consequences of deplition of natural resources. Save earth is a multidimensional program which includes many things including save trees and stop deforestation. Another way to save natural vegetarian is recycling and reducing wastage. Civilization of natural resources such as petroleum, minarals etc. should be reduced and focus should be made on renewable sources of energy. Water is the main component of every living being and we should save it and avoid its pollution. Pollution is a very grave situation which is rapidly affecting earth and negatively impacting life of human being and other animals.

Global warming is also one of the dangers which the earth is facing which occurs due to increased temperature boarding to melting of glaciers. Climate change is also affecting the lives of certain change in temperature results huge loss in agriculture sector. "Earth provieds enough to satisfy every man's needs but not every man's greed".

- **Diyansh,** 8 A

PARENTS ARE INVISIBLE GOD

They are my strength
They give me courage
They are my belief
And help me during every voyage

They are my first teachers
They are my first admirers
They are special to me
And fulfilled whatever I desired

They are my torch bearers
They eradicate my confusion
And if they are around
There cannot be any illusion



I love my mom
I love my dad
Because they are the one
Who helped me succeed

- **Rovita Priya Monis,** IX B

CORONA AND CULTIVATION OF HOBBIES



"Man's goodness is a flame that can be hidden but never extinguished".

The pandemic which lasted since two years has left an everlasting impact on the mind and souls of people. We learn through the advertises of life that we come across. The past two-three years have been challenging yet productive to those who used it effeciently.

During the pandemic people were asked to quarantine due to its strain and the way it spread from people. It depends on people how they use their time efficiently and productively Time is the key factor for all the things that we do in our life and and who have managed to cope up with time have been very successful people.

Being human we all have hobbies. Hobbies are the activities that we do during our spare time. During the pandemic we had enough and more time to work on ourselves. It was an amazing opportunity for those who used it productively.

'Time and tide waits for none'. It is a common proverb that we always come across. We got to know the importance of time and how important hobbies are if they are nurtured or cultivated by individuals. It can make people reach great heights of success. People were even kind enough to help others during this hard situation.

One of the examples to prove that cultivation of hobbies can lead to great heights of success is our own girl from Udupi Adline Castelino who worked really hard during the pandemic for liva Ms Diva won the title proving everyone that anything and everything can be achieved if you have will power, perseverance and dedication towards the work you do. She says that the pandemic had been a great opportunity for her as the competition was in online mode. She didn't just won this title, but also participated in Ms universe 2020 and ended up being the 3rd runner up among 70 different countless across the globe and this made her feel restactic.

During this pathetic situation, all the people who used to not even get an hour to spend for themselves spent quality time with their family well as knowing themselves better. All got to know the hidden qualities and habits they had in themselves the thing that brings limelight to this

situation is most of the people have can kind enough to help others in this difficult situation.

To brief about the same that is cultivation of hobbies worked really hard improving and knowing my qualities. It was rather an opportunity for me to spend my time in working hard for myself and my hobbies.

The prominent message that we gain from all this is that life brings lot of opportunities are not brought for us, we individuals have to create them. There have been so many people who utilised their time efficiently and have reached great heights of success. What made them different from others is the will power and dedication that they had towards their work.

In conclusion let us all work hard when we get time for ourselves and cultivate our hobbies as they give us relaxation and peace of mind.

-Winston Preeth Fernandes, X A



FRIENDSHIP : A SPECIAL GIFT OF GOD

Friendship is a bond between friends and it is the language of their heart. Friendship is true between best friends when one understands everything by seeing others. True friends can read each other's mind. Good friends always stand beside their friend in both easy and tough time.

Some people come into our life for a reason but many come only for a season. FRIENDSHIP is not just a 10 letters word; it is a big box of treasure filled with love and feelings. The bond between people becomes a friendship when one fights for the other, respects the other, includes the other, encourage the other, helps the other, needs the other, deserves the other, stands by the other, improve the other and protects the other.

Friendship means understanding and not agreeing. It means forgiving not forgetting. It means 'memories last even if contact is lost'. Best friend make the good times better and hard times easier. Walking with a friend in the last is better than walking alonein the light. A true friend reaches to your hand and touches your heart.

FRIENDSHIP is a gift more clear than water, more pure than gold, more sweet than honey, more precious than plantinum and more valuable than any other treasure.



Anusha Quadros
X B



IMPACT OF COVID-19 ON EDUCATION



The developmentof any nation is impossible without education, it acts as a key element for the development of mind of a person. A developed mind can only innovate and come up with new ideas and thoughts for a nation's development. We all know that 'health is wealth' i.e., health is everything a person wishes to have.

COVID-19 is also known as Corona Virus. Now a days whole world is fighting with Covid-19 pandemic. It has affected educational systems worldwide, leading to the near total closure of schools, early childhood education and care, services, universities and colleges. Most government to decided to temporarily close educational institutions in an attempt to reduce the spread of Covid-19.

The pandemic caused further shocks to the system with schools forced to shut down during the lockdown period, and the transition of students and teachers to online teaching and learning. In India around 250 million students were affected due to school closures at the onset of lockdown induced by Covid -19.

Online classes are great solution in short run, but it also creates digital divide as many people can't effort smartphones and daily internet package. Online classes are not even a short term solution for primary school kids because contact with physical teacher is necessary for young kids. Teachers who are all experts in blackboard chalk and classroom teaching are really new to Digital teaching.

Hope this pandemic will be over soon and our education system will be back to normal as before.

-Liona Aranha, VIII A

ROLE OF STUDENTS IN PRESERVING THE ENVIRONMENT

The environment is an essential thing in our lives. We call the environment "Nature", in other words. There are flowers, fruits, birds, plants, water bodies etc. Each of these creates our nature. We should always protect our nature. The reason is we live in this nature. Not only that, we get many benefits from this. So, if nature is to be good, we all should be good. Therefore, we the students have a duty to ensur that our environment is free from pollution.



Students need to promote tree plantations in their surrounding areas. They should help government and non-government organizations prevent pollution from the society. The students play a very important role to save the environment by several reasons like they are sensitized towards the environment implement the proper strategy of 3Rs which includes reduce, ruse and recycle. In fact, in various countries of the students to protect the environment some of the countries of the world also added chapters on the environment conservation in the curriculum of the students because of their significance role. Students also, in a way, can join community service that promotes the clean up and preservation of environment.

- Mural Barboza, VIII A

Forests are the natural habitate of wild animals and birds. They provide the necessary food to the animals and many useful materials to people. The government is conserving national forests through the forest department. We need to do our best to preserved by restricting unnecessary filling of trees. We must not forget that distruction of forests is distruction of life. We must educate people an preserving our environment. Recycling is one of the important measures to preserveour Mother Earth. We need to reuse or recycle as much of the waste we can from our surroundings. We need to use reusable bags while shopping rather than plastics. We need to conserve water by not wasting it. We should use electricity only when needed. Forest controls soil erosion and makes soil fertile. We must spread environmental awarness in our society.



-Adline Mathias, VIII A

A DAY BEFORE THE EXAM

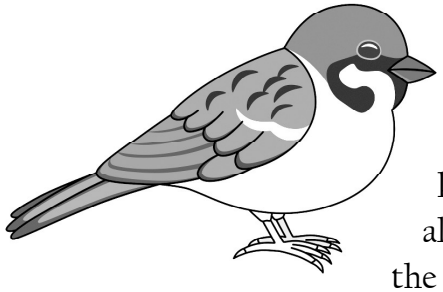


Examinations are the most deadful activities in the life of a students. He always shrinks back from the examination. He looks pale, sunkeu, having a long fall specially in the month of march because it is the month of annual examination and the result of his whole year depends on them.

The students look worried and anxious as the examinations draw near. The day before the examination is horrible for them. They are busy on revising the main points. They do not feel. They take no interest in recreational items. They try to some important questions. The more they read, the more they forget. They feel nervous and confused. They burn the midnight oil for preparing themselves for the examination. Even after learning a lot they feel quite blank.

They seek devine help and pray to God to help them pass the examination. Every student whether he is bright or dull tears the examination. They leave seeing movies and watching TV. They do not have sound sleep on the night before the examination. In fact, fear of the examination hangs so heavy on their mind that they do not have even a wink of sleep throughout the night.

They are puzzled. Those students who adopt unfair means in the examinations are busy preparing short slips with answers on them. They take these slips into the examination hall and use them whenever they get opportunity. Anyhow most of the students feel that their memory is falling. Their young faces look tired as a resultof worries and overstudies.



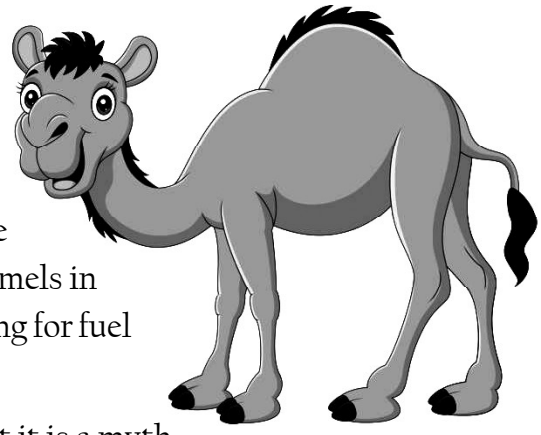
MY FAVOURITE BIRD

My favourite bird is sparrow. Sparrows are beautiful birds. And they are found in almost all parts of the world. There are many kinds of sparrows, but the house sparrow is the most common among all. These are famous for greeting us with their musical notes early in the morning. The home sparrows are noisy birds.

They have their own songs, mainly made up of calls and trotters. Female birds are brown and grey in colour. Male birds have black and white marking on brown feathers. It eats grains and weeds. Sometimes it eats insects also. I love sparrow because it is small and cute. I like its chirping. Its sweet sound wakes me up early in the morning.

- Genelia Prima D'almeida, III A

CAMELS - DESERT VOYAGERS



Camels are vital to people who live in the deserts of Asia, Africa and the Middle East. They can carry loads equal to their own weight and they tolerate the extreme heat and cold of desert climates, which makes them valuable as beasts of burden. People of the desert make good use of camels in other ways. They drink camel's milk eat the meat, use the dung for fuel and weave the hair into cloth.

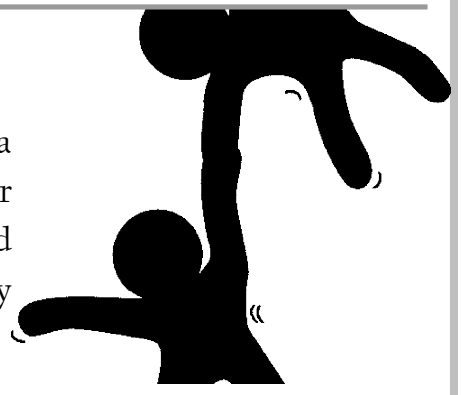
It's true that camels can go for weeks without water. But it is a myth that they store water in their humps. The hump is where fat, a source of energy, is stored. When a camel has gone without food and water for a long time, the hump sags and bends to one side. Fortunately camels are energy conservers. They stand at an angle to the seven to keep from getting too hot. And they don't sweat as much as other mammals, reducing their need for water.



Eyes and Nose : Camels have long lashes to keep sand out of their eyes. Besides a top and bottom eyelid, a third lid helps to remove sand. Camels can shut their nostrills to keep sand from blowing in. Their nostrils drain into their mouth, so they can use their own muces for moisture. Long, thin legs and big round feet as wide as a dinner plate allow camels to walk in soft sand without sinking in.

-Tanisha S. Moolya, 9 B

A FRIEND IN NEED IS FRIEND INDEED



A friend in need is a friend in deed signifies the real meaning of a true friendship. A true friend is always there for you in your good or bad times. It is hard to find a true friend in current times. A true friend is a gift of God to be on right path and prevents you from falling prey to unfortunate circumstances.

A true friend will never leave you alone and he will be always there for you when you face the difficulties in life. There are many people who befriend wealthy individuals and use them for their selfish needs and whenever there are some challenging situations they slowly escape from the vicinity. One true friend is better than hundreds selfish friends. True friends are gems and should be cherished throughout the life.

-Melryn Nazareth, IX B

IS HUMANITY STILL ALIVE



Humanity can be definied as quality of being human; the peculiar nature of man, by which he is distingished from other beings. Being human does not mean that an individual possesses humanity.

If you want to understand the quality of humanity as individual take note of what he does for people who give nothing back in return to the favour they have offered.

One of the most outstanding examples of extra ordinary humanity in a human being has been potrayed beautifully by Mother Theresa. Humanity means helping others at times when they need that help the most, Humanity means forgetting your selfish interests at times when others need your help. Serving the poor and the disabled is one of the greatest humanitarian help an individual can provide in his or her lifetime. It is essential to understand the fact that we are extremely lucky to have everything we desire at any point of the time. We need serving the needy means that you yourself think that you have more than enough resources to your disposal.

-Iona Mathias, X B

INSPIRATIONAL QUOTES ON EDUCATION

1. He who open a school door, closes a prison
   – Victor Hugo
2. Education is the passport to the future, for tomorrow belongs to those who prepare for it today
   – Malcolm x
3. Education is a progressive discovery of our own ignorance
   -Will Durant
4. Education is most powerful weapon which you can use to change the world
   - Nelson Mandela
5. Education is what remains, after one has forgotten, what one us learned in school.
   -Abbert Einstein
6. The roots of education is bitter, but the fruit is sweet.
   -Aristotle
7. Education is the foundation upon which, we build our future.
   -Christine Gregoire
8. Education breeds confidence. Confidence breeds hope. Hope breeds peace.
   -Confucius

- **Ashel Mendonca,** VI A

MY VISION FOR INDIA 2047

"Everywhere happiness, people love each other. India free of hunger and fear, It is the vision of my India 2047". India will be celebrating its 100th anniversary of Independence in 2047. Developing to develop it is the journey of a nation. 'I to me and my to our' is the key mission of 2047.

Everyone has dreams to make the country big and democratically successful. A country where there is equality in all areas and for all genders it witnesses progress. Like others, I also have a dream for my India and the way it should be so I can proud to live and the coming generation too. Our country in 2047 will be what we create today.

The year 2047 will be the landmark year to look at India through the prisms of development, growth, gender, equality, employment and other factors. One wants to see India free from poverty, unemployment, malntrition, corruption and other social evils. Over the next twenty five years. India should transform into a powerful nation both internally and externally. Our foremost target as a developing nation should be to work on economic front and make our economy stronger by bringing in some major reforms.

The India of my vision where women are safe and walk freely on road. Also, it will be a place where there is equality to all and everyone. It would be a place where there is no discrimination of caste, colour, gender, social or economic status and race. The India of my vision 2047 will be an ideal country, where every citizen will be equal. Also there is no discrimination of any type. In addition, it will be a place where women are seen as equals to men and respected equally.



- **Clarissa Castelino,** X B

JOKES

Dad : Exam ki taiyari ho gayi puttar?

Son : Ji haa, shoe polish kiya, pen me ink dala, uniform iron kiya, school bag ready kiya ab sirf padhna baki hai.

****

How time has changed.

1999 kids: I want my bed near window to see the moon and stars.

2019 kids: I want my bed near the mobile charging slot.



IMPORTANCE OF EDUCATION

Education plays an important role in providing us with knowledge. It helps us to interpret things rightly and apply it in real life. It does not mean that education is only limited to lessons in classes but education can also be obtained from lessons taught by life. Only with education a person can gain knowledge.

Apart from that we can cultivate good manners through education. Education helps to build a person's character as it teaches the right behavior. It is also important in building a person's character which can make a person to be more civilized and mature. In short, good education can make a person to be more human. As we all know 'Education is the key to success'. It gives us the knowledge of the world around us, while opening doors to brilliant career opportunities. Education builds confidence to make decisions, to face life and accept success and failures. People nowadays focus more on the quality of their jobs because usually educated people earn higher salaries. All of us need money to buy necessities and desirables .Only through a good education an individual will be offered and employed for a job with high payment.





Education is important for the progress of the nation which means we must equip ourselves with good education. We are the assets of our country and our country is safe in the hands of the educated society. In conclusion, education is self-empowerment. It helps us to tap into talent, so that we may be sharpening our skills. It is important for everyone to have education in life.

- **REON MENDONCA,** IV A

AMAZING FACTS

-**Adlin Anisha Saldanha, 5 A**

* A mosquito has 47 teeth
* Some of the dinosaurs were short as hens
* Nanook is the Eskino word for Polar bears
* A cow has two stomach
* You blink your eyes about 25 times a minute
* You have about 300 taste buds on your tongue
* King cobra is the only snake in the world that builds its nest.



ENVIROMENT



Environment is one of the best gifts from God. It includes everything living things and non-living things. And we cannot repay for this wonderful gift from God. It gives us a place to live and provides food. If environment was not there then probably it is impossible that life could not exist on earth. But now a days we are missusing this precious gift. We cut down trees, polute air and water. But we don't understand that if enviroment is not there then it will be really hard to live on earth. There will be shortage of oxygen because of cutting down of trees in the forest.

When we remove trees from forests, we destroy the habitats of various wild animals come out to the streets insearch of food and shelter, when we harm the enviroment we also harm the ozone layer which protects us from the harmful rays of the sun. And because of pollution global warning can arise which can lead to climate change. The UN is making some rules and regulations to protect our environment. So, we should support the UN and the people who are trying to save our enviorment and we should make a promise to save our enviroment. So that we can preserve the world for ourselves and the future generations.



Andrea Angel Alva, 6 A

WISH YOU COULD REPLAY

The way you forgive us away
We never could say
The way you helped us yesterday
We never could replay
You shaped us by clay
So that we never delay
But this news to convey
My voice will decay

When I didn't know to write an essay
A voice came to me okay
And he made it easy the other day
Because he knew everyone had talent to portray
No one dream ever that day
When the sky turned gray
And everyone joining to pray
Where all the tears from the sky began to spray
People watching you couldn't stay
All believe that you are following God's way
Thank you for making us something today,
I just wished if life had a replay

- Rachel Andrade, VIII A

STORNG OR WEAK



There was a proud teak tree in the forest. He was tall and strong. There was a small herb next to the tree. The teak tree said, "I am very handsome and strong. No one can defeat me". Hearing this the herb replied, "dear friend, too much pride is harmful. Even the strong will fall one day". The teak ignored the harb's world. He continued to praise himself. A strong wind blew. The teak made fun of the herb. One day there was a storm in the forest. The herb bowed low as usual the teak did not want to low. The storm kept growing stronger. The teak could no longer bear it. He left his strength giving away. He fell down. This way the end of the proud tree. When everything was calm the herb stood straight. He looked around. He saw the proud teak had fallen.

So the moral of story is never make fun of those who are weaker than you.

-**Suha Mariam**, II B (21-22)

SCHOOL IS COOL



Sometimes I wonder why school is so cool
It is that I enjoy with my friends or
The school's current trends?
could it be the subjects and teachers? but
definetely not the school's rules that
I can't contravene
Oh... I know its the knowledge I get
about chemistry, biology and history
which tomorrow is surely a mystery
fraction is not my atraction
Addition and subtraction get my attention
textbook of English and Hindi and other languages
look good with images
The topics in science are captivating
to enter the lab I'm still awaiting
school bags are not light
Neverthless its content makes us bright
It doesn't matter what your grades are...
What matters is that you do your best
all in all there's no place on earth as cool as school



-**Anusha Quadras,** 10 B

THE HARDWORKING MOTHER



In the heat of summer
Chuchu's mother was working in the kitchen
The children were playing games
and having fun!
And the grown ups were relaxing
The hot sun made chuchu feel thirsty
Phew its' really hot today!
I better get myself some
Cool water to drink
When Chuchu want into the kitchen
she saw her mother workign there
Oh! look at mother
She looks so tired
But she is still cooking everyone's favorite things
and she's doing all the housework by herself
Poor Mother! She is trying to make
Everyone happy and comfortable
All by herself!
And went to help her mother
'Mother, I'd like to help you
That's very thoughtful of you chuchu
When the rest of the family says
Chuchu helping her mother
They decided to help out too
Chuchu's father started washing the dishes
Chuchu's grandpa filled the water bottles
Chuchu's mother felt very happy
when she saw the whole family helping out
Thank you, everyone!
It's near by nice of, you to help me out
I love all!
Chuchu felt happy when she realized
That she had set a good example for the others
and made her mother's work easier.
We should help our Mother

-Vriddhi Acharya, 3 A

MY LOVE FOR PHOTOGRAPHY



"Photography is the story I fail to put in words". I really love photography a lot. Each and every person love to do something and I love photography. I like to click pictures of flowers, nature, landscape etc. I'm a nature photographer.

People think that photography is an easy job. But it's actually very difficult. Focusing on the right decision is a very difficult one. It is the best way to remember every moment. I really enjoy photography.

-Ginnel C. Quadras, X A

IT'S MY STORY



Hello everyone!!! I am plastic. My father is Alexander Parks. You can see me everywhere as I am easily available. I come in different shapes and colors. I am very useful to you as you can carry fruits, vegetables, fish etc in me.

But I don't know why human beings are spoiling my name as being harmful to nature. In reality you are killing me knowing the consequences and still burying me. You are disposing me after use as I am easily available. Then tell me how can you say that I am destroying the nature! You are destroying me! Tell me for which crime or mistake you are giving me such a punishment! Don't forget that you are my creator and how can you label me like this! You sometimes dislike me because you feel that I pollute the environment, but you are polluting it by misusing me. .

Instead of blaming and using me for each and everything, you can rather reduce and reuse me every time at least the environment will not be polluted and you can also lead life happily.

- Liba Meshal, X A

CANDLE



I am a long, lighted candle
But I have no handle,
I provide lovely light
And I make dark times bright
Light me gives me joy
The joy when a baby gets a toy,
I glow with a reddish –orange light
Looking like a sun in twilight
As people grow, they go tall
But I always go small
Air is one among my foes
Which always comes and goes
I am used on birthdays
Decorated in various ways,
If light goes off, People worry
But some, to get me, hurry
I do only this much for you
No one thanks me for what I do
After a long period we all die,
I die with no one for me to cry.
So thank people for what they do
It is that helps us to grow

-Liba Meshal, X A



LOVELY HANDS OF MY MOTHER

Mother's hands held me gently from the day I took my first breath. Her hands helped to guide me as I took my first step. Her hands held me close when the tears would start to fall. Her hands were quick to show me that she would take care of it all.

Her hands were often there to comfort the hurts that didn't always show. Her hands, that encourage me to reach the height. Her hands would clap and cheer and praise, when I captured them at length.

Her hands would also push me, through not down or in harm's way. Her hand would punctuate the words, just do what I say. Her hands sometimes had to discipline to help bend this young tree. Her hands would shape and mould me into all she knew I could be.

Her hands are now twisting with age and years of work. Her hand now needs my gentle touch to rule away the hurt. Her hands are more beautiful than anything can be. Her hands are the reason I am me.

Rovina Monis, 4A

WHO IS SHE?

"M" is for the million things she gave me
"O" means only that she's growing
"T" is for the tears she shed for my failures
"H" is for her heart of purest gold;
"E" is for her eyes gleaming with love always
"R" means right and right she'll always be
Put them all together, they spell "MOTHER"
A word that means the world to me.

-Joyline Mathias, IX B

LIFE

Life is good when you are happy.
But life is better when
other people are happy
because of you .
People may not reward
you, or thank you for
what you do, but when
god is your reason for
loving and giving , you
will receive a grater
blessing in return .

GOOD FRIENDSHIP



Friendship is essential for the successful wellbeing of every person. It is based on the simple rules of trust and honesty. A true friend is a person you can always count on when you face challenges and serious problems. True friends are always caring, loving, loyal, passionate, a little bit critic and most importantly trustworthy towards their friends. These qualities make a friend as a good friend. It is not a coincidence that friendship and family both with F, as it is truly said that friends are family.



However, it is necessary to judge people correctly in order to make the right choice of a good friend. As the famous quote states, "A friend in need is friend indeed". A good friend is one who not only stands by you in your times of success but also in times of failures. Friends influence a major part of our life and should be chosen with utmost care. A true friendship is something that can't be expressed with words. Friendship is being foolish together. It is being mad at each other. True friends are always ready to protect each other from being emotionally and physically. A good friendship is difficult to come across. Lasting friendship is blessing for everybody. A true friend is one of the most precious possessions that one can in his life.

- Reon Mendonca, 4th A

EVERY PROBLEM HAS A SOLUTION

-Ginnel C. Quadras, X A

Life is a wonderful journey for those who are ready to see it unfold and be prepared to receive the shocks and surprises that it might throw. For some life becomes a tragedy because what they expected and what life gifted them were in opposite poles.

Once a person is born on this earth, no matter how hard he tries he cannot escape the clutches of the earthy life until his time to leave the world . Everybody face good and bad moments. While good moments make your heart go light, the tough moments should make you tough for the challenges of life. Every problem has a solution you just need to discover it. No one will manufacture a lack without a key. Similarly God won't give problems without solutions.

THE POORMAN AND THE CART



There lived poorman in a village, he had only one bullock cart with him. He was taking villagers in the cart to the nearby town and he used to bring thme back to village. The villagers were paying him money. One day he was carrying vegetables in the cart to the town instead of villagers.

On the way all of the sudden it started raining. The cart didn't move. The wheels stack up. The road was full of mud. The oxen were unable to go further. The poor man started beating the oxen. It was of no use. The poorman cried. He prayed to God to help him. Few minutes passed. A saint appeared there. The poor man don't lose hope. Put your effort and lift the wheel. It will come up. Then the oxen can pull the cart". The saint said, poor man was happy. He thanked the saint and left the place.

Moral: Hardwork pays

- Yukthi, 3 B

STARS



Stars, you are up in the sky
I wonder why?
Why are you up there so high?
Are you really shy?
Stars you are shining bright
Because you are filled with enchanting light
I want to see you tonight
For it is such a delight to see you at night
Children come to see you twinkle
The old came with a twinkle
Let the beauty that you sprinkle
Be with you, you are great and not simple
When you fall down to earth, you appear as attractive balls of fire
For you leave behind a trails of a beautiful golden wire,
I hope that I can see you every day till I expire
And that's because only these, that you really inspire

- Liba Meshal, X A

A FIRE WITHIN YOU



"Success is something that someone has to work hard to accomplish in every aspect".

I have dream I have goals. So do you. You want to achieve 50% much more than what you imagine. But ironically, we wait for opportunities to approach us, rather than creating something from what already exists. I believe if you keep on waiting for time to pass, something to happen, you'll always first wait. It never ends. What makes life interest what you have at the moment; you don't need somebody else forcing you to achieve. You need to think that the mere courageous act of you wanting something passionately, is the only thing that will you do it. Nothing or nobody will. Its really basic, having about how you must do something because you need to achieve a position. Your vision for what comes tommorrow must begin from today. Strive today for what you need tomorrow and make the journey wothwhile. I'm sure you have too many people behind you, pushing you towards your highest potential. Best until and unless you dont abide to move you wouldn't. You can conquer anything and everything with just a tiny spark. Its all about how long it takes for you to finally that you have it within. The strength the motivation, everything is within you.

-Denali DSouza, X A

THE WOLF AND THE LAMB



One day, a lamb was eating sweet grass away from her flock of sheep. She didn't notice a wolf walking nearer to her. When she saw the wolf, she started pleading, "Please, don't eat me. My stomach is full of grass. You can wait a while to make my meat taste much better. The grass in my stomach will be digested quick if you let me dance". The wolf agreed.

While the lamb was dancing, she had a new idea. She said, "I can dance faster if you take my bell and started to ring so hard. The shephered heard the sound and ran quickly to save the lamb's life.

- Sadvini, II B (21-22)

READING HABITS AMONG CHILDREN

1) Reading is one of the most fundamental skills children need to be successful. Not only does good reading habit benefits student academically, but it's needed for a lifelong success. Reading develops vocabulary, increases attention span and promotes analytical thinking.

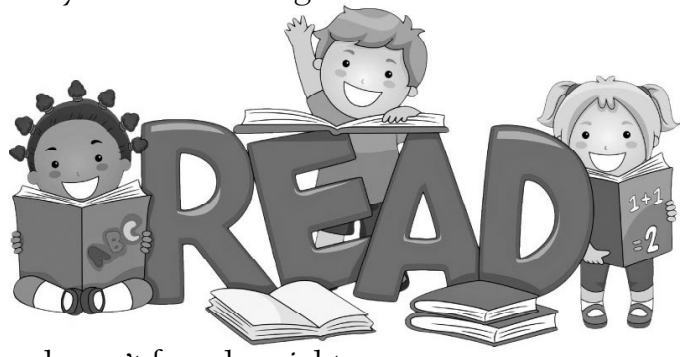
2) Getting children interested in reading. The key to encourage reading in children is make them read often. This will lead the children to enjoy reading and motivate others to read.

   However, every student learns and process information differently. This means that some children may have a natural love for reading and some may not. If children fall into the second category there's no need to worry. As parents there are many different strategies we can use to motivate children to read.

   First important is figure out why the child doesn't like to read.

   Why does our child hate reading?

   Not every child loves reading. Some common reasons children don't like to read include.



3) Children think reading is a boring task. Children haven't found a right book yet. The good news is that if we know why our child doesn't like to read, we can address the issue and begin to make reading more enjoyable.

4) Create a reading area. Make an area for children to read in with your help. Grab a lean bag chair fun accessories and children will have their own crazy reading corner.

5) Take them to local libraries. Local libraries are a treasure for young children and they will love it. Hold timely reading or summer reading contests. Being surrounded by other children who enjoy reading may also infuse and develop interest in our child and love for reading

- Allen Savio Lobo, V B

VALUE OF TIME

Time is very precious to all of us. It is like a running river which flows ahead but never runs back. A person who values time can create happiness, joy and prosperity. Punctuality is always valued at educational institutions and various organizations. Time is free; but it is priceless. In 1984 India ace runner PT Usha missed Broze Medal by 01 seconds in Olympics. Many lost good opportunities waiting for the right time in fact; We should create one time. Time is the best healer. Take time for yourself (Yoga) family and friends. Time and effort can get you anything you want in the world. But nothing in the world can get you more time. Hence be on time and realize your goal.

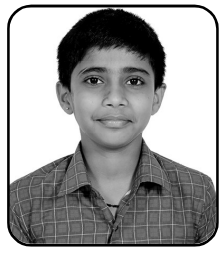


BE EVER READY FOR THE WORST

One day a fox was roaming about in a thick forest in search of food. Suddenly he caught sight of a wild boar. The boar was rubbing his tusks against the trunk of a tree.

The fox looked about carefully ; But he couldn't see any danger for the boar anywhere .Despite his wisdom, he couldn't follow why, after all the boar was doing that, Unable to control himself the fox went to the boar and asked. Why are you doing that, Boar? The hunters are not here today and I see no other danger as well.

'You are perfectly right my friend', replied the boar, 'but will it be wise to dig a well when a fire has broken out? We are living in a forest where enemies are there at every step .Who knows when I will have to face an enemy and use my tusks against him? If I can't do it now, I may not get any time to sharpen my tusks when I need them the most.



MORAL: Always be prepared for the worst that can happen.

-Diyansh, 6

COLOURS OF LIFE

When I first opened my eyes, I saw a lovely anxious face
I was in a quagmire of ignorance, unaware of life race
Like a caterpillar I began to metamorphose and grow
A young bubbly child I was made the star of the show
An angry young teen, I fell into the dark well of education
I was confined in a school, much to my frustration
I grew up and fell in love, a deceiving spell
Like a free bird, on my own terms I began to dwell
As I aged, I became the breadwinner for my people
My mind matured, my heart no longer was fickle
Looking out through my fading eyes, now I fell like pest
I have neither a shoulder to cry on, nor a lap to rest
The colors that paint my life are the stages that define me
Dark and bright, they represent both gloom and glee.



Liba Mishal, X A

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- REON MENDONCA IV A

The language of Friendship is not mere words but a different world in it self

"A real friend is the one who walks in when the rest of the world walks out. So what is the true meaning of friendship? Friendship means a partner who trusts us and is there with us in every step of our life. So if we take a deep thinking on this topic. We will feel short of words to define this relation. So many of my classmates used to ask me, who my best friend is and for what reason. I replied," I have many friends in school but leaving these friends, my best friend is Glen Fernandes, because he has always supported me in every step of my life, also we have been friends from class 2". So we can make friends any time but the friendship during school days remain forever in our lives.

When I and Glen were in class 8, he used to tell us that whatever he studied, that question wouldn't come for the exam and what he was not able to study, those questions were sure to appear for the exam. So many of our other classmates started laughing as it was a kind of joke. I remember another small incident happened in our class. He wrote one page answers for every 3 marks questions. But teacher gave him only 1 mark. Can you guess why? Because he had written all the answers which were out of the topic. So this incident I will never forget in my entire life. So you may be having friends but one or two friends will support and guide you always during the time of enjoyment and difficulties.

- Rowin L Castelino, IX B

माता का अंतरंग

ये कहानी है एक बेटी, बहन, पत्नी और एक माँ की। माँ कितना सरल, निर्मल, छोटा सा शब्द है, लेकिन इसका अर्थ बहुत बड़ा।

कानपुर में रहनेवाली गीता चीधरी को कबड्डी का बड़ा शौक था। इाईस्कूल में पढ़नेवाली गीता पढाई में होशियार और कबड्डी में खिलाई हुआ करती थी। घर में पिता–माता और एक छोटा भाई। यहीं था गीता का परिवार। गीता ने एक सपना देखा था, कबड्डी में वर्ल्ड चाँपियन, जीतकर आना और भारत का नाम रोशन करना।

पढ़ते–पढ़ते गीता कालेज पहुँची और वहाँ पर भी कबड्डी को नहीं छोड़ा। ऐसे ही एक दिन कालेज में उसे सुरेश नाम के लडकें से मुलाकात होती है और बात–चीत, मित्रता के रूप में और धीरे–धीरे प्यार में बदल जाती है। दोनों ने पढाई अच्छे से की और परीक्षा में अब्बल आए। दोनों के घर में रिश्ते को मंजूरी मिलि और देखते–देखते गीता की शादी भी गई।

दो साल के बाद गीता को एक बेटा पैदा हुआ। तब तक कबड्डी को न छोड़नेवाली गीता, बेटा होते ही सब कुछ भूल जाती है। बेटा ही उसका संसार हो चुका था। उसका नाम राहुल रखा गया। गीता की ममता, प्यार, लाड़ से राहुल बड़ा हुआ और एक दम कठोर ह्रदय का लड़का बना।

सुरेश ने गीता को समझाया की लाड़, प्यार से राहुल और भी बिगड़ सकता है, लेकिन गीता नही. मानि। दिन व दिन राहुल का देर रात से घर आना, शराब पीना, अपनी माँ को गलियाँ देना जैसे उसकी आदत बन चुकी थी।

एक दिन सुरेश की मृत्यु हो जाती है, एक जानलेवा बिमारी से। गीता और राहुल दोनों ही घर में रहने लगे। राहुल को अभी पैसों की भूख बढ़ने लगी। हर दिन माँ से पैसे लेता था, नहीं देती तो पैसे चोरी करके जाता था।

एक दिन जब राहुल ने पैसे पूछा, तो गीता के पास कुछ नहीं बचा था, क्योंकी सब कुछ राहुल ले चुका था। राहुल को गुस्सा आया और उसने आवेश में आकर अपनी माँ को मारा। जिसकी वजह से गीता जमीन में गिर गई, राहुल को फरक ही नहीं पड़ा, सीधा घर से बाहर चला गया अपनी माँ को वैसी हालत में छोड़कर।

पर फिर भी गीता ने कुछ नहीं कहा। वह हर दिन अपने लाड़ले बेटे को खाना पकाकर देती है। दूसरे घर के काम करती और अपने राहुल के लिए प्रार्थना करती है।

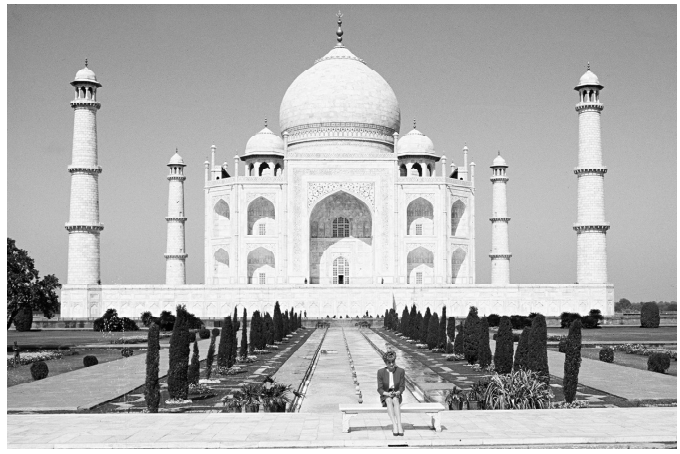
परिणाम राहुल सुधरने की बजाय और कठोर हुआ। एक दिन ऐसे करते हि राहुल ने अपनी माँ को इतने जोर से मारा की उनका सिर जाके दीवार को लगा और सिर से खून बहने लगा। राहुल अपनी माँ को उसी हालत में मरने के लिए छोड़कर गया।

थोड़ी देर बाद पड़ोसी आए तो गीता की हालत देखकर उसे अस्पताल में भरती किया, पर खून ज्यादा बहने की वजह से गीता का बचना मुश्किल था।

तभी आदे–अधूरे होश में गीता ने डाक्टर से कहा, मैं एक कबड्डी खिलाड़ी थी। मेरे बेटे के आने के बाद मैं सब कुछ भूल गई, लेकिन उसने मुझे आज ऐसी हालत में छोड़ा है, पर मैं उससे बहुत प्यार करती हूँ, इसलिए आप मेरे शरीर के अंग निकालिए और जो पैसे मिलेंगे उसे मेरे बेटे को दे दीजिए, उसे जरूरत है, ये कहते उसने अपने प्राण अपने बेटे के लिए न्योछावर कर दिए।

ये सिर्फ माँ का ह्रदय, माँ की ममता है जो अपने बेटे के लिए इतना अच्छा सोच सकता है जब उसका बेटा अपनी माँ को मरने के लिए छोड़ दिया। ऐसा सुलूक कोई भी अपनी माँ से न करें। क्यों की माता का ह्रदय बहुत विशाल, निर्मल और प्यार से भरा होता है।

ताजमहल



ताज महल विश्व का आठवाँ आश्चर्य माना जाता है। यह सफेद संगमरमर से बना है। यह एक बहुत अद्भुत स्मारक और वास्तु शिल्य का बेजोड़ नमूना है। ताज महल संगमहमर से लिखी एक प्रेम कहानी है। दिन के विभिन्न पहसे में इसका सौन्दर्य भिन्न दिखाई पड़ता है । चांदनी रात में इसके सौन्दर्य में चार चांद लग जाते है । साम्राट शाहजहाँ ने अपनी रानी मुमताज महल की याद में इसे बनवाया था। रानी की मृत्यु के बाद उन्हें यहाँ दफन किया गया था । राजा शाहजहाँ एवं रानी मुमताज दोनों की कबें यहाँ संगमरमर से बनी है । ताज महल यमुन नदी के तट पर स्थित है । लाल बलुआ पत्थर की नींब पर यह खड़ा है । इसे बनाने में लगभग 17 वर्ष लगे। हज़ारों कारीगरों ने कंधे–से–कंधा मिलाकर इसे बनाया । इसकी चार मीनारें है । इसके चारों ओर हरी घास और फूलों के बगीचे हैं । इसके सामने सुन्दर नहर बह रही है। जिसमें अनतिनत फव्वरे लगे है । विशाल गुम्बज के नीचे शाहजहाँ और मुमताज चिर निद्रा में सो रहे है । हज़ारों पर्यटक प्रतिदिन इसे देखने आते है । भारत दर्शन के इच्छुक पर्यटकों का ताजमहल देखना आवश्यक है नहीं तो उनकी यात्रा अधूरी मानी जायेगी ।

- Shalom H.K., 6A

मेरी प्यारी माँ

प्यारी जग में प्यारी माँ
खुशियाँ देती मेरी माँ
चलना हमें सिखाती माँ
मंजिल हमें दिखाती माँ
सबसे मीठा बोल है माँ
दुनिया में अनमोल है माँ
खाना हमें खिलाती है माँ
लोरी गाकर सुलाती है माँ
प्यारी जग में प्यारी माँ
खुशियाँ देती मेरी माँ ।

Harshil, II B

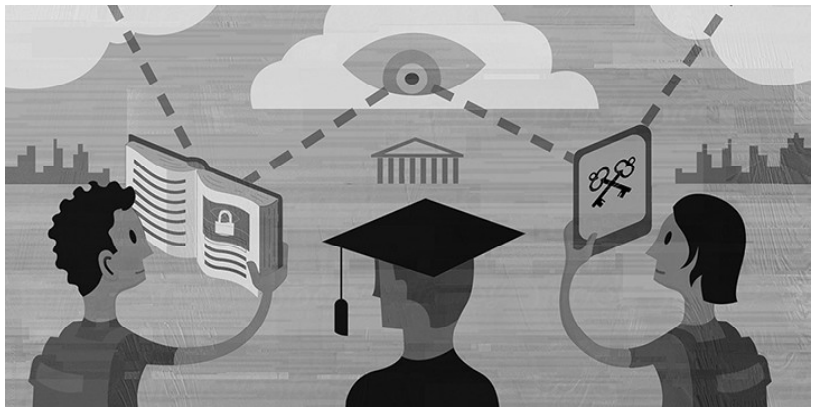


बेटी

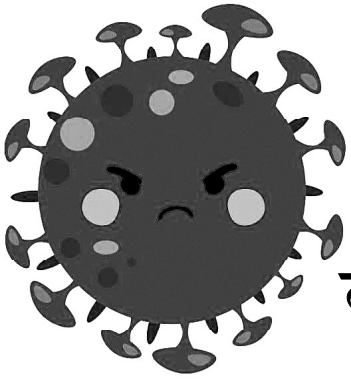
जब – जब जन्म लेती है बेटी
खुशियाँ साथ लाती है बेटी ।
ईश्वर की सौगत ही बेटी
सुबह की पहली किरण है बेटी
तारो की शीतल छाया है बेटी ।
त्याग और संपूर्ण सिखाती है बेटी
नये – नये रिश्ते बनाती है बेटी
जिस घर जाए उजाला लाती है बेटी
बार–बार याद आती है बेटी
बेटी की कीमत उनसे पूछो
जिनके पास नही है बेटी

- Melora Castelino, 7 B

विद्यार्थी और अनुशासन



नियमों का पालन करना ही अनुशासन कहलाता है। विद्यार्थी जीवन में अनुशासन श्रृंगार होता है। जो विद्यार्थी समय पर काम प्रारंभ करता है और समयानुसार उन्हें समाप्त कर देता है उसे उन्नती मिलती है। जीवन में अनुशासन का होना बहुत जरूरी है, आचार व्यवहार को अनुशासित करने के लिए बडों का कहना मानना, उनका सम्मान करना और समाज के नियमों का पालन करना जरूरी है। अनुशासित विद्यार्थी पढाई तथा खेलकर और जीवन की हर श्रेत्र में आगे रहता है। स्कूल के सभी छात्रों के साथ अच्छा व्यवहार करता है। अनुशासन से हमें धैर्य, संयम जैसे गुण आते है।



कोरोना

हो कोरोना जाओ ना
हाथ धो – धो के नाके है हम
मास्क पहनकर हुआ बुरा हाल
हो कोरोना जाओ ना

तुम्हारा अलग रूप है
बुढे बच्चो को भी
परेशान किया है
काँसी कँस करके
हुआ बुरा हाल
हो कोरोना जाओ ना

- Jiya Disha DSouza, VIII A

दोस्ती

दिन बीत जाते है सुहानी यादें बनकर
बाते रह जाती है कहानी बनकर
पर दोस्त तो हमेशा दिल के करीब रहते हैं
कभी मुस्कान तो कभी
आँखों का पानी बनकर।

- Khushi K., 8 B

हिन्दी दिवस पर कविता

जन जन की भाषा है हिन्दी
भारत की आशा है हिन्दी
जिसने पूरे देश को जोड़े रखा है,
दो मजबूत धागा है हिन्दी

- Sanvi Valson DSouza, 8A

जिंदगी की रहा

भगवान जिंदगी का तोफा सिर्फ एक बार ही देता है और इस जिंदगी की राह में बहुत से उतार–चढाव, सुख–दुःख तनहाई और परेशानियाँ भी देखने को मिलेंगी। बहुत से लोग हमें हमारी जिंदगी की राह पर मिलेंगे जैसे माँ–बाप, भाई–बहन, दोस्त, रिश्तेदार और भी कई लोग मिलेंगे। पर एक मोड पर वो हमें छोडकर चले जाएगें।

और एक पल ऐसा आएगा जब हम बिलकुल अकेले हो जाएगें और हमारे साथ कोई भी नहीं होगा। हम इस दुनियाँ में अकेले ही आए थे और अकेले ही चले जाएगें। ये सच कोई नहीं बदल सकता। कोई नहीं कह सकता कि हमारी जिंदगी का अंत कब होगा। आज होगा या कल। इसलिए कल के लिए कुछ काम बाकी मत रखना।

जो भी कुछ मज़ा करना है, अगर कोई काम है तोआज ही खतम कर देना। हमें नहीं पता कि हम कल होंगें की नहीं। जितना जिंदगी जीना है जीलो क्या पता कल जीने का मौका मिलेगा की नहीं। इसलिए कहते हैं जिंदगी ना मिलेगी दोबारा!!!

- Haily Cabral, X A

वृक्ष

वृक्ष न होते दुनिया में तो
हरियाली फैलाता कौन ?
वृक्ष ने होते तो हँस – हँसकर
सुन्दर फूल खिलाता कौन?
वृक्ष न होते तो इस जग में
मीठे फल खिलाना कौन?
वृक्ष न होते इस धरती पर
ठंडी छाया देता कौन?
वृक्ष न होते इस जगती पर
शुद्ध वायु बहाता कौन?

- Ankitha M. Salian, VIII A



सूरज



सूरज से मिलती है रोशनी
जगत को मिलती है खुशी

सूरज है इस दुनिया का केंद्र
जिससे चलता है ये दुनिया।

सूरज के सिवा जिन्दगी अधूरी है।
सूरज से दिन और जीवन में रोशनी आती है।

रोशनी से पेड पौधे को नयी जिन्दगी मिलती है।
रोशनी से प्राणी पक्षीया को भी जिन्दगी की
खुशी मिलती हैं।

सूरज ही हमारा जीवन हैं।
सूरज ही हमारी नई शान हैं।

- Adline Vianna Mathias, VIII A

माँ

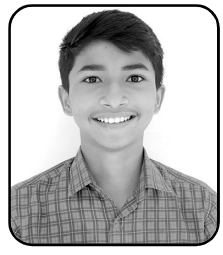


माँ की व्याख्या करने को ताकत किसी भी कलम में नहीं है, क्यों की माँ को शब्दों में दया नहीं किया जा सकता है फिर भी मै माँ के ऊपर आज कुछ लिखना चाहता हूँ, माँ उस जल के समान है जो निरंतर बहता रहता है और दुनिया को जीवन देता रहता है । माँ उस अटल पहाड़ की तरह है । जब मुसीबत आती है तो वह पहाड़ की तरह मज़बूती से खड़ी रहती है। माँ नदी के समान है जो निरंतर निर्मल और परोपकार की भावना रखते हुए बहती रहती है । माँ तपती धरती के समान है जो खुद त्याग करके अपने बच्चों की परवरिश करती है ।

माँ में तो पूरा परवरिश बद्याण्ड समान हूँ क्योंकी उसके बिना इस धरती पर जीवन की कल्पना नहीं की जा सकती है। माँ ईश्वर का सबसे अनमोल उपहार है जिसे मिलता है उसका जीवन से दुख दूर हो जाते है और जीवन में खुशियाँ ही खुशियाँ भर जाती है। वह जीवन की अंतिम पल तक हमारा साथ नहीं छोड़ती है भले ही हमने क्यों न उसका साथ छोड़ा दिया हो । माँ का हमारे जीवन में बहुत अधिक महत्व है क्योंकि उसके बिना हमारा जीवन संभव नहीं हो पाता वही हमें इस दुनिया में लेकर आती है । हमारे जन्म के समय उसे असहनीय पीड़ा महसूस होती है लेकिन फिर भी वह हमारे लिए पीड़ा को सहन करके हमें जीवन प्रदान करती है। माँ हमारे बचपन से ही हमारा पालन–पोषण करती है । हमारी हर जरूरतों को पूरा करती है वह स्वयं भूखी रह जाती है लेकिन हमें भरपेट भोजन कराती है । वह स्वयं मिली जगह पर सो जाती हैं लेकिन हमें हमेशा भूखे में सुलाती है। माँ हमारा पहला गुरुकुल और पहली सुरु होती है वही हमें सर्वप्रथम शिक्षा देती धीरे धीरे है मैं अपने पैरों पर चलना सिखाती है । वह अपने पूरे जीवन का त्याग करके संपूर्ण जीवन हमें समप्रित कर देती है वह हमेशा अपने दुखों को भुलाकर हमारी खुशियों के बारे में सोचती है ।

माँ हमें बचपन में अच्छी शिक्षप्रद कहानियाँ सुनाती है। जिनसे हमारा जीवन और भी सुलभ हो जाता है । वह हमें जीवन जीने का तरीका बनलाती है । वह समाज की बुरी कुरुतियो से लड़ना सिखाती है । जब हम खुश होते है तो वह बहुत खुश होती है । माँ का दुलार और प्यार पाने के लिए ईश्वर थी धरती पर जन्म लेते है माँ का प्यार होता ही ऐसा है जिसको पाने के लिए ईश्वर भी धरती पर चले आते है। इसका एक स्पष्ट उदाहरण है भगवान श्री कृष्ण जिन्होंने माँ की ममता पाने के लिए धरती पर जन्म दिया था । भगवान श्री कृष्ण ने एक नरी दो माताओं का प्यार और दुलार पाया था। इसमे यह स्पष्ट होता है कि ईश्वर भी माँ का प्रणाम करते है ।

- Momin Aeraf, 8B



शिक्षा पर निबंध

किसी भी व्यक्ति की प्रथम पाठशाला उसका परिवार होता हैं । और माँ को पहली गुरु कहा गया है । शिक्षा वो अस्त्र है, जिसकी सहायता से बड़ी से बड़ी कठिनाइयों का सामना कर सकते है । वह शिक्षा ही होती है जिसको हमें सही गलत का भेद पता चलता है । शिक्षा पर अनेकों निबंध लिखे गए हैं। आगे भी लिखे जाएँगे। इसकी हमें अहमियत का अंदाजा इसी बात से लगाया जा सकता है, एक वक्त की रोटी न मिले, चलेगा । किन्तु शिक्षा जरूर मिलती चाहिए । शिक्षा पाना प्रत्येक प्राणी का अधिकार हैं। शिक्षा एक महत्वपूर्ण उपकरण है, जो हर किसी के जीवन में बहुत उपयोगी है । शिक्षा वह है जो हमें पृथ्वी पर अन्य जीवित प्राणियों से अलग करती है । यह मनुष्यों को पृथ्वी का सबसे चतुर प्राणी बनाती है । यह मनुष्यों का सशक्त बनाती है और उन्हें जीवन की चुनौतियों का सामना करने के लिए तैयार ।

-Nawfal

जिंदगी

किसी शायर ने मौत को क्या खूब कहा है
जिन्दगी मे दो मिनट कोई मेरे पास ना बैठा
आज सब मेरे पास बैठे जा रहे है ।

कोई तोहफा ना मिला आज तक
और आज फूल ही फूल दिए जा रहे है ।

दो कदम साथ चलने को तैयार ना था कोई
और आज काफिला बन साथ चले जा रहे थे

आज पता चला की मौत कितनी हसीन थी
हम तो यूँ ही जिंदगी जिये जा रहे थे ।

- Alisha Loraine

जिंदगी

छोटी सी है जिन्दगी
हर बात में खुश रहो
जो चेहरे पास न हो
उसकी आवाज़ में खुश रहो
कोई रूठा हो आपसे

उसके अंदाज़ में खुश रहो
जो लौट के नहीं आनेवाले
उनकी याद में खुश रहो
कल किसने देखा है
अपने आज में खुश रहो

दोस्त

दोस्त यह शब्द हर किसी के लिए महत्वपूर्ण है । हम सबके जीवन में एक दोस्त है, जो हमारे लिए अपने सगे भाई के तरह होता है । वैसे तो दोस्त हमारे बचपन से लेकर जवानी तक बहुत से बनते हैं मगर उनमें से कुछ ही दोस्त ऐसे होते हैं । जिन्हें हम अच्छा दोस्त कहते हैं ।

- Saksha, 5 A



महिला सशक्तिकरण

महिला सशक्तिकरण से तात्पर्य महिलाओं को अपने लिए निर्णय लेने मे सक्षम बनाने के लिए शक्तिशाली बनाना है। पुरुषों के हायों महिलाओं ने वर्षों से बहुत कुछ झेला है। पिछली शताब्दियों में, उन्हे लगभग न के बराबर माना जाता था। मानो सभी अधिकार पुरुषों के थे, यहाँ तक कि मतदान के रूप में कुछ भी बुनियादी। जैसे-जैसे समय विकसित हुआ, महिलाओं को अपनी शक्ति का राहसास हुआ। यहीं से महिला सशक्तिकरण की क्रांति शुरु हुई।

चूंकि महिलाओ को उनके लिए निर्णय लेने की अनुमति नही थी, इसलिए महिला सशक्तिकरण तजी हवा के झोके की तरह आया। इसने उन्हे अपने अधिकारों के बारे में जागरूक किय और उन्हें राक आदमी पर निर्भर होने के बजाय समाज मे अपनी जगह कैसे बनानी चाहिए। इसने इस तथ्य को स्वीकार किया कि चीजे केवल उनके लिंग के कारण किसी के पक्ष मे काम नहीं कर सकती है। हालँकि हमें अभी भी राक लंबा रास्ता तय करना हैं जब हम उन कारणों के बारे में बात करते है जिनकी हमें आवश्यकता है।

महिला सशक्तिकरण की आवश्यकता

लगभग हर देशा मे, चाहे वह कितना भी प्रगतिशील क्यों न हो, महिलाओं के साथ दुर्व्यवहार को इतिहास रहा है। दूसरे शब्दो में दुनिया भर की महिलाए आज की स्थिति तक पहुँचने के लिए विद्रोही रही हैं। जबकि पश्चिमी देश अभी भी प्रगति कर रहे है। भारत जैसे तीसरी दुनिया के देश अभी महिला सशक्तिकरण मे पीछे है।

भारत मे, महिला सशक्तिकरण की पहले से कहीं अधिक आवश्यकता है। भारत उन देशो में शामिल है जो महिलाओं के लिए सुरक्षित नहीं है। इसके कई कारण है।

* सबसे पहले, भारत मे महिलाओंको किलिंग का खतरा है।
* उनका परिवार उनकी जन लेने का अधिकार समझता है और यहाँ शिक्षा और स्वतंत्रता का परिदृश्य बहुत ही प्रतिगामी है। उनकी शादी जल्दी कर दी जाती है।
* पुरुष अभी भी कुछ क्षेत्रों मे महिलाओं पर हावी है जैसे कि उसके लिए अंतहीन काम करना महिला का कर्तव्य है।
* पुरुष अपनी पत्नी को पीटते है और उन्हे गली देते है। रोसा इसलिए है क्योंकि महिलाए बोलते से हरती है।
* इस प्रकार हम देखते हैं कि महिला सशक्तिकरण कैसे समय की आवश्यकता है। हमें इन महिलाओं को अपनी बात रखने और कभी भी अन्याय का शिकार नही होने के लिए सशक्त बनाने की अवश्यकता है।

महिलाओं को सशक्त कैसे करें?

महिलाओं को सशक्त बनाने के कई तरीके है। रोसा करने के लिए व्यक्तियों और सरकार दोनो के एक साथ आना चाहिए। महिलाओं को हर क्षेत्र में समान अवसर दिश जाने चाहिए, चाहे वे किसी भी लिंग के हो। साथ ही उन्हें समान वेतन भी दिया जाए। हम बाल विवाह को समाप्त करके महिलाओ को सशक्त बना सकते है।



विभिन्न कार्यक्रम आयोजित किया जाना चाहिए जहाँ उन्हें वित्तीय संकट का सामना करने की स्थिति में खुद का सामना करने का कौशल सिखाया जा सके।

- Hansika R. Acharya, VIII B

इंटरव्यू दादाजी और पोता



दादाजी : यहाँ आओ पोता

पोता : आ रहा हूँ दादाजी ।

दादाजी : कहाँ जा रहे थे ?

पोता : मैं पार्क जा रहा हूँ ।

दादाजी : ठीक है तो तुम्हारा मुखौटा कहाँ है?

पोता : मुझे उसे पहनना पसंद नहीं है, उससे दम घुटता है?

दादाजी : मेरे प्यारे बच्चे तुम्हें मास्क पहनना है, क्या तुम्हें पता नहीं है कि कोरोना चल रहा है ?

पोता : हाँ, दादाजी मैंने इसके बारे में सुना लेकिन मुझे नहीं पता कि यह क्या है।

दादाजी : ठीक है, तो मैं आपको बता दूँ कि कौन सी कोविड़ एक खतरनाक बीमारी है, जो सावधानी न बरतने पर मौत का कारण बन सकती है ।

पोता : बाप रे! यह खतरनाक लगता है दादाजी ।

दादाजी : मैं आपको रोग के कुछ लक्षण बताता हूँ जैसे बुखार, खांसी, थकान, स्वाद में कमी या गले में खराश, सिरदर्द और दस्त । मेरा बच्चा हमारा किसी को ये लक्षण दिखाता है तो उनसे दूर रहें ।

पोता : ठीक है दादाजी मैं सुरक्षित रहूँगा । हम इस बीमारी को कैसे रोकें दादाजी ?

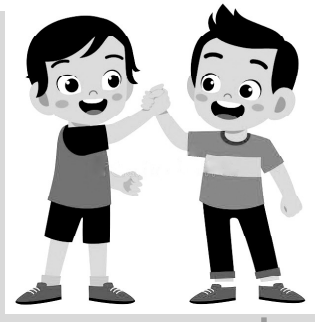
दादाजी : हर चीज़ को सेनेटाइज़ कर. हाथ धोकर मुखौटा पहनकर और सुरक्षित रहकर हम इस बीमारी को फैलने से रोक सकते है ।

पोता : जानकारी के लिए दादाजी धन्यवाद मै यह सुनिश्चित करूँगा कि मै मुखौटा पहन और देखूंग की मेरे आस–पास के लोग मुखौटा पहने ।

माँ

माँ तो जन्नत का फूल है
प्यार करना उसका उसूल है
दुनिया की मोहब्बत फिजूल है
माँ की हर कबूल है ।
माँ को नराज करना
इसान तेरी भूल है
माँ के कदमों के मिटटी
जन्त की धूल है ।

- Sanvi Valson DSouza, 8A



दोस्त

दोस्ती पर कुछ तरस खाया करो ।
बेजरूरत भी कभी आया करो ।
सोचो मैने क्यों कही थी को ई बात
हू–ब–हू मुझको न दोहराया करो ।
रोशनी की तुम अलभवरदार हो
रोशनी में भी कभी आया करो।
बर्फ़ होता जा रहा हूँ मै नदिम
मेरे ऊपर धूप का सया करो।

- Aaron Quadros

समय का महत्व



समय पृथ्वी पर सबसे कीमती वस्तु है, इसकी तुलना किसी से भी नहीं की जा सकती है । इस संसार में सब कुछ समय पर निर्भर करता है, समय से पहने कुछ भी नहीं होता है । यदि हमारे पास समय नही है, तो हमारे पास कुछ भी नही है । समय की बर्बादी हमें और हमारे भविष्य को बर्बाद करती है। यह समय ही है, जो हमें धन, समृद्धि और खुशी प्रदान करता है। हमें अपने समय का उपयोग कुछ उपयोगी कामों को करने में करना चाहिए ताकि, हमें समय समृद्धि दे न कि नष्ट करे। जीवन और मृत्यु के बीच में अन्तर के लिए केवल एक ही पल काफी होती है ।

इस संसार में सबकुछ समय के अनुसार बदलता है क्योंकी, समय से कुछ भी स्वतंत्र नहीं है । हमे कठिन परिश्रम करने का आनंद लेना चाहिए और कभी भी अपनी अच्छी आदतों को बाद में करने के लिए डालना नही चाहिए । हमें समय के महत्व की समझ कर उसका रचनात्मक ढंग से प्रयोग करना चाहिए, ताकि समय हमें समृद्ध करे न कि नष्ट करें ।

स्वच्छ भारत अभियान



महात्मा गांधी का सपना है । भारत को स्वच्छ भारत बनाए रखना है । भारत से गंदगी हटाना है भारत में स्वच्छता लानी है । स्वच्छता हमारे घर से शुरु होती है और सड़को तक जाती है । जब भारत में स्वच्छता आएगी तभी जाकर भारत महान बनेगा । साफ सफाई को अपनाना है और गंदगी को हटाना है । भारत की स्वच्छता को बनाए रखने में सभी का हाथ होना चाहिए । लेकिन कुछ लोग ऐसे होते है जो कि भारत को और भी ज्यादा गंदा करते जा रहे है, गलता जगह पर फैफटि लगते हैं, जल को हवा को गंदगी से भर देते है । भारत मै आए दिन नई मशीनों का प्रयोग किया जा रहा है ।



- Saksha, 5 A

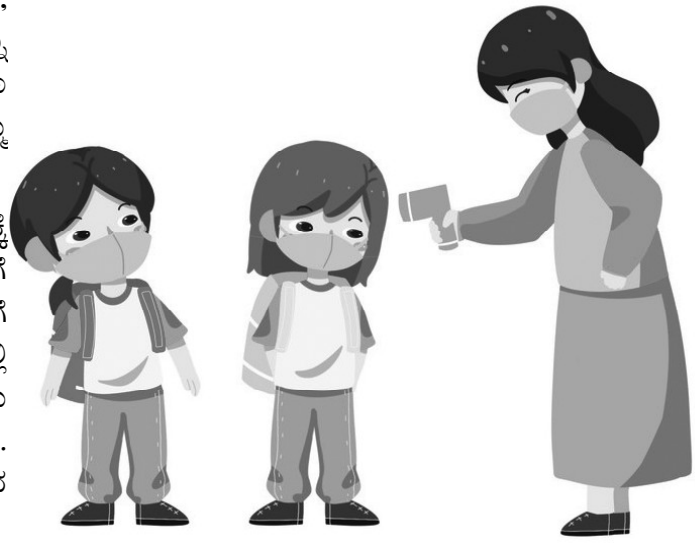
ಕೊರೋನ ವೈರಸ್

ಹೊಸ ಕೊರೋನ ವೈರಸ್ ನೋಡಲು ಬಹಳ ಚಿಕ್ಕದು. ವ್ಯಕ್ತಿಯಿಂದ ವ್ಯಕ್ತಿಗೆ ನಗರದಿಂದ ನಗರಕ್ಕೆ ಮತ್ತು ದೇಶದಿಂದ ದೇಶಕ್ಕೆ ವಿಶ್ವದ ಎಲ್ಲಾ ಮೂಲೆಗಳಿಗೂ ಶೀಘ್ರವಾಗಿ ಪಸರಿಸುವುದು. ನಮ್ಮಲ್ಲಿ ಯಾರಿಗಾದರೂ ತಗಲಬಹುದು, ಹರಡಬಹುದು ಮತ್ತು ಅನಾರೋಗ್ಯಕ್ಕೆ ಒಳಗಾಗಬಹುದು. ಕೊರೋನ ವೈರಸ್ ಸೋಂಕಿತ ವ್ಯಕ್ತಿಯು ಉಸಿರಾಡುವಾಗ, ಮಾತಾಡುವಾಗ, ಕೆಮ್ಮುವಾಗ ಅಥವಾ ಸೀನುವಾಗ ಲಕ್ಷಾಂತರ ಹಾನಿಕಾರಕ ವೈರಸ್‌ಗಳನ್ನು ಹೊಂದಿರುವ ಸಣ್ಣಹನಿಗಳು ಗಾಳಿಯಲ್ಲಿ ಹರಡಿ ಹತ್ತಿರದ ಎಲ್ಲಾ ಥರದ ಮೇಲೆ ಪಸರಿಸುತ್ತೇವೆ. ನಮಗೆ ತಿಳಿಯದಂತೆ ವೈರಾಣುಗಳು ನಮ್ಮ ದೇಹವನ್ನು ಪ್ರವೇಶಿಸುತ್ತವೆ. ನಾವು ಅವುಗಳನ್ನು ಉಸಿರಲ್ಲಿ ಎಳೆದುಕೊಳ್ಳುವೆವು. ಅವು ನಮ್ಮ ಬಾಯಿ, ಮೂಗು ಮತ್ತು ಕಣ್ಣುಗಳಲ್ಲಿ ಸೇರಿಕೊಳ್ಳುತ್ತವೆ ಮತ್ತು ನಾವು ಅವುಗಳನ್ನು ಕೈಗಳಿಂದ ತೆಗೆದುಕೊಂಡು ನಮ್ಮ ಕಣ್ಣುಗಳು, ಮೂಗು ಅಥವಾ ಬಾಯಿಯನ್ನು ಸ್ಪರ್ಶಿಸುವವು. ಈ ರೀತಿಯಾಗಿ ವೈರಾಣುಗಳು ನಮ್ಮ ಶರೀರವನ್ನು ಪ್ರವೇಶಿಸಿ ನಮ್ಮನ್ನು ಸೋಂಕಿತರನ್ನಾಗಿಸುತ್ತವೆ.

ಹೆಚ್ಚಿನ ಜನರು ಕೊರೋನ ವೈರಸ್‌ನಿಂದ ಹೆಚ್ಚು ಅನಾರೋಗ್ಯಕ್ಕೆ ಒಳಗಾಗುವುದಿಲ್ಲ. ಈ ವೈರಾಣುಗಳು ನಮ್ಮಲ್ಲಿ ಸೇರಿದ್ದರೂ, ನಮಗೆ ತಿಳಿಯದೆ ಇರಬಹುದು ಮತ್ತು ನಾವು ಅದನ್ನು ಸುಲಭವಾಗಿ ಇನ್ನೊಬ್ಬರಿಗೆ ಪಸರಿಸಿ ಅವರು ಇತರರಿಗೂ ಪಸರಿಸಬಹುದು. ಕೆಲವೇ ವಾರಗಳಲ್ಲಿ ನೆರೆಹೊರೆಯವರೆಲ್ಲ ಸೋಂಕಿತರಾಗಿ ಬಿಡಬಹುದು. ಹೆಚ್ಚಿನ ಜನರು ಅನಾರೋಗ್ಯ ಪೀಡಿತರಾದರು. ತಮಗೆ ತಾವೇ ಗುಣಮುಖರಾಗಬಹುದು. ಕೆಲವರು ಅದರಲ್ಲೂ ಹಿರಿಯರು ಮತ್ತು ಈಗಾಗಲೇ ಕಾಯಿಲೆಯಿಂದ ಬಳಲುತ್ತಿರುವವರು ತುಂಬಾ ಅನಾರೋಗ್ಯಕ್ಕೆ ಒಳಗಾಗಬಹುದು ಮತ್ತು ಸಾಯಬಹುದು. ಜನರು ಒಟ್ಟಿಗೆ ಇರುವಾಗ ಕರೋನ ವೈರಸ್ ಹರಡುತ್ತದೆ. ನಮ್ಮನ್ನು ಮತ್ತು ಪ್ರತಿಯೊಬ್ಬರನ್ನು ಕೊರೊನಾ ರಕ್ಷಿಸಿಕೊಳ್ಳಲು ನಾವು ಜನಸಂದಣಿಯಿಂದ ಮತ್ತು ಸುತ್ತುವರಿದ ಸ್ಥಳಗಳಿಂದ ದೂರ ಇರಬೇಕು ಮತ್ತು ಅಂತರವನ್ನು ಕಾಯ್ದುಕೊಳ್ಳಿ ನಮ್ಮನ್ನು ಮತ್ತು ಇತರರನ್ನು ರಕ್ಷಿಸಲು ಮುಖಕವಚವನ್ನು ಧರಿಸಿ ನಮ್ಮ ಕೈಗಳನ್ನು ಮುಖದಿಂದ ದೂರವಿಡಬೇಕು. ಕೈಗಳನ್ನು ಆಗಾಗ ಸಾಬೂನಿನಿಂದ ಸ್ವಚ್ಛಗೊಳಿಸತ್ತಿರಬೇಕು. ಪದೇ ಪದೇ ಸ್ಯಾನಿಟೈಸರನ್ನು ಕೈಗಳಿಗೆ ಉಜ್ಜುತ್ತಿರಬೇಕು. ಈ ಎಲ್ಲಾ ಕ್ರಮಗಳು ಕೊರೋನಾ ವೈರಸ್ ಹರಡುವುದನ್ನು ತಪ್ಪಿಸಿ ನಮ್ಮನ್ನು, ನಮ್ಮ ಕುಟುಂಬ ಮತ್ತು ಸಮುದಾಯವನ್ನು ಸುರಕ್ಷಿತವಾಗಿರಿಸಲು ಅನುಕೂಲವಾಗಿದೆ.



–ಜೆಸ್ವಿಟ, 5 (21–22)



ಕೊರೋನ ವೈರಸ್

ಇಡೀ ಭೂಮಿಯನ್ನೇ ಅಲ್ಲೋಲ ಕಲ್ಲೋಲ ಮಾಡಿದ ಈ ರೋಗದ ಭೀಕರತೆ ಅಷ್ಟೊಂದಿದೆಯಾ ಅನ್ನುವ ಪ್ರಶ್ನೆಗೆ ಉತ್ತರ ಹೀಗಿದೆ:

ಈ ರೋಗ ಮೊದಲು ಚೀನಾದಲ್ಲಿ ಆರಂಭವಾದಾಗ ಮೊದ ಮೊದಲು ಅಷ್ಟೊಂದು ತೀವ್ರವಾಗಿ ಯಾರೂ ಚಿಂತಿಸಲಿಲ್ಲ. ಆದರೆ ಕೊನೆ ಕೊನೆಗೆ ಚಿಂತಿಸುತ್ತಲೇ ಹೋರಾಡಬೇಕಾದ ಪರಿಸ್ಥಿತಿ ಬಂದೊದಗಿತು. ಪ್ರಯಾಣ, ಸಂಪರ್ಕ, ಸಹವಾಸದಿಂದ ಇದು ಸಾಂಕ್ರಾಮಿಕವಾಗಿ ಹಬ್ಬಿತು, ಲಂಕಾ ದಹನದಂತೆ.

ಹೀಗಾಗಿ ಅಸಡ್ಡೆ ಅಥವಾ ನಿಧಾನಗತಿಯಲ್ಲಿ ಈ ಕೋವಿಡ್–19 ಬಗ್ಗೆ ಕ್ರಮ ಕೈಗೊಳ್ಳೋಣ. ಅವಸರ ಬೇಡ ಎಂಬ ನಿರ್ಣಯ ತಪ್ಪು. ಇದು ಅತೀ ಬೇಗನೆ ಹರಡುವ ಸಾಂಕ್ರಾಮಿಕ ರೋಗವೆಂದು ವಿಶ್ವ ಆರೋಗ್ಯ ಸಂಸ್ಥೆಯೇ ಹೇಳಿರುವ ಕಾರಣ ಕ್ಷಿಪ್ರ ಚಿಕಿತ್ಸೆ ಅತ್ಯಗತ್ಯ.

ಇದರ ಲಕ್ಷಣಗಳೇನು?

- ಕೆಲವರಿಗೆ ಕೆಮ್ಮು, ನೆಗಡಿ
- ಹಲವರಿಗೆ ಜ್ವರ, ಮೈ ಕೈ ನೋವು
- ಗಂಟಲು ಕೆರೆಗ
- ವಾಂತಿ, ವಾಕರಿಕೆ
- ಉಸಿರಾಟದ ತೊಂದರೆ

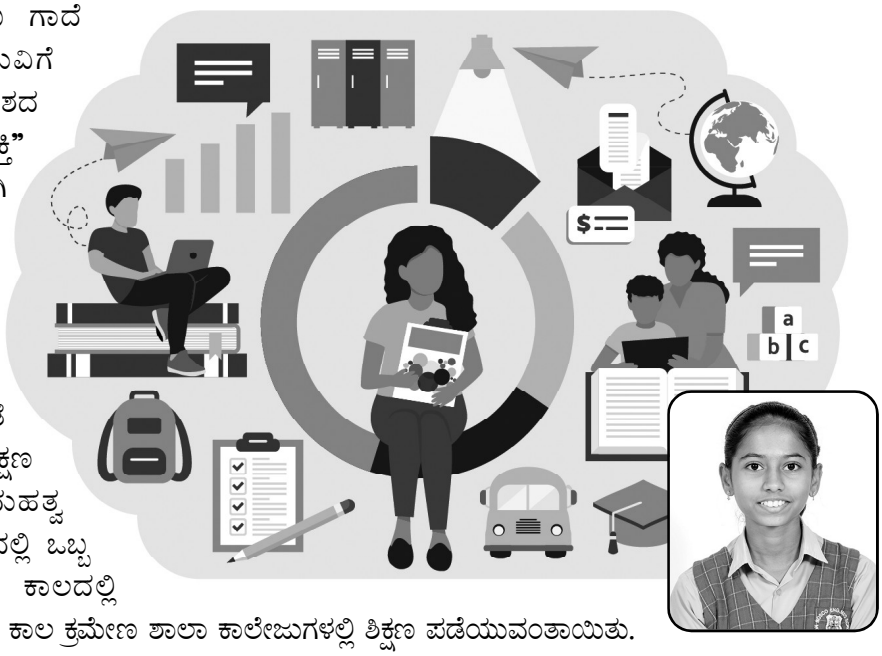


ಲಕ್ಷಣಗಳು ಗೋಚರಿಸದರೆ ಏನು ಮಾಡಬೇಕು?

ನೀವುಗಳು ನಿಮ್ಮ ಕುಟುಂಬ ವೈದ್ಯರನ್ನು ಕೂಡಲೇ ಸಂಪರ್ಕಿಸಿ. ಅವರು ಕಾಯಿಲೆ ಲಕ್ಷಣ, ಪರೀಕ್ಷೆ ಇತ್ಯಾದಿಗಳ ಆಧಾರದಿಂದ ನಿಭಾಯಿಸುತ್ತಾರೆ. ಕೆಮ್ಮು, ನೆಗಡಿ, ಜ್ವರ ಇತ್ಯಾದಿಗಳು ಕಂಡುಬಂದಾಗ ಕಂಡಲ್ಲಿ ಸೀನುವುದಾಗಲಿ ಮಾಡಬಾರದು. ನಾವೂ ಸುರಕ್ಷಿತವಾಗಿದ್ದು, ನಮ್ಮವರನ್ನೂ ಸುರಕ್ಷಿತವಾಗಿರಿಸೋಣ.

ಆರನ್ ರಾಯನ್ ಅಂಚನ್, 6 ಬಿ (21–22)

ದೇಶದ ಪ್ರಗತಿಯಲ್ಲಿ ಶಿಕ್ಷಣದ ಮಹತ್ವ



"ವಿದ್ಯಾಹೀನಂ ಪಶು ಸಮಾನಂ" ಎಂಬ ಗಾದೆ ಮಾತಿನಂತೆ ವಿದ್ಯೆ ಇಲ್ಲದವನ ಬಾಳು ಪಶುವಿಗೆ ಸಮಾನವಾಗಿದೆ. ಆದ್ದರಿಂದ ಶಿಕ್ಷಣ ಪಡೆದ ವ್ಯಕ್ತಿ ದೇಶದ ಅಮೂಲ್ಯ ಸಂಪತ್ತು ಎನ್ನಬಹುದು. "ಶಿಕ್ಷಣವೇ ಶಕ್ತಿ" ಎಂಬಂತೆ ಶಿಕ್ಷಣವೇ ವ್ಯಕ್ತಿಯನ್ನು ಸುಶಿಕ್ಷಿತ ವ್ಯಕ್ತಿಯನ್ನಾಗಿ ಮಾಡುತ್ತದೆ. ಒಂದು ದೇಶದ ಪ್ರಗತಿಯಾಗಬೇಕಾದರೆ ಆ ದೇಶದ ಜನರು ಸುಶಿಕ್ಷಿತರಾಗಬೇಕು. ಸುಶಿಕ್ಷಿತ ಜನರೇ ದೇಶದ ಪ್ರಗತಿಗೆ ಕಾರಣರಾಗುತ್ತಾರೆ.

"ಮನೆಯೇ ಮೊದಲ ಪಾಠಶಾಲೆ. ತಾಯಿಯೇ ಮೊದಲ ಗುರು" ಎಂಬ ನಾಣ್ನುಡಿಯಂತೆ ಒಂದು ಮಗು ತನ್ನ ತಾಯಿಯಿಂದಲೇ ಪ್ರಾರಂಭಿಕ ಶಿಕ್ಷಣ ಪಡೆಯುತ್ತದೆ. ತಾಯಿಯಿಂದಲೇ ಶಿಕ್ಷಣದ ಮಹತ್ವ ಕಲಿಯುತ್ತದೆ. ಆದ್ದರಿಂದ ದೇಶದ ಪ್ರಗತಿಗೆ ಶಿಕ್ಷಣದಲ್ಲಿ ಒಬ್ಬ ತಾಯಿಯ ಪಾತ್ರವೂ ಮುಖ್ಯವಾಗಿದೆ. ಹಿಂದಿನ ಕಾಲದಲ್ಲಿ ವಿದ್ಯಾರ್ಥಿಗಳು ಗುರುಕುಲದಲ್ಲಿ ಶಿಕ್ಷಣ ಪಡೆಯುತ್ತಿದ್ದರು. ಕಾಲ ಕ್ರಮೇಣ ಶಾಲಾ ಕಾಲೇಜುಗಳಲ್ಲಿ ಶಿಕ್ಷಣ ಪಡೆಯುವಂತಾಯಿತು.

ಶಿಕ್ಷಣವು ದೇಶದಲ್ಲಿ ಶಿಸ್ತು, ಶಾಂತಿ, ಸಮಾನತೆ ಮುಂತಾದ ಉತ್ತಮ ಗುಣಲಕ್ಷಣಗಳನ್ನು ಬೆಳೆಸುವುದರ ಮೂಲಕ ದೇಶದಲ್ಲಿ ಸಹೋದರತ್ವ ಭಾವನೆ ಬೆಳೆಸಲು ಸಹಾಯ ಮಾಡುತ್ತದೆ. ಶಿಕ್ಷಣದಿಂದ ಸಾಮಾಜಿಕ ಪಿಡುಗುಗಳಾದ ಬಾಲ್ಯವಿವಾಹ, ಮೂಢನಂಬಿಕೆ ದೂರವಾಗುತ್ತದೆ. ಶಿಕ್ಷಣದಿಂದಲೇ ದೇಶದ ಸಾಮಾಜಿಕ, ಆರ್ಥಿಕ ಸ್ಥಿತಿಯು ಅಭಿವೃದ್ಧಿಯಾಗುತ್ತದೆ.

ಸುಶಿಕ್ಷಿತ ವ್ಯಕ್ತಿಯು ಒಂದು ಸುದೃಢ ರಾಷ್ಟ್ರದ ನಿರ್ಮಾಣ ಮಾಡಿ ಒಬ್ಬ ಸಮರ್ಥ ರಾಜಕಾರಣಿಯಾಗಬಹುದು. ನೇಗಿಲು ಮತ್ತು ಎತ್ತುಗಳಿಂದ ಪ್ರಾರಂಭವಾದ ಕೃಷಿಯು ಶಿಕ್ಷಣ ಹಾಗೂ ತಂತ್ರಜ್ಞಾನದ ಪ್ರಭಾವದಿಂದ ಇಂದು ಉಳುಮೆ, ಬಿತ್ತನೆ, ಕಟಾವು ಎಲ್ಲವೂ ವೇಗವಾಗಿ ಯಂತ್ರಗಳ ಮೂಲಕವೇ ನಡೆಯುತ್ತದೆ. ಅಷ್ಟೇ ಅಲ್ಲದೆ ಶಿಕ್ಷಣದಿಂದ ಯುದ್ಧನೌಕೆ, ಸಾರಿಗೆ, ಸಂಪರ್ಕ ವ್ಯವಸ್ಥೆ ಕೈಗಾರಿಕೆ ಮುಂತಾದ ಕ್ಷೇತ್ರಗಳಲ್ಲಿ ಮಹತ್ತರ ಬದಲಾವಣೆ ಕಾಣುವಂತಾಗಿದೆ. ಶಿಕ್ಷಣವು ವೈಜ್ಞಾನಿಕ ಕ್ಷೇತ್ರದಲ್ಲಿಯೂ ತನ್ನ ಮಹತ್ತರ ಸಾಧನೆ ತೋರಿಸಿದೆ. ಕೊರೋನಾದಂತಹ ಮಹಾಮಾರಿ ರೋಗಕ್ಕೆ ಲಸಿಕೆ ಕಂಡುಹಿಡಿಯುವಂತಾಯಿತು.

ನಮ್ಮ ದೇಶವು ಇನ್ನೂ ಅಭಿವೃದ್ಧಿಯಾಗಲಿ ಶಿಕ್ಷಣದಿಂದ ಹಲವಾರು ಸಂಶೋಧನೆಗಳು ನಡೆಸಿ ಇತರ ರಾಷ್ಟ್ರಗಳಿಗಿಂತ ಮುಂಚೂಣಿಯಲ್ಲಿರಲಿ ಎಂದು ಹಾರೈಸುತ್ತೇನೆ.

–ಜ್ಯೋತ್ಸ್ನಾ ರಿಯೋನಾ ಮಿನೇಜಸ್, 9ನೇ 'ಎ' ವಿಭಾಗ



ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ ಬಣ್ಣದ ಚಿಟ್ಟೆ
ಒಂದೇ ಎರಡೇ ಮೂರೇ
ಬಣ್ಣಗಳೂ ನೂರಾರು

ಹಸಿರು ಹಳದಿ ಕೆಂಪು
ಕೇಸರಿ ನೀಲಿ ಕಪ್ಪು
ಆಹಾ! ನೇರಳೆ ಬೂದು ಕಂದು
ಚುಕ್ಕೆಗಳು ಅಲ್ಲಿಲ್ಲೊಂದು

ಹೂವಿಂದ ಹೂವಿಗೆ ಹಾರುವ ನೀನು
ಕರೆಯುವೆ ಚಿಣ್ಣರಾನಿನ್ನೆಡೆಗೆ
ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ ಬಣ್ಣದ ಚಿಟ್ಟೆ

–ದಿಯಾ, 5 ಬಿ



ಮಾದಕ ವಸ್ತುಗಳು



ಮಾದಕ ವಸ್ತುಗಳು ಆರೋಗ್ಯಕ್ಕೆ ಅಪಾಯಕಾರಿ ಎನ್ನುವುದು ಪ್ರತಿಯೊಬ್ಬರಿಗೂ ತಿಳಿದ ವಿಷಯ. ಇದರ ಸೇವನೆಯಿಂದ ಮನುಷ್ಯ ಒತ್ತಡಕ್ಕೆ ಒಳಾಗಾಗುತ್ತಾನೆ. ಮಾದಕ ವಸ್ತುಗಳನ್ನು ಸೇವಿಸುವುದರಿಂದ ಮನುಷ್ಯನ ದೈಹಿಕ ಮತ್ತು ಮಾನಸಿಕ ಸಾಮರ್ಥ್ಯವು ಕುಂದುತ್ತದೆ. ಅಷ್ಟೇ ಅಲ್ಲದೆ ಹಲವು ಖಾಯಿಲೆಗಳಿಗೆ ಅದು ನಾಂದಿಯಾಗುತ್ತದೆ. ಉದಾಹರಣೆಗೆ ರಕ್ತಸಂಬಂಧಿ ಕಾಯಿಲೆ, ಎಚ್‌ಐವಿ, ಮನೋರೋಗ, ಶ್ವಾಸಕೋಶ ಹಾಗೂ ಹೃದಯ ಸಂಬಂಧಿ ಕಾಯಿಲೆಗಳು ಕಾಣಿಸಿಕೊಳ್ಳುತ್ತದೆ. ಕೆಲವರಿಗೆ ಕೆಟ್ಟಜನರ ಸಹವಾಸದಿಂದ ಮಾದಕ ವಸ್ತುಗಳ ಪರಿಚಯವಾಗುತ್ತದೆ. ಇದನ್ನು ಸೇವಿಸಿದ ಜನರು/ಯುವಕರು ತಾವು ಮಾಡಿದ್ದೇ ಸರಿಯೆಂದು ಭಾವಿಸುತ್ತಾರೆ. ಅದರಲ್ಲೇ ಸಂತೋಷ ಪಡೆಯುತ್ತಾರೆ. ಇತ್ತೀಚಿನ ದಿನಗಳಲ್ಲಿ ಯುವಕರು ಹೆಚ್ಚಾಗಿ ಬಲಿಯಾಗುತ್ತಿದ್ದಾರೆ. ವಿದ್ಯಾರ್ಥಿಗಳು ವಿದ್ಯಾಭ್ಯಾಸವನ್ನು ಕಲಿಯುವ ದಿನಗಳಲ್ಲಿ ಯಾವುದೋ ಕಾರಣಕ್ಕೆ ಯಾರದೋ ಜತೆ ಸೇರಿಕೊಂಡು ಒಮ್ಮೆ ಡ್ರಗ್ಸ್ ಮೊರೆ ಹೋದರೆ, ಮಾದಕ ಲೋಕದಿಂದ ವಾಪಸು ಕರೆತರುವುದು ತುಂಬಾ ಕಷ್ಟದ ಕೆಲಸ.

ಡ್ರಗ್ಸ್ ಸೇವನೆಯಿಂದ ನಮ್ಮ ಆರೋಗ್ಯಕರ ಮತ್ತು ಒಳ್ಳೆಯ ಬದುಕನ್ನು ಹಾಳು ಮಾಡಿಕೊಳ್ಳುತ್ತೇವೆ. ಇದರಿಂದ ಕೆಟ್ಟ ಜನರ ಸಹವಾಸ ಉಂಟಾಗುತ್ತದೆ. ಒಬ್ಬ ವ್ಯಕ್ತಿ ಮಾದಕ ವಸ್ತು ಸೇವನೆಗೆ ಒಳಗಾದರೆ ಆ ಕುಟುಂಬಕ್ಕೆ ಮಾತ್ರ ತಲೆ ನೋವಲ್ಲ, ಸಮಾಜಕ್ಕೆ ದೊಡ್ಡ ಭಾದೆ. ದಂಧೆಯನ್ನು ಮಟ್ಟ ಹಾಕಲು ಸರಕಾರ ಗಂಭೀರ ಕ್ರಮಗಳನ್ನು ಕೈಗೊಳ್ಳುತ್ತದೆ. ನಾವೆಲ್ಲರೂ ಕೈ ಜೋಡಿಸಿದರೆ ಒಳ್ಳೆಯ ಸಮಾಜವನ್ನು ನಿರ್ಮಿಸಲು ಸಾಧ್ಯ. ಒಳ್ಳೆಯ ಸಮಾಜ ನಿರ್ಮಾಣಕ್ಕಾಗಿ ನಾವೆಲ್ಲರೂ ಶ್ರಮಿಸಬೇಕು. ಮಾದಕ ವಸ್ತುಗಳನ್ನು ನಿಯಂತ್ರಿಸಲು ಪ್ರತಿ ಜೂನ್ 26ರಂದು ವಿಶ್ವ ಮಾದಕ ವಸ್ತುಗಳ ವಿರೋಧಿ ದಿನಾಚರಣೆಯನ್ನು ಆಚರಿಸುತ್ತಾರೆ. ಹಾಗೂ ಯುವಜನತೆಗೆ ಅರಿವು ಮಾಡಿಸುತ್ತಾರೆ. ಒಂದು ಒಳ್ಳೆಯ ಸಮಾಜ ನಿರ್ಮಾಣ ಮಾಡಲು ನಮ್ಮೆಲ್ಲರ ಶ್ರಮ, ಪ್ರಯತ್ನ, ಸಹಕಾರ ಅಗತ್ಯವಾಗಿ ಬೇಕು. ನಾವೆಲ್ಲರೂ ಒಟ್ಟಾಗಿ ಕೆಲಸ ಮಾಡಿದರೆ ನಮ್ಮ ಸಮಾಜ ದೇಶ ಅಭಿವೃಧಿ ಪಥದಲ್ಲಿ ಮುನ್ನಡೆಯಲು ಸಾಧ್ಯ.

– ಶ್ರೇಯಸ್, 3ನೇ ತರಗತಿ

ಸ್ವಚ್ಛ ಪರಿಸರ

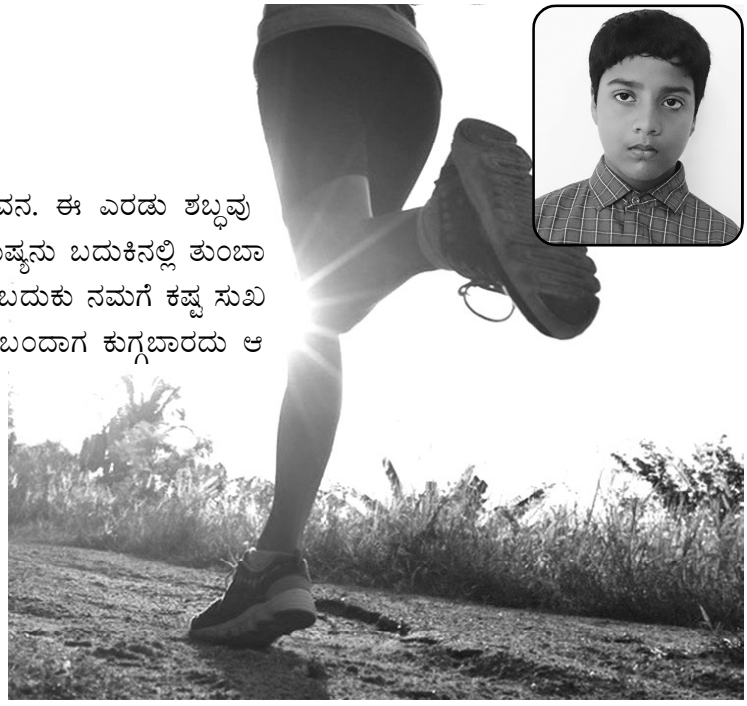
ಮಾಡೋಣ ಮಾಡೋಣ
ಪರಿಸರವನ್ನು ಸ್ವಚ್ಛ ಮಾಡೋಣ
ಹೆಕ್ಕೋಣ ಹೆಕ್ಕೋಣ
ಬಿದ್ದ ಕಸವನ್ನು ಹೆಕ್ಕೋಣ
ಬಿಡದೆ ಕಸವನ್ನು ತೊಟ್ಟಿಗೆ ಹಾಕಿ
ಕಸವನ್ನು ಹಾಕುವುದನ್ನು ನಿಲ್ಲಿಸೋಣ

ಜನ ಜನರಿಗೆ ಜಾಗೃತಿ ಮೂಡಿಸಿ
ಅರಿತು ತಿಳಿ ಹೇಳೋಣ
ಎಲ್ಲಾರೂ ಒಂದಾಗಿ ಕೈ ಜೋಡಿಸಿ
ನಮ್ಮ ದೇಶವನ್ನು ಸ್ವಚ್ಛ ಮಾಡೋಣ

ಮಾಡೋಣ ಮಾಡೋಣ
ಸ್ವಚ್ಛ ಪರಿಸರವನ್ನು ಬೆಳೆಸೋಣ
ಆರೋಗ್ಯವನ್ನು ವೃದ್ಧಿಸೋಣ
ನೆಮ್ಮದಿಯ ನಾಳೆಗೆ ಕಾರಣರಾಗೋಣ!

–ಖುಷಿ ಕೆ, 8 ಬಿ

ಬದುಕು



ಬದುಕಿಗೆ ತುಂಬಾ ಸಮೀಪವಿರುವ ಶಬ್ಧವೇ ಬಾಳು, ಜೀವನ. ಈ ಎರಡು ಶಬ್ಧವು ಬದುಕು ಏನೆಂಬುವುದರ ಬಗ್ಗೆ ಅರ್ಥವನ್ನು ಸೂಚಿಸುತ್ತದೆ. ಮನುಷ್ಯನು ಬದುಕಿನಲ್ಲಿ ತುಂಬಾ ವಿಷಯ ಕಲಿಯಲು ಇದೆ. ಬದುಕು ಎಂಬುವುದೇ ನಾಟಕರಂಗ. ಬದುಕು ನಮಗೆ ಕಷ್ಟ ಸುಖ ಎರಡನ್ನೂ ತೋರಿಸಿಕೊಡುತ್ತದೆ. ಬದುಕಿನಲ್ಲಿ ಮನುಷ್ಯನಿಗೆ ಕಷ್ಟ ಬಂದಾಗ ಕುಗ್ಗಬಾರದು ಆ ಕಷ್ಟವನ್ನು ಎದುರಿಸುವ ಸಾಮಾರ್ಥ್ಯ ಇರಬೇಕು ಅಂತಹ ಸಾಮರ್ಥ್ಯ ಇಲ್ಲದವನು ಹೇಡಿಯಾಗುವನು. ವಸಂತ ಋತುವಿನಲ್ಲಿ ಮರಗಳು ಚಿಗುರಿದಂತೆ ಮನುಷ್ಯನ ಜೀವನದಲ್ಲಿ ಹೊಸ ಹೊಸ ಬದಲಾವಣೆಗಳು ಬರಬೇಕು. ಹೊಸ ಹೊಸ ಅಲೋಚನೆಗಳು ಮೂಡಿ ಬರಬೇಕಾದದ್ದು ಅತ್ಯಗತ್ಯವಾಗಿದೆ.

ಮನುಷ್ಯನು ತನ್ನ ಬದುಕಿನಲ್ಲಿ ತನ್ನದೆ ಚಿಂತೆ ಮಾಡುತ್ತಾ ಸ್ವಾರ್ಥಿಯಾಗಬಾರದು. ಇನ್ನೊಬ್ಬರ ಬದುಕನ್ನು ಅರ್ಥ ಮಾಡಿಕೊಳ್ಳುವ ದೊಡ್ಡ ಗುಣ ಇರಬೇಕು. ಕಷ್ಟದಲ್ಲಿದ್ದವರಿಗೆ ನೆರವಿನ ಕೈಯನ್ನು ನೀಡಬೇಕು. ಜೀವನದಲ್ಲಿ ಸಹಾಯವನ್ನು ಮಾಡುತ್ತಾ ಹೋದರೆ ನಮ್ಮ ಜೀವನ ರಾರಾಜಿಸುತ್ತದೆ ಎಂಬುವುದರಲ್ಲಿ ಎಳ್ಳಷ್ಟು ಸಂಶಯವಿಲ್ಲ.

ಇನ್ನು ವಿದ್ಯಾರ್ಥಿಗಳಾದ ನಾವು ನಮ್ಮ ಜೀವನದಲ್ಲಿ ಕಷ್ಟಪಟ್ಟು ಕಲಿಯಬೇಕು. ಈಗ ನಾವು ಕಷ್ಟಪಟ್ಟರೆ ಮುಂದೊಂದು ದಿನ ನಮಗೆ ಗೊತ್ತಿಲ್ಲದಂತೆ ಸುಖ ನಮ್ಮದಾಗುತ್ತದೆ. ಬದುಕಿನಲ್ಲಿ ಮೆಟ್ಟಿ ನಿಲ್ಲುವ ಛಲ ಹಠ ನಮ್ಮದಾಗಿರಬೇಕು. ಅಬ್ದುಲ್ ಕಲಾಂರವರು, ಬದುಕಿನಲ್ಲಿ ಯಶಸ್ಸಿನ ಸಂತೋಷ ಅರಿವಾಗುವುದು ಕಷ್ಟಗಳನ್ನು ಅನುಭವಿಸಿದ ಮನುಜನಿಗೆ ಮಾತ್ರ ಎಂದಿದ್ದಾರೆ. ಕುತೂಹಲ, ಆಲೋಚನಾ ಶಕ್ತಿ, ಜ್ಞಾನ, ತಿಳಿವು ಕಷ್ಟಪಟ್ಟು ಕೆಲಸ ಮಾಡುವುದನ್ನು ಕಲಿತರೆ ಬದುಕಿನ ಗುಟ್ಟು ತಿಳಿಯುತ್ತದೆ ಎಂದು ಕಲಾಂರವರು ಮನ ಮುಟ್ಟುವಂತೆ ತಿಳಿಸಿದ್ದಾರೆ. ಈ ಐದು ಅಂಶಗಳನ್ನು ನಾವು ನಮ್ಮ ಬದುಕಿನಲ್ಲಿ ಅಳವಡಿಸಿಕೊಂಡರೆ ನಮ್ಮ ಬದುಕು ಉನ್ನತ ಮಟ್ಟಕ್ಕೆ ಏರಿ ಯಶಸ್ಸನ್ನು ನಮ್ಮದಾಗಿಸಿಕೊಳ್ಳಬಹುದು.

ಸರಿಯಾದ ದಾರಿಯಲ್ಲಿ ನಡೆದುಕೊಂಡು ಹೋದಲ್ಲಿ ನಮ್ಮ ಬದುಕಿಗೆ ಸರಿಯಾದ ಅರ್ಥ ಸಿಗಲು ಸಾಧ್ಯ. ನಾವು ನಮ್ಮ ಬದುಕಿಗೆ ಚೌಕಟ್ಟನ್ನು ರೂಪಿಸಿಬೇಕು. ಈ ಎಲ್ಲಾ ವಿಷಯಗಳನ್ನು ಇಂದಿನಿಂದಲೇ ಪ್ರಾರಂಭಿಸಿದ್ದಲ್ಲಿ ನಮ್ಮ ಬದುಕು ಬಂಗಾರವಾಗುತ್ತದೆ. ಕಲ್ಲಿನ ತುಂಡಿನ ನಡುವೆ ಹೊಳೆಯುವ ವಜ್ರವಾಗುತ್ತದೆ. ಬದುಕು ಸುಂದರವಾಗಿ ಚಿತ್ರಿತವಾಗುತ್ತದೆ. ಬದುಕು ಸುಖಮಯವಾಗುತ್ತದೆ ಎಂದು ಹೇಳುವುದರಲ್ಲಿ ಸ್ವಲ್ಪನೂ ತಪ್ಪಿಲ್ಲ.

ರಿಹಾನ್ಸ್ ಶೆಟ್ಟಿ, 3ನೇ ತರಗತಿ

ಪ್ರಕೃತಿ

ನನ್ನನ್ನು ಕಾಪಾಡಿ
ದಯವಿಟ್ಟು ನನ್ನನ್ನು ಕಾಪಾಡಿ
ನಾನು ಸುಂದರ ನಿಸರ್ಗ
ಭೂಮಿ ಮೇಲಿನ ಸ್ವರ್ಗ
ನನ್ನನ್ನು ಸಾಯಿಸಿದರೆ ತೋರಿಸುವೆನು
ನಿಮಗೆ ಬದುಕಿರುವಾಗಲೇ ನರಕ ॥

–ರಿಖಿತ್, 8 ಬಿ

ವಿದ್ಯಾರ್ಥಿ ವಾಣಿ

ಓದಬೇಕೆಂಬ ಆಸೆಯಿಂದ ಬೇಗನೆ ಎದ್ದೆ
ಆದರೆ ಆಸೆಯೇ ದುಃಖಕ್ಕೆ ಮೂಲವೆಂದು
ಮತ್ತೆ ಹಾಸಿಗೆಯ ಮೇಲೆ ಬಿದ್ದೆ
ಪರೀಕ್ಷೆಯಲ್ಲಿ ಉತ್ತರಗಳನ್ನು ಕದ್ದೆ
ಫಲಿತಾಂಶದಲ್ಲಿ ಬಂತು ಬರೀ ಮುದ್ದೆ

–ಅವಿನ್ ಮಾರ್ಟಿಸ್, 6 ಬಿ

ಪ್ರವಾಸ ಕಥನ

ನಾನು ಒಮ್ಮೆ ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪುರವರ ಮನೆಗೆ ಹೋಗಿದ್ದೆ. ರಾಷ್ಟ್ರಕವಿ ಕುವೆಂಪುರವರು ಶಿವಮೊಗ್ಗ ಜಿಲ್ಲೆಯ ತೀರ್ಥಹಳ್ಳಿ ತಾಲೂಕಿನ ಕುಪ್ಪಳಿಯವರು. ನಾನು ನನ್ನ ತಾತನ ಮನೆಗೆಂದು ತೀರ್ಥಹಳ್ಳಿಗೆ ಹೋಗಿದ್ದೆ. ಆಗ ನನ್ನ ಅಜ್ಜಿಯವರು ನಮ್ಮನ್ನು ಅಂದರೆ ನಾನು, ನನ್ನ ಅಣ್ಣ, ಅಮ್ಮ ಮತ್ತು ಅಪ್ಪ ಎಲ್ಲರನ್ನು ಕುವೆಂಪುರವರ ಮನೆಗೆ ಕರೆದುಕೊಂಡು ಹೋದರು. ಅಲ್ಲಿ ಮನೆಯನ್ನು ನೋಡಲು ಒಳಗೆ ಪ್ರವೇಶಿಸಲು ಟಿಕೇಟನ್ನು ಪಡೆಯಬೇಕಿತ್ತು. ಟಿಕೇಟ್ ಪಡೆದು ಒಳ ನಡೆದೆವು. ಹಿಂದಿನ ಕಾಲದ ಮನೆಯಾಗಿದ್ದು, ತುಂಬಾ ಚೆನ್ನಾಗಿತ್ತು. ಅಲ್ಲಿಯ ಮರದ ಕೆತ್ತನೆಗಳು ನಯನ ಮನೋಹರವಾಗಿತ್ತು. ಕುವೆಂಪುರವರು ಉಪಯೋಗಿಸಿದ ಎಲ್ಲಾ ವಸ್ತುಗಳನ್ನು ಪ್ರದರ್ಶನಕ್ಕೆ ಇಟ್ಟಿದ್ದರು. ಕುವೆಂಪುರವರ ಪಾದರಕ್ಷೆ, ಉಡುಪುಗಳು, ಪೆನ್ನು, ಅವರು ಬರೆದ ಪುಸ್ತಕಗಳು, ಭಾವಚಿತ್ರಗಳು, ಅವರ ಪ್ರಶಸ್ತಿ–ಪುರಸ್ಕಾರಗಳು ಮತ್ತು ಅವರು ಕೃಷಿ ಹಿನ್ನೆಲೆಯುಳ್ಳವರಾಗಿದ್ದರಿಂದ ಕೃಷಿಗೆ ಸಂಬಂಧ ಪಟ್ಟ ಎಲ್ಲಾ ಉಪಕರಣಗಳನ್ನು ಅಲ್ಲಿ ಪ್ರದರ್ಶನಕ್ಕೆ ಇಡಲಾಗಿತ್ತು. ನಾನು ಅವರ ಕವಿತೈಲದ ದರ್ಶನವನ್ನು ಪಡೆದು ತುಂಬಾ ಖುಷಿಪಟ್ಟೆ. ಅವೆಲ್ಲವನ್ನು ನೋಡಿಕೊಂಡು ನಾವು ವಾಪಾಸಾದೆವು.



–ಪ್ರಾರ್ಥನಾ ಪಿ. ಆಚಾರ್ಯ, 6ಎ

ಬಣ್ಣದ ಚಿಟ್ಟೆ

ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ
ಬಣ್ಣದ ಚಿಟ್ಟೆ
ನಿನ್ನ ಅಂದವ ನೋಡಿ
ನಾ ಖುಷಿ ಪಟ್ಟೆ
ಹೂವಿಂದ ಹೂವಿಗೆ
ಹಾರುವ ಚಿಟ್ಟೆ
ಮಕರಂದ ಹೀರಿ
ತುಂಬಿಸುವೆ ಹೊಟ್ಟೆ
ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ
ಬಣ್ಣದ ಚಿಟ್ಟೆ
ಹಾರುವ ನಿನ್ನ
ನೋಡಲೇ ಚೆಂದ
ಚಿತ್ತಾರ ನೋಡಲು
ಮನಕಾನಂದ
ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ
ಬಣ್ಣದ ಚಿಟ್ಟೆ
ಇಲ್ಲಿದ್ದೆ ಈ ಕ್ಷಣ
ಇಲ್ಲಿಲ್ಲ ಮರುಕ್ಷಣ
ಪುಟ್ಟ ರೆಕ್ಕೆ ಬಡಿಯುತ
ಪಟಪಟ ಹಾರುತ
ಚಿಟ್ಟೆ ಚಿಟ್ಟೆ ಬಣ್ಣದ ಚಿಟ್ಟೆ
ನಿನ್ನ ಅಂದವ ನೋಡಿ ನಾ ಖುಷಿಪಟ್ಟೆ

– ಆನ್ಸೆಲ್ ಮೊನಿಸ್, 7 ಬಿ

ಮಳೆ

ಮಳೆ ಇದ್ದರೆ ಬೆಳೆ
ರೈತನಿಗೆ ಮಳೆಯೇ ಬದುಕು
ಮಳೆಯಿಲ್ಲದೆ ರೈತನಿಲ್ಲ
ಮಳೆಯಿಲ್ಲದೆ ಜೀವನವಿಲ್ಲ

– ಜೆಸ್ಸಿಕಾ, 7 ಎ

ಕಾಡು

ಕಾಡು ಇದ್ದರೆ ನಾಡು
ಕಾಡು ಇದ್ದರೆ ಹಸಿರು, ಉಸಿರು
ಮರಗಳ ಕಡಿಯದೆ ಬೆಳೆಸಿರಿ
ಪ್ರಕೃತಿ ಉಳಿಸಿರಿ

– ಸ್ವಸ್ತಿಕ್ ಕುಂದರ್, 7 ಎ

ತಾಯಿ

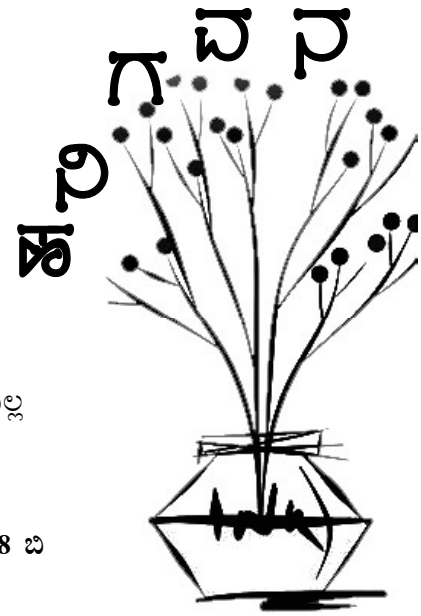
ನನ್ನ ಅಮ್ಮ, ನನ್ನ ಜೀವನ
ನೀನಿಲ್ಲದೆ ನನ್ನ ಬದುಕು ಸಾಗುವುದಿಲ್ಲ
ನೀನೇ ನನ್ನ ಮೊದಲ ಗುರು
ನೀನೇ ನನ್ನ ಮೊದಲ ಬಂಧು

–ರಮೋನ ನಜರೆತ್, 8 ಬಿ

ಪ್ರಕೃತಿ

ಪ್ರಕೃತಿಯೊಳು ನನ್ನ ನೋಟ
ಹೂವುಹಣ್ಣುಗಳ ಸುಂದರ ತೋಟ
ಗಿಡಮರ ಬಳ್ಳಿಗಳು
ಆಕಾಶದಲ್ಲಿ ಹಾರುವ ಹಕ್ಕಿಗಳು
ದೇವರು ಪ್ರಕೃತಿಯ ಸೃಷ್ಟಿಕಾರ
ನಶಿಸಿದ ಮನುಜ ದುಷ್ಟಕೋರ

– ಜ್ಯೋತ್ಸ್ನಾ ರಿಯೋನಾ ಮಿನೇಜಸ್, 9 ಎ



ಕಾಡು



ಸುಂದರವಾದ ಪ್ರಕೃತಿಯು ತನ್ನಲ್ಲಿ ಅನೇಕ ಸಂಪತ್ತನ್ನು ತುಂಬಿಕೊಂಡಿದೆ. ಇವುಗಳಲ್ಲಿ ಕಾಡಿನ ಸಂಪತ್ತೂ ಒಂದು. ದಟ್ಟವಾದ ಗಿಡಮರಗಳಿಂದ, ಹರಿಯುವ ಹಳ್ಳಗಳಿಂದ, ಆನಂದದಿಂದ ವಿಹರಿಸುವ ಮೃಗ ಪಕ್ಷಿಗಳಿಂದ ಶೋಭಿತವಾದ ಪ್ರದೇಶವೇ ಕಾಡು. ಕಾಡುಗಳು ದೇಶದ ಸಂಪತ್ತು. ಕಾಡುಗಳಿಲ್ಲದಿದ್ದರೆ ಪ್ರದೇಶವೆಲ್ಲ ಮರಳುಗಾಡು, ಬಂಜರು ಭೂಮಿ. ಸ್ವಇಚ್ಛೆಯಾಗಿ ಬೆಳೆಯುವ ಕಾಡುಗಳಿಂದ ಅನೇಕ ಸಾಮಾಗ್ರಿಗಳು, ಔಷಧೀಯ ಬೇರುಗಳು, ಸಾಂಬಾರ ಪದಾರ್ಥಗಳು, ಗೆಡ್ಡೆ ಗೆಣಸುಗಳು ಒಲೆಗೆ ಹಾಕುವ ಉರುವಲುಗಳೂ ಸಹ ದೊರೆಯುತ್ತವೆ.

ಕಾಡುಗಳು ಮಳೆ ಸುರಿಸಲು ಕಾರಣವಾಗಿದೆ. ಸ್ವಚ್ಛವಾದ ಗಾಳಿಯನ್ನು ಕೊಡುತ್ತವೆ. ಕಾಡುಗಳು ನಾಶವಾದರೆ ಅನೇಕ ದುಷ್ಪರಿಣಾಮಗಳಾಗುತ್ತವೆ. ಭೂಸಾರ ನಾಶವಾಗುತ್ತವೆ. ಭೂಮಿಯ ಉಷ್ಣತೆ ಹೆಚ್ಚುತ್ತದೆ. ನದಿಯಲ್ಲಿ ನೀರು ಕಡಿಮೆಯಾಗುತ್ತದೆ. ಪ್ರಕೃತಿಯಲ್ಲಿನ ಸಮತೋಲನವನ್ನು ಕಾಪಾಡಲು ಕಾಡುಗಳೂ, ಮೃಗ ಪಕ್ಷಿಗಳು ಅತ್ಯವಶ್ಯಕ. ಆದುದರಿಂದ ನಿಸರ್ಗದ ಪ್ರತೀಕವಾದ ಕಾಡಿನ ಸಂಪತ್ತನ್ನು ಉಳಿಸಿಕೊಳ್ಳಬೇಕು. ಇದಕ್ಕೆ ತಕ್ಕ ತಿಳುವಳಿಕೆಯನ್ನು ಆಗಾಗ ಎಲ್ಲ ಮಾದ್ಯಮಗಳಲ್ಲೂ ಪ್ರಸಾರ ಮಾಡಿಕಾಡಿನ ನಾಶವನ್ನುತಡೆಗಟ್ಟಬಹುದು. **"ಕಾಡು ಬೆಳೆಸಿ, ನಾಡು ಉಳಿಸಿ"** ಎಂಬ ಕೂಗು ಎಲ್ಲೆಡೆಯಲ್ಲಿಯೂ ಮೊಳಗಲಿ.

–ಅನಿಕಾ ಆಚಾರ್ಯ, 1ನೇ ತರಗತಿ

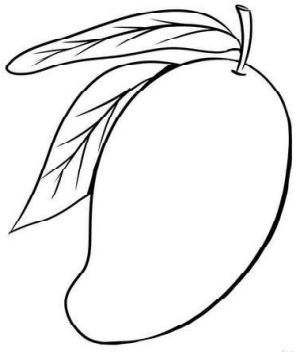
ರಸ ಪ್ರಶ್ನೆಗಳು



1. 'ಭಾರತದಲ್ಲಿ ಮಾಡಿ' ಎಂಬ ಘೋಷಣೆಯನ್ನು ಮಾಡಿದವರು ಯಾರು ? **ನರೇಂದ್ರ ಮೋದಿ**
2. ಗೋಲ್ಡನ್‌ಗರ್ಲ್ ಇದು ಯಾವ ಕ್ರೀಡಾಪಟುವಿನ ಆತ್ಮಚರಿತ್ರೆಯಾಗಿದೆ? **ಪಿ.ಟಿ.ಉಷಾ**
3. ಕರ್ನಾಟಕ ಹೈಕೋರ್ಟಿನ ಪ್ರಥಮ ಮಹಿಳಾ ನ್ಯಾಯಧೀಶೆಯಾರು? **ಮಂಜುಳಾ ಚೆಲ್ಲೂರ್**
4. ಜೈನರ ಕಾಶಿ ಎಂದು ಪ್ರಸಿದ್ದಿ ಪಡೆದಿರುವ ಕರ್ನಾಟಕದ ಸ್ಥಳ ಯಾವುದು? **ಶ್ರವಣಬೆಳಗೊಳ**
5. ಮಾನವರ ದೇಹದಲ್ಲಿರುವ ರಕ್ತದ ಪ್ರಮಾಣವೆಷ್ಟು? **9%ರಷ್ಟು**

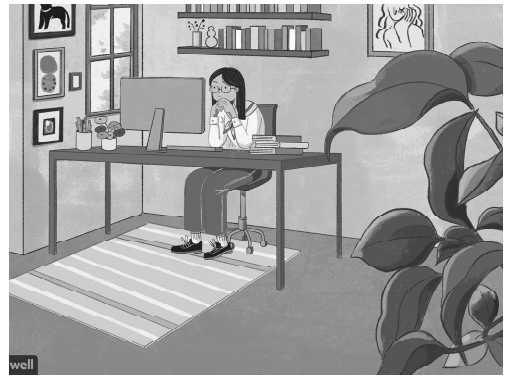
– ಪ್ರಣಮ್ಯಾ ಎನ್. ತಂತ್ರಿ, 9 ಎ

ಮಾವಿನ ಹಣ್ಣು



ಮಾವು ಹಣ್ಣಿನ ರಾಜ. ಮಾವಿನ ಹಣ್ಣುಗಳಲ್ಲಿ ಹಲವು ವಿಧ. ನಾವೆಲ್ಲರೂ ಬೇಸಗೆಯನ್ನು ಕಾತರದಿಂದ ಕಾಯುತ್ತೇವೆ, ಮಾವು ಹಣ್ಣಾಗಲೀ, ಕಾಯಾಗಲಿ ಸ್ವಾದಪೂರ್ಣ ಮತ್ತು ತರಹೇವಾರಿ ಖಾದ್ಯಗಳ ತಯಾರಿಗೆ ಹೆಸರುವಾಸಿ. ಹಣ್ಣು ಮಾವು ನೀಡುವ ರುಚಿ ಬಾಯಲ್ಲಿ ನೀರೂರುವಂತೆ ಮಾಡುತ್ತದೆ. ಅದರಲ್ಲಿ ಕಾಯಿ ಮಾವಿಗೆ ಉಪ್ಪು ಖಾರ ಬರೆತರೆ ಸ್ವರ್ಗಕ್ಕೆ ಮೂರೇ ಗೇಣು ಎಂಬ ಸುಖವನ್ನು ನಮ್ಮಲ್ಲಿ ಉಂಟು ಮಾಡುತ್ತದೆ. ಮಾರುಕಟ್ಟೆಯಲ್ಲಿ ಮಾವು ಬಂತೆಂದರೆ ಅದನ್ನು ಖರೀದಿಸುವ ವಾಂಛೆ ಎಲ್ಲರಲ್ಲಿ ಮೂಡುತ್ತದೆ. ದುಬಾರಿ ಬೆಲೆ ತೆತ್ತಾದರೂ ಹಣ್ಣನ್ನು ಖರೀದಿಸುತ್ತೇವೆ. ಮಾವಿನ ಹಣ್ಣಿನಲ್ಲಿ ಹಲವು ವಿಧಗಳಿವೆ.

ವಿದ್ಯಾರ್ಥಿಗಳ ಅಧ್ಯಯನಕ್ಕೆ ಅನುಕೂಲವಾದ ಕೆಲವು ಸಲಹೆಗಳು



1. ಅಧ್ಯಯನಕ್ಕೆ ತೊಂದರೆಯನ್ನುಂಟು ಮಾಡುವ ಗ್ಯಾಜೆಟ್ಸನಿಂದ ದೂರವಿರಿ.
   ಉದಾ: ಮೊಬೈಲ್
2. ಅಧ್ಯಯನ ಮಾಡುವಾಗ ವಿರಾಮ ತೆಗೆದುಕೊಳ್ಳಿ.
3. ಅಧ್ಯಯನ ಕೊಠಡಿ ಉತ್ತಮ ಬೆಳಕಿನಿಂದ ಕೂಡಿರಲಿ.
4. ನಿಯಮಿತ ಆಹಾರವನ್ನು ಸೇವಿಸಬೇಕು.
5. ನೀರನ್ನು ಚೆನ್ನಾಗಿ ಕುಡಿಯಬೇಕು.
6. ರಾತ್ರಿಯ ಸಮಯ ಬೇಗ ನಿದ್ದೆ ಮಾಡುವುದು ಒಳ್ಳೆಯದು.
7. ಮಧ್ಯಾಹ್ನದ ಸಮಯ ಸ್ವಲ್ಪ ನಿದ್ದೆ ಮಾಡಿ.
8. ಓದುವಾಗ ನೋಟ್ ಮಾಡಿಕೊಳ್ಳುವ ಅಭ್ಯಾಸವನ್ನು ಅಳವಡಿಸಿಕೊಳ್ಳಿ.

ಈ ಎಲ್ಲಾ ಸಲಹೆಗಳನ್ನು ಪಾಲಿಸುವುದರಿಂದ ವಿದ್ಯಾರ್ಥಿ ಚೆನ್ನಾಗಿ ಅಧ್ಯಯನ ಮಾಡಿ ತನ್ನ ಗುರಿ ತಲುಪುದರಲ್ಲಿ ಸಂಶಯವಿಲ್ಲ.

– ಪ್ರಣಮ್ಯಾ ಎನ್. ತಂತ್ರಿ, 9ನೇ ಎ

ಹೀಗೇ ಸುಮ್ಮನೆ



ಪ್ರಪಂಚದಲ್ಲಿ ಅತೀ ಮಧುರವಾದ ಜೋಡಿ ಯಾವುದು ಗೊತ್ತಾ? ನಗು ಮತ್ತು ಅಳು. ಇದು ಯಾವತ್ತೂ ಪರಸ್ಪರ ಭೇಟಿಯಾಗುವುದೇ ಇಲ್ಲ. ಆಕಸ್ಮಾತ್ ಭೇಟಿಯಾದರೆ ಆ ಕ್ಷಣವನ್ನು ಮರೆಯೋಕೆ ಆಗಲ್ಲ. ಅನುಭವವು ಜಗತ್ತಿನ ಸರ್ವ ಶ್ರೇಷ್ಠ. ಸಾವಿರ ಸಲ ಸೋತರೂ ಇನ್ನೊಮ್ಮೆ ಸೋಲುವುದಕ್ಕೆ ಸಿದ್ದನಿರುವೆ ಎಂಬ ಛಲ ಇದ್ದರೆ ಸಾಕು, ಆ ಸಾವಿರ ಸೋಲುಗಳೂ ನಿಮ್ಮ ಗೆಲುವಿನ ಮೆಟ್ಟಿಲುಗಳಾಗುತ್ತವೆ. ಗೆಲುವು ಕ್ಷಣಿಕ ಸಂತೋಷವನ್ನು ಕೊಡುತ್ತದೆ. ಆದರೆ ಸೋಲು ಶಾಶ್ವತ ಅನುಭವ ಕೊಡುತ್ತದೆ. ಪ್ರತೀ ಕೆಟ್ಟ ಘಳಿಗೆಯಲ್ಲಿ ಏನಾದರೂ ಒಳ್ಳೆಯದು ಇದ್ದೇ ಇರುತ್ತದೆ. ಕೆಟ್ಟು ನಿಂತ ಗಡಿಯಾರ ಸಹಾ ದಿನದಲ್ಲಿ ಎರಡು ಬಾರಿ ಸರಿಯಾದ ಸಮಯವನ್ನು ತೋರಿಸುತ್ತದೆ. ಆದ್ದರಿಂದ ಯಾವತ್ತೂ ಜೀವನದಲ್ಲಿ ತಾಳ್ಮೆ ಕಳೆದುಕೊಳ್ಳಬಾರದು. ನಮ್ಮ ಒಳ್ಳೆಯ ದಿನಗಳು ಬಂದೇ ಬರುತ್ತದೆ. ಮರೆವು ಮನುಷ್ಯನ ಗುಣ. ಬಂಧು ಬಳಗ, ಸ್ನೇಹಿತರು ಎಲ್ಲರಿಗೂ ನಾವು ಉಪಕಾರ ಮಾಡುತ್ತೇವೆ. ಆಗ ನಾವು ಅವರ ದೃಷ್ಟಿಯಲ್ಲಿ ಒಳ್ಳೆಯವರು.

ನಮ್ಮಿಂದ ಏನಾದರೂ ಸಣ್ಣ ತಪ್ಪುಗಳುಂಟಾದರೆ ಈ ಹಿಂದೆ ಮಾಡಿದ ಎಲ್ಲಾ ಉಪಕಾರವನ್ನು ಅವರು ಮರೆತು ಬಿಡುತ್ತಾರೆ. ನಾವೀಗ ಅವರ ದೃಷ್ಟಿಯಲ್ಲಿ ಕೆಟ್ಟವರು. ಆದ್ದರಿಂದ ನಾವು ಮಾಡುವ ಕೆಲಸಗಳಿಂದ ಜನರನ್ನು ತೃಪ್ತಿಪಡಿಸಲು ಸಾಧ್ಯವಿಲ್ಲ ಎಂಬ ಸತ್ಯ ಮರೆಯಬಾರದು. ಮುಖಕ್ಕೆ ಬಣ್ಣ ಹಚ್ಚಿ ನಾಟಕವಾಡುವವರನ್ನು ಗುರುತಿಸಬಹುದು. ಆದರೆ ಮನಸ್ಸಿಗೆ ಬಣ್ಣ ಹಚ್ಚಿ ನಾಟಕವಾಡುವವರನ್ನು ಗುರುತಿಸುವುದು ಕಷ್ಟ. ಕೋಪ, ಅಹಂಕಾರವನ್ನು ತೋರುವವರು ನೀರ ಮೇಲಿನ ಗುಳ್ಳೆಯಂತೆ. ಅವರ ದರ್ಪವೇನಿದ್ದರೂ ಕ್ಷಣಿಕ, ಅಸಹ್ಯಕರ, ಸೌಜನ್ಯ ತಾಳ್ಮೆಯು ಹುಣ್ಣಿಮೆ ಚಂದ್ರನಂತೆ. ಅದು ಪ್ರೀತಿ, ಕರುಣೆಯೆಂಬ ಬೆಳಕು ಯಾವತ್ತೂ ಸೂಸುತ್ತಲೇ ಇರುತ್ತದೆ.

ಸೂರ್ಯ

ಸೂರ್ಯ ನೀನು ಎಷ್ಟು ಸುಂದರವಾಗಿದ್ದೀಯ
ನೀನು ಜಗತ್ತಿಗೆ ಬೆಳಕು ಕೊಟ್ಟು
ಬಾನಿನಲ್ಲಿ ಸುಂದರವಾಗಿ ಹೊಳೆಯುತ್ತಿರುವೆ
ನೀನು ನಮಗಿಂತ ದೂರ ಇದ್ದೀಯ
ನೀನು ಎಲ್ಲರಿಗೂ ಎಷ್ಟು ಸುಯಣ.ಣತತಠತಣ7ಣದರವಾಗಿ
ಕಾಣಿಸುತ್ತೀಯಾ!
ಚಳಿಗಾಲದಲ್ಲಿ ಹೇಗೆ ಚಳಿಯನ್ನು ದೂರ ಮಾಡುತಿ
ನೀನು ಎಷ್ಟು ದೂರದಿಂದಿದ್ದರೂ ನಮ್ಮನು ನೋಡುತ್ತಿರುವೆ



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DON BOSCO IN THE NEWS PAPER

ಕೊರೊನಾ ವಾರಿಯರ್ಸ್ ಶಿಕ್ಷಕರಿಗೆ ಗೌರವಾರ್ಪಣೆ



ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಹಾಲಿಯಲ್ಲಿ ಗುರುವಂದನೆ ಕಾರ್ಯಕ್ರಮ ಜರಗಿತು.

ಬದುಕು ಸಾರ್ಥಕ

ಬೆಂಗಳೂರು: ಕಾಲರಾ, ಪ್ಲೇಗ್ ಮತ್ತು ಏಡ್ಸ್ ಮತ್ತು ಈ ನಾಲ್ಕು ಪಿಡುಗಗಳು ಸೇರಿ ಸಿ ನಾರಾಯಣಗೌರು ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಯ ಶಿಕ್ಷಕ ಅರ್ಥಪೂರ್ಣ ದಾನ್ ಸಮಾಜದ ಶಿಕ್ಷಕರ ಬದುಕು ಸಾರ್ಥಕ ಎಂದು ಕಾವ್ಯ ದಂತ ವೈದ್ಯ ಶಿಕ್ಷಣ ಸಂಸ್ಥೆಗಳ ಆಡಳಿತಾಧಿಕಾರಿ ಅರವಿ ಹೇಳಿದರು.

ಕಾಲೆಯ ಪ್ರಾಂಶುಪಾಲೆ ಮರ್ಟಲ್ ಎಫ್. ಲೂವಿಸ್, ಚಲ್ಲಕೆರೆಯ ಸಂಜಾಬ ನಿಷಿನ ಅಮಿನ್, ಇತ್ತೆ ಕಾರ್ಯದರ್ಶಿ ಎಂ. ಫಾ. ಜೆಸ್ಟಿನ್ ತೆರಾ ಮಾತನಾಡಿದರು. ಕೊರೊನಾ ವಾರಿಯರ್ಸ್ ಆಗಿ ಕರ್ತವ್ಯ ನಿರ್ವಹಿಸಿದ ಶಿಕ್ಷಕರಿಗೆ ಗೌರವಾರ್ಪಣೆ ಮಾಡಲಾಯಿತು.

▸ಶಿರ್ವ: ಡಾನ್ ಬೊಸ್ಕೊ ಸಿಬಿಎಸ್‌ಇ ಶಾಲೆ

ಫಿಟ್ ಇಂಡಿಯಾ ಫ್ರೀಡಂ ಓಟ





ಶಿರ್ವ: ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಬಿಂಬಿಸುವ ಕರುನಾಡೋತ್ಸವ ಸಾಂಪ್ರತಿಕ ವೈಭವದ ಆಚರಣೆ ನಡೆಯಿತು. ಕೊಡವೂರು ಸ್ಥಳೀಯ ನಿಕೇತನದ ನಿರ್ದೇಶಕ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿದರು. ಶಾಲೆಯ ಸಂಚಾಲಕ ಮಹಿಷಿದ್ದರು. ತಿಕ್ಷಕಿ ಜೂಲಿಯೆಟ್ ಸಿಕ್ವೇರಾ ಅವರು ರಾಷ್ಟ್ರ ಪ್ರಮಾಣ ವಚನ ಬೋಧಿಸಿದರು. ಕೊರೊನಾ ಕಾಲದಲ್ಲಿ ಆ ತಿಕ್ಷಣಕ್ಕಾಗಿ ಸಂಗ್ರಹಿಸಿದ 3 ಲಕ್ಷ ರೂ. ಮೊತ್ತದ ಚೆಕ್ಕನ್ನು ಪ್ರಾಂ ಆವರು ಶಾಲೆಯ ಸಂಚಾಲಕ ವಂ| ಡೆನ್ಸಿಸ್ ಡೆಸಾ ಆ ಪ್ರಾಂಶುಪಾಲೆ ಪರಿನ್ ಕಾರ್ಡೋಜಾ, ಹಿರಿಯ ತಿಕ್ಷಕಿ ಗ್ರೇ ಮರ್ಟಲ್ ಲೂವಿಸ್, ಆಕ್ಟರ ಸ್ಕೂಲ್‌ನ ಪ್ರಾಂಶುಪಾಲೆ ರು ತಿಕ್ಷಕಿ ಫಿಲೋಮಿನಾ ಬರ್ಬೋಜಾ, ತಿಕ್ಷಕಿ ಜೋಸ್ಟಿನ್, ತಿ

▸ಶಿರ್ವ ಡಾನ್ ಬೊಸ್ಕೊ ಸಿಬಿಎಸ್‌ಇ ಶಾಲೆ

ಕೆ.ಜಿ. ಮಕ್ಕಳ ಹೆತ್ತವರಿಗಾಗಿ ಪುನಶ್ಚೇತನ ಕಾರ್ಯಾಗಾರ



ಡಿ.ಫಾ ಜೆಸ್ಟಿನ್ ತೆರಾ ಕಾರ್ಯಾಗಾರವನ್ನು ಉದ್ಘಾಟಿಸಿದರು.

'ಕ್ರಿಸ್ತನ ಸಂದೇಶವನ್ನು ನಿತ್ಯ ಜೀವನದಲ್ಲಿ ಅಳವಡಿಸಿಕೊಳ್ಳಿ'



ಶಿರ್ವ ಡಾನ್ ಬೊಸ್ಕೊ ಸಿಬಿಎಸ್‌ಇ ಶಾಲೆ

ಫಿಟ್ ಇಂಡಿಯಾ ಸೈಕ್ಲಾಥಾನ್





ಶಿರ್ವ ಡಾನ್ ಬೊಸ್ಕೊ ಆಂ.ಮಾ.ಶಾಲೆ

ಸಿಬಿಎಸ್‌ಇ ಸೀನಿಯರ್ ಸೆಕೆಂಡರಿ ಸ್ಕೂಲ್ ಆಗಿ ಮೇಲ್ದರ್ಜೆಗೆ



ಶಿರ್ವ ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಶಾಲೆ:



▸ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಶಾಲೆ ಶಿರ್ವ

ತಿಕ್ಷಕಿ ಜೋಸ್ಟಿನ್ ರೆಬೆಲ್ಲೊಗೆ ಬೀಳ್ಕೊಡುಗೆ



'ರೋಗಿಗಳ ಜೀವ ಉಳಿಸಲು ರಕ್ತದಾನಿಗಳ ಸಹಕಾರ ಅಗತ್ಯ'



ಶಿರ್ವ: ಇಲ್ಲಿನ ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಶಾಲೆಯಲ್ಲಿ ಯೋಗ ದಿನವನ್ನು ಆಚರಿಸಲಾಯಿತು. ಶಿರ್ವ ಪತಂಜಲಿ ಯೋಗ ಸಮಿತಿಯ ಅನಂತ್ಯಾಯ ಕೆಳ್ತಿ ವಿನೋದ ಕುಮಾರ್, ಉದಯ ಆಚಾರ್ಯ, ಶಿರ್ವ ಆರೋಗ್ಯ ಮಾತಾ ದೇವಾಲಯದ ಸಹಾಯಕ ಧರ್ಮಗುರು ವಂ| ರೋಲ್ವಿನ್ ಆರಾವ್ತ ಉಪಪ್ರಾಂಶುಪಾಲೆ ಪರಿನ್ ಕಾರ್ಡೋಜಾ, ಡೈಕ ಆಗಿರುವ ಸುಜಿತ್ ಶೆಟ್ಟಿ ವಿಶ್ವನಾಥ ಆಚಾರ್ಯ ಮತ್ತು ತಿಕ್ಷಕಿಯರಾದ ಸಂಧ್ಯಾ ಮತ್ತು ಸೀತಾ ಶೆಟ್ಟಿಗಾರ್ ವಿಭಾಗ ಮುಖ್ಯಸ್ಥರು. ತಿಕ್ಷಕ ತಿಕ್ಷಕೇತರ ವೃಂದ ಉಪಸ್ಥಿತರಿದ್ದರು.

ಶಿರ್ವ: ಡಾನ್ ಬೊಸ್ಕೊ ಆಂಗ್ಲ ಮಾಧ್ಯಮ ಶಾಲೆಯಲ್ಲಿ ಕನ್ನಡ ಬಿಂಬಿಸುವ ಕರುನಾಡೋತ್ಸವ ಸಾಂಪ್ರತಿಕ ವೈಭವದ ಆಚರಣೆ ನಡೆಯಿತು. ಕೊಡವೂರು ಸ್ಥಳೀಯ ನಿಕೇತನದ ನಿರ್ದೇಶಕ ಕಾರ್ಯಕ್ರಮವನ್ನು ಉದ್ಘಾಟಿಸಿದರು. ಶಾಲೆಯ ಸಂಚಾಲಕ ಮಹಿಷಿದ್ದರು. ತಿಕ್ಷಕಿ ಜೂಲಿಯೆಟ್ ಸಿಕ್ವೇರಾ ಅವರು ರಾಷ್ಟ್ರ ಪ್ರಮಾಣ ವಚನ ಬೋಧಿಸಿದರು. ಕೊರೊನಾ ಕಾಲದಲ್ಲಿ ಆ ತಿಕ್ಷಣಕ್ಕಾಗಿ ಸಂಗ್ರಹಿಸಿದ 3 ಲಕ್ಷ ರೂ. ಮೊತ್ತದ ಚೆಕ್ಕನ್ನು ಪ್ರಾಂ ಆವರು ಶಾಲೆಯ ಸಂಚಾಲಕ ವಂ| ಡೆನ್ಸಿಸ್ ಡೆಸಾ ಆ ಪ್ರಾಂಶುಪಾಲೆ ಪರಿನ್ ಕಾರ್ಡೋಜಾ, ಹಿರಿಯ ತಿಕ್ಷಕಿ ಗ್ರೇ ಮರ್ಟಲ್ ಲೂವಿಸ್, ಆಕ್ಟರ ಸ್ಕೂಲ್‌ನ ಪ್ರಾಂಶುಪಾಲೆ ರು ತಿಕ್ಷಕಿ ಫಿಲೋಮಿನಾ ಬರ್ಬೋಜಾ, ತಿಕ್ಷಕಿ ಜೋಸ್ಟಿನ್, ತಿ



KINDERGARTEN SECTION

TINY TOTS ACTIVITIES


















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2019-20

ANNUAL SPORTS MEET
2021-22








Librarians Day




KICK.. ON - 2019


KICK.... ON














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GURUVARINDA




FIT INDIA
FREEDOM RUN
RUN


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CONCORD




HAPPY
TEACHERS
DAY












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SAND ART
GIRL CHILD




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MEDIUM SCHOOL, SHIRVA






CONSTITUTION DAY
RIGHT TO FREEDOM
RIGHT TO EQUALITY


"LOVE OF GOD BECAME HUMAN"
FOR YOU AND FOR ME






INVESTITURE
CEREMONY




HAPPY
TEACHERS
DAY


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SHREVA
ORIENTAT
ROGRAMME








WORLD
MENTAL HEALTH
DAY










A WINNER NEVER

A WINNER NEVER




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Art Gallery

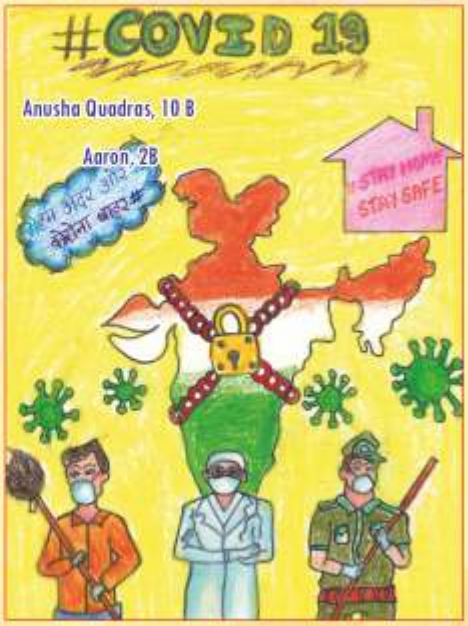


Anusha Quadros, X B



#COVID 19

Anusha Quadros, 10 B

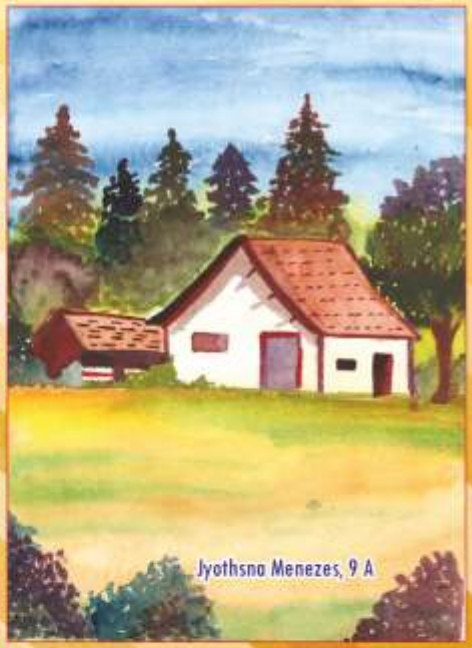



Keerthi D Gowda, 2 B


Joshua


Mohammed Hasan, 6 A


Kholood, 2 B


Jyothsna Menezes, 9 A





Eshika D Poojary, X B


Genelia Prima DAlmeida, 3 A

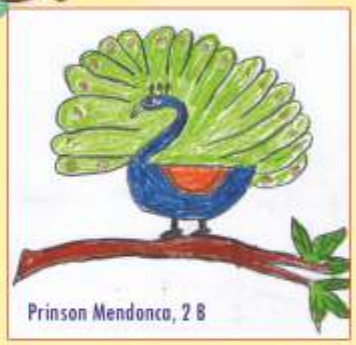

Jessica Menezes, 8 B


Jessica Menezes, 8 B


Jessica Menezes, 8 B

Art Gallery


Sannidhi Shetty, 9 A


Prinson Mendonca, 2 B

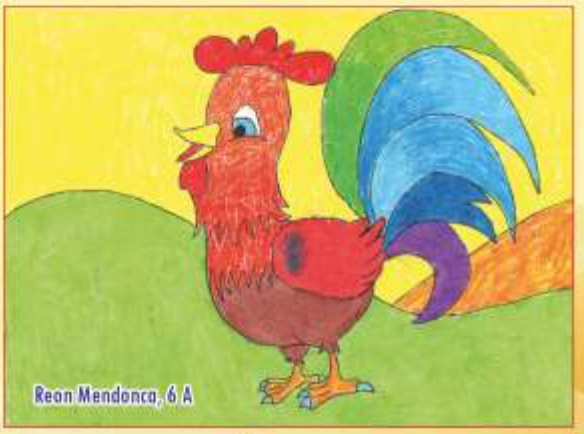

Sia Elina DSouza, 2 B



Reema, 10 B



Siona Mendonca, 3 B


Reon Mendonca, 6 A


Shanell Jane DSouza, 10 B


Shanell Jane DSouza, 10 B


Nehemiah, 6 A


Jesvita DSouza, 5 A


Siona Mendonca, 3B


Sean Mendonca, 1 B


Saisha S Bhandary, 3 B



Deon Fernandes


Adlin Eva DSouza, 5A


Adlin Eva DSouza, 5A

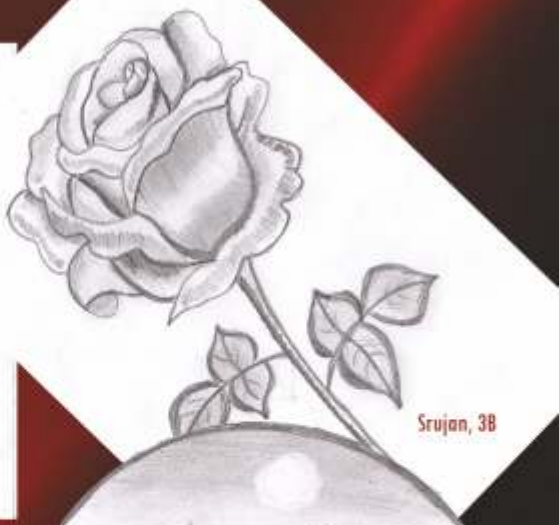


Hazel Quadros, 6A


Nafiya, 3A

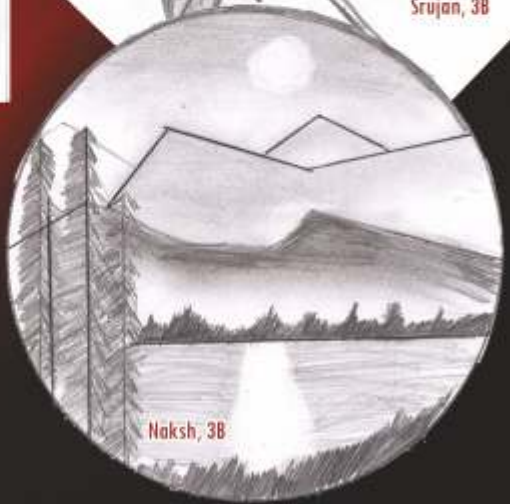

Sulaiman Abdul Radhwan, 3 B


Naksh, 3B


Srujan, 3B


Naksh, 3B




Naksh, 3B

DON BOSCO ENGLISH MEDIUM SCHOOL, SHIRVA

TOPPERS



Jesvita Iral Dsouza
(95.4%)



Adrina Mendonsa
(95.2%)



Anusha Quadros
(95%)

Hearty Congratulations

CBSE GRADE - X
TOP SCORERS 2021-22

DISTINCTION HOLDERS



Denali D'souza



Hershel Shaun Menezes



Preemal Keerthi Noronha



Winston Preeth Fernandes



Leander Marshall Menezes



Muhammad Thanseef



Hrishikesh S Shetty



Sujay Hegde



Shrisha Rao



James Lawrence Pinto



Abhishek Mohan



Stonal Dalmeida



Alvina Jacintha Dsouza



Acquil Mendonca



Elcita Wilson Rodrigues



Faiza



Iona Mathias



Rachith R Amin



Rishal Dsouza



Eshika D Poojary



Thanisha Riona Fernandes



Rachel Andrade



Eden Dsouza



Alvita Eliza Dsouza



Alona Rochelle Sequeira



Vinisha



Alisha Saloni D'souza



Manshish



Melroy Shaan Castelino



Shareen Grace Corda



Clarissa Castelino



Reenal Fernandes



Shashank



Jenisha Maria Dsouza



Keerthana K S

Best Wishes From

CORRESPONDENT, MANAGEMENT, PRINCIPAL & STAFF

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Informatics Practices
National Cadet Corps (NCC),
Agriculture, Health Care
Mass Media Studies, Yoga

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